

AUSTRALIAN WEIGHTLIFTING FEDERATION INC – STANDARDS 2007
AMENDED 25 JUNE 2007

National Classification Standards – Women

Cat.	Sen Elite	Jun.Elite	Sen.Int	Jun.Int	National	A Grade	B Grade	C Grade	D Grade
40k							97	85	75
44k							107	95	82
48k	153	130	148	126	136	126	119	102	90
53k	165	149	159	143	146	135	128	110	97
58k	177	165	171	159	158	146	138	118	104
63k	187	173	180	166	166	153	145	124	110
69k	194	171	188	165	173	160	151	130	114
75k	204	186	197	179	182	168	159	136	120
+75k	225	190	218	183	200	185	175	150	133

AUSTRALIAN WEIGHTLIFTING FEDERATION INC – STANDARDS 2007

National Classification Standards – Men

Cat.	Sen.Elite	Jun.Elite	Sen.Int	Jun.Int	National	A Grade	B Grade	C Grade	D Grade
47k							150	132	117
51k							162	145	127
56k	231	210	224	203	206	190	180	154	136
62k	245	222	237	213	218	201	190	163	144
69k	273	251	265	242	242	224	212	182	161
77k	298	266	288	256	265	245	231	199	175
85k	325	285	315	274	290	268	253	217	192
94k	339	298	328	286	302	279	264	226	200
105k	342	296	331	285	305	282	267	229	202
+105k	365	306	353	295	325	300	284	244	215

Rationale for the various standards

SENIOR ELITE – Is based on 90% of the 10th place total relative to each gender and bodyweight category and averaged from the results of the 2003, 2005 & 2006 World Senior Weightlifting Championships (noting there were no Senior Championships held in 2004 because of the Olympic Games).

JUNIOR ELITE – This is based on 80% of the 3rd place total relative to each gender and bodyweight category and averaged from the 2004, 2005 & 2006 Junior World Championships.

SENIOR INTERNATIONAL – This standard is based on 87% of the 10th place total relative to each gender and bodyweight category and averaged from the results of the 2003, 2005 & 2006 World Senior Championships (noting there were no Senior Championships held in 2004 because of the Olympic Games).

JUNIOR INTERNATIONAL – This standard is based on 77% of the 3rd place total relative to each gender and bodyweight category and averaged from the results of the 2004, 2005 & 2006 Junior World Championships.

NATIONAL – This standard is based on 80% of the 10th place total relative to each gender and bodyweight category and averaged from the results of the 2003, 2005 & 2006 World Senior Championships (noting there were no Senior Championships held in 2004 because of the Olympic Games).

GRADE SCALES: A TO D – These standards are based on 74% (A Grade), 70% (B Grade), 60% (C Grade) and 55% (D Grade) of the 10th place total relative to each gender and bodyweight category and averaged from the results of the 2003, 2005 & 2006 World Senior Weightlifting Championships (noting there were no Championships held in 2004 because of the Olympic Games).

The Grade scales A to D listed were compiled so as to apply the same rationale to calculate all AWF qualifying totals. These standards are considered by the AWF to provide appropriately challenging and achievable performance targets and measures for Australian weightlifters.

Summary of Representative Teams

International Events

World Senior Championships

World Junior Championships

Oceania Senior Championships

Oceania Junior Championships

Other Senior Internationals

Other Junior Internationals

Qualification Standard

Senior Elite

Junior Elite

Senior International

Junior International

Senior International

Junior International

Qualification Periods 2007

ARAFURA GAMES (COMMONWEALTH & OCEANIA JUNIORS), DARWIN (12 – 19 MAY)

Qualification Period: 01 January 2007 to 01 April 2007

WORLD JUNIOR CHAMPIONSHIPS, PRAGUE (07 – 16 JUNE)

Qualification Period: 01 January 2007 to 15 April 2007

INTERNATIONAL TOURNAMENT OF SICILY, PALERMO (29 JUN – 03 JULY)

Qualification Period: 01 February 2007 to 01 June 2007

WORLD UNIVERSITY CHAMPIONSHIPS, LIMA (09 – 12 AUGUST)

Qualification Period: 01 February 2007 to 13 July 2007

WORLD SENIOR CHAMPIONSHIPS, CHANGMAI (15 – 24 SEPTEMBER)

Qualification Period: 01 April 2007 to 12 August 2007

OCEANIA SENIOR CHAMPIONSHIPS, SAMOA (26 NOVEMBER TO 01 DECEMBER)

Qualification Period: 01 June to 15 October 2007

National Events

National Open Championships
National U20 Championships
National U18 Championships
National U16 Championships

Qualification Standard

National Grade
A Grade
B Grade
C Grade

QUALIFICATION STANDARD FOR PARTICIPATION AT NATIONAL OPEN CHAMPIONSHIPS

Participation for the National Open Championships is **National Grade** whilst participation for the National U20 Championships is **A Grade**.

For all National Championships, each State/Territory Association is entitled to be represented by at least a full team. Should a State/Territory have more than a full team qualified, then they may all compete and the State/Territory must nominate the lifters to count in the point scoring before the start of the championships.

If non qualified lifters are entered in the championships, then they must compete in the bodyweight category in which they have been entered. At the National Open and Under 20 Championships, the minimum standard for non-qualified lifters is 70% of the qualification standard. (See below)

Qualified lifters may compete in a higher or lower bodyweight category than the one in which they have been entered provided they nominate their weight category at the verification of the final entries meeting. **This proposed change of bodyweight category is acceptable, regardless of whether the athlete has qualified or achieved 70% of the qualification standard in their new category.**

MEN	NATIONAL	70% National Grade	A Grade	70% "A" Standard
47	-		-	-
51	-		-	-
56	206	144	190	133
62	218	153	201	141
69	242	169	224	157
77	265	186	245	172
85	290	203	268	188
94	302	211	279	195
105	305	214	282	197
105+	325	228	300	210

WOMEN	NATIONAL	70% National Grade	A Grade	70% "A" Standard
40	-		-	
44	-		-	
48	136	95	126	88
53	146	102	135	95
58	158	111	146	102
63	166	116	153	107
69	173	121	160	112
75	182	127	168	118
75+	200	140	185	130