

2010 AWF International Standards
(Endorsed 17 December, 2009)

Senior

Female Category	Senior Elite Standard	Senior International Standard	Male Category	Senior Elite Standard	Senior International Standard
48k	156	151	56k	230	223
53k	167	161	62k	248	239
58k	179	173	69k	271	263
63k	187	181	77k	300	290
69k	194	187	85k	323	312
75k	201	194	94k	339	328
+75k	225	218	105k	340	329
			+105k	363	351

Junior (Athletes born during or between 1990 - 1997)

Female Category	Junior Elite Standard	Junior International Standard	Male Category	Junior Elite Standard	Junior International Standard
48k	138	125	56k	199	182
53k	147	133	62k	230	210
58k	162	148	69k	247	226
63k	163	149	77k	260	237
69k	177	161	85k	278	255
75k	178	162	94k	288	263
+75k	190	173	105k	300	274
			+105k	307	281

Youth (athletes born during or between 1993 - 1997)

Female Category	Youth International Standard	Male Category	Youth International Standard
44k	69	50k	108
48k	77	56k	112
53k	82	62k	129
58k	91	69k	139
63k	92	77k	146
69k	99	85k	157
+69k	103	94k	162
		+94k	171