



## 2022 AWF UNDER 23 & JUNIOR WEIGHTLIFTING CHAMPIONSHIPS

Location	Perth, Western Australia
Date of Competition	Friday 26 <sup>th</sup> - Sunday 28 <sup>th</sup> August 2022
Competition Venue	The Rev Barbell Club, 5 / 146 Balcatta Rd, Balcatta WA.
Qualifying Standard	U23 Men & Women: G Grade Junior Men & Women: I Grade
Categories	MEN - 55/61/67/73/81/89/96/102/109/+109 WOMEN - 45/49/55/59/64/71/76/81/87/+87
Age Eligibility	Under 23: born between 1 January 1999 and 31 December 2009. Junior: born between 1 January 2002 and 31 December 2009.
Qualifying Period	7 <sup>th</sup> January – 10 <sup>th</sup> July 2022
Entry Fee	\$130 per participant
Awards	<ul style="list-style-type: none"> <li>• T-Shirt</li> <li>• Medals – Top 3 per category</li> <li>• Team Trophy</li> <li>• Best Lifter Awards - trophies</li> </ul>
Individual Entry	Submitted to State Associations with payment by the date specified by the relevant State Association.
Preliminary Entries via State Association	Submitted ONLINE by Friday 15 July 2022
Verification of Final Entries	Final Entries must be received no later than 12:00 (noon) AEST on Wednesday 24 <sup>th</sup> August 2022 via the AWF Online Verification System

<b>Minimum Qualifying Standards - Under 23: G Grade. F=Female; M=Male.</b>			
<b>Category</b>	<b>Total</b>	<b>Category</b>	<b>Total</b>
F45	104	M55	163
F49	112	M61	176
F55	123	M67	187
F59	129	M73	197
F64	136	M81	208
F71	145	M89	218
F76	149	M96	225
F81	153	M102	230
F87	158	M109	235
F87+	167	M109+	253

<b>Minimum Qualifying Standards - Junior: I Grade. F=Female; M=Male.</b>			
<b>Category</b>	<b>Total</b>	<b>Category</b>	<b>Total</b>
F45	88	M55	138
F49	95	M61	149
F55	104	M67	158
F59	109	M73	167
F64	115	M81	176
F71	122	M89	184
F76	126	M96	190
F81	130	M102	194
F87	133	M109	199
F87+	142	M109+	214

**REGULATIONS:**

1. Individual entries must be submitted to the respective State Association with payment by the date specified by the State Association.

Weightlifting ACT Inc	<a href="mailto:weightliftingACT@gmail.com">weightliftingACT@gmail.com</a>
Northern Territory Weightlifting Assoc Inc	<a href="mailto:office@ntwa.net.au">office@ntwa.net.au</a>
NSW Weightlifting Assoc Limited	<a href="mailto:info@nswweightlifting.com.au">info@nswweightlifting.com.au</a>
Queensland Weightlifting Assoc Inc	<a href="mailto:gwa@gwa.org">gwa@gwa.org</a>
Victorian Weightlifting Assoc Inc	<a href="mailto:office@vicweightlifting.com">office@vicweightlifting.com</a>
Weightlifting Tasmania Inc	<a href="mailto:office@weightliftingtas.com">office@weightliftingtas.com</a>
Weightlifting Western Australia Inc	<a href="mailto:secretary@wwa.org.au">secretary@wwa.org.au</a>

