



NATIONALS 09

AUSTRALIAN WEIGHTLIFTING CHAMPIONSHIPS



MELBOURNE 18 JULY 2009



Established 1920

AUSTRALIAN WEIGHTLIFTING CHAMPIONSHIPS SATURDAY 18 JULY 2009 Victorian Weightlifting Stadium Linda Crescent, Hawthorn

● **Session 1:** 11.00am Men 56kg - 85kg ● **Session 2:** 1.30pm Women 48kg - 75kg+ ● **Session 3:** 4.00pm Men 94kg - 105kg+

For further information:

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Victorian Weightlifting Association
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Australian Government
Australian Sports Commission

