



**AUSTRALIAN WEIGHTLIFTING FEDERATION INC.**  
ABN 73 150 873 587  
PO Box 7 Hawthorn  
VIC 3122 AUSTRALIA  
Tel: +61 3 9815 3306 · Fax: +61 3 9815 3307  
E-mail: [info@awf.com.au](mailto:info@awf.com.au) · Internet: [www.awf.com.au](http://www.awf.com.au)

*Affiliated with*  
International Weightlifting Federation  
Commonwealth Weightlifting Federation  
Oceania Weightlifting Federation

*Member of*  
Australian Olympic Committee  
Australian Commonwealth  
Games Association

*Supported by the Australian Sports Commission*

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## 2009 AUSTRALIAN SENIOR WEIGHTLIFTING CHAMPIONSHIPS SATURDAY, 18 JULY 2009

### GENERAL INFORMATION

#### Venue

- Victorian Weightlifting Stadium  
Rear 34 Linda Crescent  
Hawthorn VIC 3122

#### **[CONFIRMED]** Competition Schedule

- **Friday, 17 July 2009**  
Verification of Final Entries Meeting, 1900hrs

- **Saturday, 18 July 2009**

Men, 56kg to 85kg, Start 1100hrs	[weigh in 0900 to 1000hrs]	12
Women, all categories, Start 1330hrs	[weigh in 1130 to 1230hrs]	13
Men, 94kg to +105kg, Start 1600hrs	[weigh in 1400 to 1500hrs]	9

#### Sauna

- Located at the Victorian Weightlifting Stadium

#### Sport Equipment

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#### Doping Control

- All Weightlifting competitions held in Australia are subject to doping control by the Australian Sports Anti Doping Authority.

#### Canteen

- Food and drinks will be available within the venue throughout the Championships

