

<b>2022 Australian Masters Championships 2022 Oceania Masters Championships</b>	
Eligibility	<p>The Australian Masters Championships are open to members of the Australian Weightlifting Federation who:</p> <ul style="list-style-type: none"> <li>• are aged 35 or over</li> <li>• are capitated members of the AWF</li> <li>• are approved by their State/Territory Weightlifting Association to compete in this event</li> </ul> <p>The Oceania Masters Championships are open to members of OWF Member Federations who:</p> <ul style="list-style-type: none"> <li>• are aged 35 or over</li> <li>• are approved by their National Weightlifting Federation to compete in this event</li> <li>• hold citizenship of the country of their National Weightlifting Federation</li> </ul>
Host City, State, Country	Hawthorn, Victoria, Australia
Dates of Competition	9 <sup>th</sup> , 10 <sup>th</sup> , 11 <sup>th</sup> September 2022
Competition Venue	Victorian Weightlifting Stadium, 34 Linda Crescent, Hawthorn, Victoria, Australia
Age Eligibility	Athletes born during or before 1987
Categories	45-49-55-59-64-71-76-81-87-87+    WOMEN 10 Categories 55-61-67-73-81-89-96-102-109-109+    MEN 10 Categories
Age Groups	As per IWF-Masters Rules
Entry method	Via the AWF Online Entry System: <a href="http://www.awf.com.au/registration/">www.awf.com.au/registration/</a>
Close of Entries	Midnight AEST, Friday 29 <sup>th</sup> July 2022
Entry Fee	\$150.00 per participant
Preliminary Entries	Published on the AWF website no later than Monday 8 <sup>th</sup> August 2022
Verification of final entries	Via the AWF Online Verification system no later than 12:00 noon on Wednesday 7 <sup>th</sup> September 2022: <a href="http://www.awf.com.au/verification/">www.awf.com.au/verification/</a>
Awards	<ul style="list-style-type: none"> <li>• T-Shirt – all competitors</li> <li>• Medals – Top 3 per age group and bodyweight category</li> <li>• Team Trophy – Men/Women</li> <li>• Awards presented for best performances across all events               <ul style="list-style-type: none"> <li>○ Male / Female Best Lifter in Age Group (SHMF Score)</li> <li>○ Male / Female Champion of Champions (SHMF Score)</li> </ul> </li> </ul>
Recommended accommodation	The Quest Hotel Hawthorn and Quest Hotel Abbotsford offer 15% discount for stays between 7 <sup>th</sup> - 13 <sup>th</sup> September 2022. See point 13 of the regulations for details.



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## IMPORTANT NOTES:

- Payments and individual entries must be submitted via website link: [www.awf.com.au/registration/](http://www.awf.com.au/registration/) **no later than Friday 29<sup>th</sup> July 2022**
- The AWF office will send all received entries to the respective Australian State Association or National Federation who will review and endorse the participation of their members via email [imoir@awf.com.au](mailto:imoir@awf.com.au) **no later than Friday 5<sup>th</sup> August 2022.**
- Should a State Association or National Federation **not endorse** an individual entry, that person will not be permitted to compete, and they will receive a refund of their entry fee less \$15 administration fee.

## REGULATIONS:

1. The competition will be conducted according to the IWF Technical and Competition Rules & Regulations (TCRR).
2. The minimum weights that can be attempted will be in accordance with the IWF TCRR:  
Men = twenty-six (26) kg  
Women = twenty-one (21) kg
3. With reference to IWF TCRR, the 20 kg Rule will apply. The weight of the competitor's first Snatch attempt and the weight of their first Clean & Jerk attempt must add up to within 20 kg of their verified Entry Total. **The Entry Total can be changed via the AWF Online Verification System prior to 12:00 noon on Wednesday 7<sup>th</sup> September 2022.**
4. Entrants in the Oceania Masters Championships must present a valid Passport at the weigh-in for identification. Failure to submit correct ID at the weigh-in will result in the athlete not being permitted to contest the event.
5. Entrants in the Australian Masters Championships who are not contesting the Oceania Masters Championships can present a passport or other form of photo ID e.g. Driver's Licence, at the weigh-in for identification. Failure to submit correct ID at the weigh-in will result in the athlete not being permitted to contest the event.
6. Athletes may compete in the category in which they have entered or go up or down categories. **All changes must be declared prior to 12:00 noon on Wednesday 7<sup>th</sup> September 2022 via the AWF Online Verification System.**

