



## Information Pack



AIS



ELEIKO



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## **Event Contacts**

AWF CEO	Mike Keelan	0411 424 328
Competition Director	Ian Moir	0417 744 981

## **Entry Fee**

There will be a door charge at the event of \$10, which will allow entry for the duration of the competition. Children under the age of 12 years old can enter free of charge. Payment will be cash only.

Every athlete will receive a complimentary entry, plus one additional for their coach/athlete support personal.

## **Webcast/Live Stream**

The event will be streamed live through the AWF Website at [video.awf.com.au/webcast/](http://video.awf.com.au/webcast/)

## **Competition Venue**

Cougars Weightlifting Club  
Sleeman Sports Complex  
Corner Old Cleveland Rd & Tilley Rd  
Chandler Qld 4155

## **Food & Drink**

Food and drink will be available from the café at the Sleeman Sports Complex Aquatic Centre and there are restaurants, cafés, Subway, etc, at the shopping centre on the corner of Tilley Rd and New Cleveland Rd, Gumdale.

## **Weigh – In Room**

Cougars Weightlifting Club

## **Sauna and Check Scales**

Cougars Weightlifting Club  
Thursday 22<sup>nd</sup> Feb: 08:00 – 20:00  
Friday 23<sup>rd</sup> Feb: 08:00 – 20:00  
Saturday 24<sup>th</sup> Feb: 06:00 – 20:00  
Sunday 25<sup>th</sup> Feb: 06:00 – 12:00

## **Training**

Competition warm-up area  
Thursday 22<sup>nd</sup> Feb: 15:00 – 19:00  
Friday 23<sup>rd</sup> Feb: 08:00 – 12:00

## **Verification of Final Entries**

Athletes may compete in the category in which they have achieved qualification or go up or down categories. Changes to the preliminary entries must be notified at the verification of final entries held at the competition venue at **1700hrs** on Thursday 22<sup>nd</sup> February, 2018; or via email [mkeelan@awf.com.au](mailto:mkeelan@awf.com.au) prior to **1600hrs** on Thursday 22<sup>nd</sup> February, 2018.