2. The State Association must enter all preliminary entrant and team details ONLINE via their State Administration portal on the AWF website no later than Friday 15 July 2022.
3. Athletes must produce Photo ID that clearly indicates their Date of Birth and State of Residence at the weigh-in. Failure to produce valid ID at the weigh-in will result in the athlete not being permitted to contest the event.
4. Athletes may compete in the category in which they have achieved qualification or move up to a heavier category if they have achieved a Total within the qualifying period that meets or exceeds the minimum qualifying standard for the heavier category. Athletes may move down to a lighter category only if they have achieved the minimum qualifying standard for the lighter category while actually competing in that category. The final category must be declared at the verification of final entries via the AWF Online Verification System before 12:00 (noon) AEST on Wednesday 24<sup>th</sup> August 2022.
5. Each State Member can nominate a team of up to 10 qualified men (max 2/category) plus 2 reserves; and up to 10 qualified women (max 2/category) plus 2 reserves.
6. A State Member can enter more than 10 men in either age group provided that each lifter has achieved the relevant minimum AWF Grading Standard in an AWF sanctioned competition during the stated qualifying period for the AWF Under 23 Men's Championships and/or AWF Junior Men's Championships.
7. A State Member can enter more than 10 women in either age group provided that each lifter has achieved the relevant minimum AWF Grading Standard in an AWF sanctioned competition during the stated qualifying period for the AWF Under 23 Women's Championships and/or AWF Junior Women's Championships.
8. Where a State Member enters more than 10 qualified men and/or more than 10 qualified women in either age group, at the Verification of Final Entries, the State Member must nominate the 10 men (max 2 per category) and/or 10 women (max 2 per category) who will constitute the State Team for the AWF Under 23 Championships and/or the AWF Junior Championships. The additional qualified lifters can compete in the relevant Championships, win medals and any other individual awards, but cannot gain points for the State Team.

9. Verification of Final Entries must be completed no later than 12:00 (noon) AEST on Wednesday 24<sup>th</sup> August 2022 via the AWF Online Verification System. The online verification system allows State Associations to finalise their entries by designating lifters as “Team” or “Individual” or “Withdrawn”; and make changes to the athletes’ bodyweight category (where permitted) and/or entry total.
10. The classification of each State team is calculated by adding the points allocated to each team member named at the final verification of entries according to the following scale:

Placing in Competition	Team Classification
<b>Gold</b>	<b>28 points</b>
<b>Silver</b>	<b>25 points</b>
<b>Bronze</b>	<b>23 points</b>
4 <sup>th</sup> Place	22 points
5 <sup>th</sup> Place	21 points
6 <sup>th</sup> Place	20 points
7 <sup>th</sup> Place	19 points
8 <sup>th</sup> Place	18 points
9 <sup>th</sup> Place	17 points
10 <sup>th</sup> Place	16 points
11 <sup>th</sup> Place	15 points
12 <sup>th</sup> Place	14 points
13 <sup>th</sup> Place	13 points
14 <sup>th</sup> Place	12 points
15 <sup>th</sup> Place	11 points
16 <sup>th</sup> Place	10 points
17 <sup>th</sup> Place	9 points
18 <sup>th</sup> Place	8 points
19 <sup>th</sup> Place	7 points
20 <sup>th</sup> Place	6 points
21 <sup>st</sup> Place	5 points
22 <sup>nd</sup> Place	4 points
23 <sup>rd</sup> Place	3 points
24 <sup>th</sup> Place	2 points
25 <sup>th</sup> Place	1 point

11. **Placing & Points** will be calculated from **Totals** only.
12. The 20kg Rule (IWF TCRR 6.6.5) **will not** apply in this event.
13. Any athlete not registering a result in the Snatch **will not** be allowed to participate in the Clean & Jerk section of the competition.
14. Best Lifter Awards  
Trophies will be awarded to the Best Male U23; Best Male Junior; Best Female U23; Best Female Junior, as determined by the Sinclair formula.
15. **No REFUNDS** will be issued once the Preliminary Starting List has been published.



**2022 AWF UNDER 23 & JUNIOR  
CHAMPIONSHIPS**  
26-28 August 2022 \* Perth, WA  
Official Individual Entry Form

<b>STATE / TERRITORY</b>	
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<b>ATHLETE NAME</b>	
<b>EMAIL ADDRESS</b>	
<b>DATE OF BIRTH</b>	
<b>T-SHIRT SIZE</b>	

<b>AGE GROUP (Tick)</b>	<input type="checkbox"/> UNDER 23 <input type="checkbox"/> JUNIOR
<b>GENDER</b>	
<b>BODYWEIGHT CATEGORY</b>	

<b>BEST OFFICIAL TOTAL DURING QUALIFYING PERIOD</b>	
<b>DATE ACHIEVED</b>	

Individual Entries must be received by your State Association together with payment by the date specified by your State Association.

Entry fee: \$130 per participant.