To change your entry:

- a) Go to [www.awf.com.au/verification/](http://www.awf.com.au/verification/)
- b) Enter the Payment ID from your registration confirmation email
- c) Enter your date of birth and email address
- d) Click on Verify Entrant
- e) Change your Bodyweight Category and/or Entry Total
- f) Click the Update button

Changes will be confirmed on the screen and by email. **Please wait for confirmation before leaving the web page.**

7. **Individual Placing** will be calculated by **Totals** only.
8. An athlete who does not register a successful Snatch will **not be allowed** to continue in the Clean & Jerk;
9. Athlete dress standard **MUST** conform to the IWF TCRR.
10. All individual entries and payments **MUST** be submitted online **no later than Friday 29<sup>th</sup> July 2022 via website link: [www.awf.com.au/registration/](http://www.awf.com.au/registration/) **NO LATE ENTRIES WILL BE ACCEPTED****



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11. **Refunds** to individuals will only be issued if an AWF State Member Association or National Federation **does not** endorse the entry of an individual or if the entrant notifies the AWF of their withdrawal prior to the publication of the Preliminary Entries. **No refunds will be made for withdrawal for any reason after the publication of the Preliminary Entries.**

12. **Team Nomination**

National Team and State Team nominations must be submitted by 12:00 noon on Wednesday 7<sup>th</sup> September. Each Nation and State may enter one team with no restriction on age or body weight categories. Teams consist of a maximum of five (5) men and five (5) women.

Scoring for the Masters Championship Team competitions will be as per the IWF TCRR and points table below, with the following proviso: If a team member is the only lifter in an age and bodyweight group, the maximum points that can be earned is 23 (equivalent to 3<sup>rd</sup> place). If there are two lifters in the age and bodyweight group and both were selected in teams, the winner would earn 25 points and second would earn 23 points (equivalent to 2<sup>nd</sup> and 3<sup>rd</sup> places). There must be at least three competitors in the same age group and bodyweight category for 28 points (1<sup>st</sup> place) to be awarded to the gold medallist in that age group and bodyweight category.

In the case of two or more teams achieving equal point scores, the teams' SMF (men) or SHMF (women) scores will be used to break the tie.

Placing in Competition	Team Classification		Placing in Competition	Team Classification
Gold	28 points		14 <sup>th</sup> Place	12 points
Silver	25 points		15 <sup>th</sup> Place	11 points
Bronze	23 points		16 <sup>th</sup> Place	10 points
4 <sup>th</sup> Place	22 points		17 <sup>th</sup> Place	9 points
5 <sup>th</sup> Place	21 points		18 <sup>th</sup> Place	8 points
6 <sup>th</sup> Place	20 points		19 <sup>th</sup> Place	7 points
7 <sup>th</sup> Place	19 points		20 <sup>th</sup> Place	6 points
8 <sup>th</sup> Place	18 points		21 <sup>st</sup> Place	5 points
9 <sup>th</sup> Place	17 points		22 <sup>nd</sup> Place	4 points
10 <sup>th</sup> Place	16 points		23 <sup>rd</sup> Place	3 points
11 <sup>th</sup> Place	15 points		24 <sup>th</sup> Place	2 points
12 <sup>th</sup> Place	14 points		25 <sup>th</sup> Place	1 point
13 <sup>th</sup> Place	13 points			

13. **Discount Accommodation**

Use the code **MASTERS** when booking to obtain 15% discount for stays between 7th - 13th September 2022 at the Quest Apartments Hawthorn or Quest Apartments Abbotsford.

[Quest Hawthorn Information and Bookings](#)

[Quest Abbotsford Information and Bookings](#)



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