

Australian Weightlifting Federation **Personal Coach Agreement**

The AWF recognises the enormous contribution made by a National Team member's Personal Coach (PC).

Consequently when lifters are selected for a National team and come under the care and direction of AWF appointed Head Coach (HC) and Assistant Coach (AC), the AWF is desirous of eliminating any potential or perceived friction or conflict between the appointed HC, AC and the PC.

The well-being and performance of the lifter is of primary concern and to maximise this the HC, AC and the PC need to develop a good working relationship. However, it must be understood that the performance and results of lifters on National teams is the responsibility of the appointed HC and the AWF holds the HC accountable for these results.

All coaches should recognise this responsibility and work co-operatively to ensure success. The AWF's "Guidelines for Head Coaches" document encourages consultation and co-operation with the lifter's PC ahead of time.

Any PC attending the event needs to adhere to the AWF Personal Coach Policy that details their limitations and responsibilities during the actual competition. The PC must sign off on the following AWF Personal Coach Agreement if they wish to be involved with their lifter during the competition.

AWF Personal Coach Agreement.

I _____ (please print name) being the Personal Coach of _____ do hereby agree to the

Following conditions:

1. The Personal Coach can participate in the Warm-up room in a support role to the appointed Head Coach.
2. The Personal Coach recognises that the Head Coach makes the final decision in regard to the warm up format and on the attempts to be taken by the lifter (Personal Coach and Lifter will have been consulted ahead of time). These attempts will depend on many factors e.g. performance in the Warm-up, bodyweight loss, placement in the competition, team points etc.
3. The Personal coach will not be seen as an official team member and must not expect to avail themselves of support from Team management in gaining access to such things as transport, accommodation, venue entry, outfitting, closing banquet etc.
4. The Personal Coach must be a currently licensed AWF Coach.
5. The Personal Coach can only support in the Warm-up room during the category or session in which their lifter is competing.
6. The Personal Coach must not be involved in any pre or post media conference or interview unless invited by the Team Manager or Head Coach.
7. The Personal Coach will not be involved in any pre or post competition Anti-doping control.
8. If, in the assessment of the Head Coach, the Personal coach is having a detrimental effect on the performance of their lifter or other team lifters, the Personal Coach must leave the Warm-up room on the instruction of the Head Coach.
9. The Personal Coach must dress and behave in an appropriate manner as assessed by the Head Coach.
10. The Personal Coach must fulfil all the ASADA and AWF requirements for Team Support Personnel.

Signed: _____

Date: _____