## **Equipment**

Competition – Eleiko bars and discs  
Warm up – Eleiko bars; assorted discs

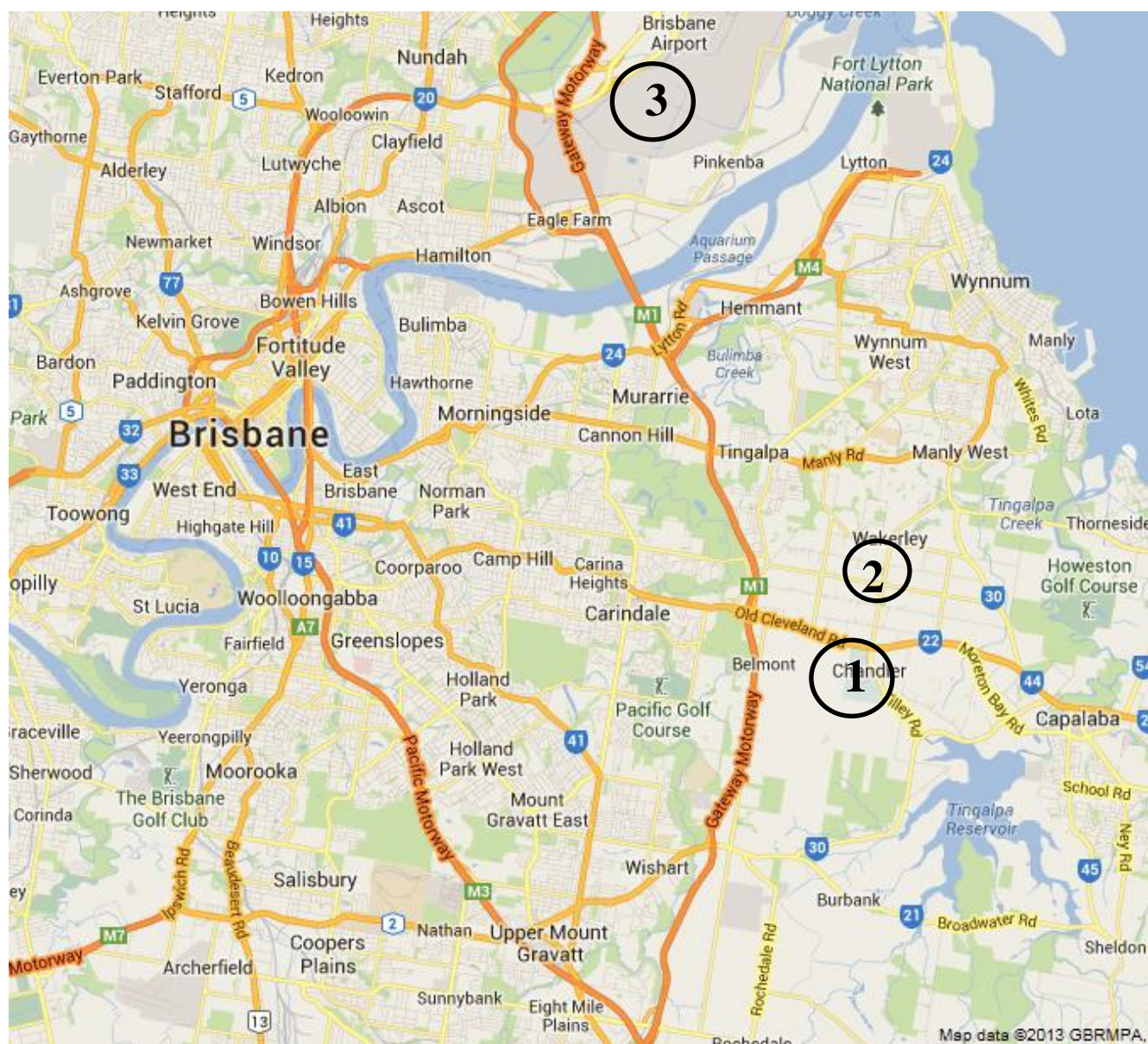
## **Doping Control**

Doping Control will be conducted by the Australian Sports Anti-Doping Authority

## **Competition Regulations**

1. Athletes must produce Photo ID at the weigh-in. Failure to produce ID will result in the athlete not being able to contest the event.
2. The 2018 Australian Open can be contested by athletes who reside in Australia and overseas.
3. Australian athletes must be financial members of their respective State and be registered on the AWF membership database.
4. International athletes must gain permission to compete from their respective National Federations.
5. Athletes may compete in the category in which they have achieved qualification or go up or down categories. The category of choice must be declared at the verification of final entries held at the competition venue at 1700hrs on Thursday 22<sup>nd</sup> of February 2018.
6. Athletes can also change categories via email [mkeelan@awf.com.au](mailto:mkeelan@awf.com.au) that must be received prior to 1600hrs on Thursday 22<sup>nd</sup> of February 2018.
7. Any athlete not registering a result in the Snatch **will not** be allowed to participate in the Clean & Jerk section of the competition but will not be eligible for medals or prizes.
8. Athletes are required to adhere to the 20kg rule (IWF TCRR Regulation 6.6.5).
9. Gold, Silver and Bronze medals will be awarded in each bodyweight category according to the Total only.
10. Prize money
  - Men
    - Overall 1<sup>st</sup> place – \$1000
    - Overall 2nd - \$350
    - Overall 3rd – \$150
  - Women
    - Overall 1<sup>st</sup> place – \$1000
    - Overall 2nd - \$350
    - Overall 3rd – \$150
11. Prize money will be determined by the Sinclair formula.

## Maps



1. Sleeman Sports Complex
2. Gumdale Shopping Centre
3. Brisbane Airport



# Sleeman Sports Complex



## Competition Schedule

<b>DAY 1 – Friday 23<sup>rd</sup> February</b>	<b>DAY 2 – Saturday 24<sup>th</sup> February</b>	<b>DAY 3 – Sunday 25<sup>th</sup> February</b>
<b>Session 1 – 11 Athletes</b> F48/F53 W/In – 1100-1200 <b>Presentation – 1300hrs</b>	<b>Session 4 - 11 Athletes</b> M77 W/In – 0700-0800 <b>Presentation – 0900hrs</b>	<b>Session 8 – 13 Athletes</b> F90/F90+ W/In – 0700-0800 <b>Presentation – 0900hrs</b>
<b>Session 2 – 14 Athletes</b> M56/M62/M69 W/In – 1300-1400 <b>Presentation – 1500hrs</b>	<b>Session 5 – 9 Athletes</b> F63 W/In 0900-1000 <b>Presentation – 1100hrs</b>	<b>Session 9 – 17 Athletes</b> M94/M105/M105+ W/In – 0930-1030 <b>Presentation – 1130hrs</b>
<b>Session 3 – 11 Athletes</b> F58 W/In – 1530-1630 <b>Presentation – 17:30hrs</b>	<b>Session 6 – 17 Athletes</b> M85 W/In – 1100-1200 <b>Presentation –1300hrs</b>	
	<b>Session 7 – 16 Athletes</b> F69/F75 W/In – 1430-1530 <b>Presentation – 1630hrs</b>	
<b>36 Contestants</b>	<b>53 Contestants</b>	<b>30 Contestants</b>

**SCHEDULE SUBJECT TO CHANGE AFTER VERIFICATION OF ENTRIES ON THURSDAY 22<sup>nd</sup>  
FEBRUARY**



## Preliminary Entries

<b>SESSION 1 – F48/F53</b>	<b>WEIGHIN 11:00 – 12:00 // PRESENTATION 13:00</b>				
<b>LIFTER</b>	<b>DOB</b>	<b>STATE</b>	<b>BWT</b>	<b>TOTAL</b>	<b>SHIRT</b>
THELMA TOUA	1991	PNG	F48	165	SMALL
STEPHANIE PICKRELL	2000	TAS	F48	126	SMALL
ROBIN PARR	1997	QLD	F48	103	EXTRA SMALL
DIKA TOUA	1984	PNG	F53	190	SMALL
MARY LIFU	1994	SOL	F53	165	SMALL
ASHLEE STONES	1989	VIC	F53	151	SMALL
HOLLY SHAWCROSS	1986	WA	F53	150	MEDIUM
MADDISON POWER	2003	QLD	F53	126	SMALL
DESREE BARNES	2002	QLD	F53	117	SMALL
LE MINH THU HUYNH	1993	SA	F53	112	EXTRA SMALL
QUYEN NGUYEN	1988	VIC	F53	110	SMALL

