

2010 AWF Domestic Standards
(Endorsed 17 December, 2009)

Senior

Female Category	Senior National Standard	Male Category	Senior National Standard
48k	130	56k	192
53k	139	62k	206
58k	149	69k	227
63k	156	77k	250
69k	161	85k	269
75k	167	94k	283
+75k	188	105k	284
		+105k	302

Junior (Athletes born during or between 1990 - 1997)

Female Category	Junior National Standard	Male Category	Junior National Standard
48k	103	56k	149
53k	109	62k	172
58k	121	69k	185
63k	122	77k	195
69k	133	85k	209
75k	134	94k	216
+75k	142	105k	225
		+105k	230

Youth (athletes born during or between 1993 - 1997)

Female Category	Youth National Standard	Male Category	Youth National Standard
44k	60	50k	96
48k	69	56k	100
53k	73	62k	115
58k	81	69k	124
63k	82	77k	130
69k	88	85k	139
+69k	92	94k	144
		+94k	152