<b>SESSION 2 – M56/M62/M69</b>	<b>WEIGHIN 13:00 – 14:00 // PRESENTATION 15:00</b>				
<b>LIFTER</b>	<b>DOB</b>	<b>STATE</b>	<b>BWT</b>	<b>TOTAL</b>	<b>SHIRT</b>
MANUELI TULO	1990	FIJ	M56	242	SMALL
LYNTON HARGRAVE	1985	QLD	M56	193	EXTRA SMALL
MOREA BARU	1990	PNG	M62	290	MEDIUM
POAMA QAQA	1997	FIJ	M62	244	MEDIUM
ELSON BRECHTEFELD	1994	NRU	M62	240	SMALL
EZEKIEL MOSES	2001	NRU	M62	225	MEDIUM
JETT GAFFNEY	2002	QLD	M62	170	SMALL
RUBEN KATOATAU	1996	KIR	M69	280	MEDIUM
LARKO DOGUAPE	1999	NRU	M69	250	MEDIUM
ISAAC SEARANT	1995	SA	M69	244	LARGE
KEANGSTON SAM	1989	NSW	M69	235	SMALL
YANNICK MIFSUD	1989	NSW	M69	235	MEDIUM
MARK GUANZON	1998	NSW	M69	205	SMALL
MATTHEW DAMCHES	2000	VIC	M69	202	MEDIUM

<b>SESSION 3 – F58</b>	<b>WEIGHIN 15:30 – 16:30 // PRESENTATION 17:30</b>				
<b>LIFTER</b>	<b>DOB</b>	<b>STATE</b>	<b>BWT</b>	<b>TOTAL</b>	<b>SHIRT</b>
TIA-CLAIR ORR (GUEST)	1993	QLD	F58	195	---
ERIKA YAMASAKI	1987	QLD	F58	180	MEDIUM
JENLY WINI	1983	SOL	F58	180	SMALL
JACINTA CARROLL	1992	QLD	F58	175	SMALL
RACHEL WILSON	1990	VIC	F58	152	SMALL
LADY SEETO	1985	NSW	F58	146	SMALL
AILSA SEATON	1986	NSW	F58	138	EXTRA SMALL
SHARON MCCAULEY	1971	SA	F58	134	MEDIUM
LIZZY PUGH	1987	NSW	F58	130	SMALL
JOANNA TAYLOR	1989	NSW	F58	121	SMALL
VERITY PARK	1992	NSW	F58	118	MEDIUM

<b>SESSION 4 – M77</b>	<b>WEIGHIN 07:00 – 08:00 // PRESENTATION 09:00</b>				
<b>LIFTER</b>	<b>DOB</b>	<b>STATE</b>	<b>BWT</b>	<b>TOTAL</b>	<b>SHIRT</b>
FRANCOIS ETOUNDI	1984	VIC	M77	314	MEDIUM
TAREITIITA TABAROUA	1994	KIR	M77	310	LARGE
TOUA UDIA	1992	PNG	M77	305	LARGE
CAYLE HORDER	1992	NSW	M77	251	MEDIUM
MITCHELL EICHMANN	1996	QLD	M77	250	MEDIUM
CHRISTOPHER LAI	1998	QLD	M77	249	LARGE
MIKE LAPORTE	1987	NSW	M77	238	MEDIUM
ANDREW RAJEEVAN	1991	NSW	M77	236	MEDIUM
JAKE JACQUIN	1994	QLD	M77	227	MEDIUM
JAKE SBROJA	1996	ACT	M77	210	MEDIUM
ANDREW SWEENEY	1992	QLD	M77	205	MEDIUM

<b>SESSION 5 – F63</b>	<b>WEIGHIN 09:00 – 10:00 // PRESENTATION 11:00</b>				
<b>LIFTER</b>	<b>DOB</b>	<b>STATE</b>	<b>BWT</b>	<b>TOTAL</b>	<b>SHIRT</b>
KIANA ELLIOTT	1997	SA	F63	202	MEDIUM
KENYAH LAWLER	1998	ACT	F63	165	MEDIUM
KEELY BARAKAT	1993	NSW	F63	150	SMALL
REBECCA HALL	1991	NSW	F63	149	SMALL
SAMANTHA MCCONNELL	1993	VIC	F63	142	SMALL
TAMARA COLEMAN	1987	TAS	F63	141	MEDIUM
SARAH CARUANA	1986	VIC	F63	140	SMALL
ELIZABETH TAN	1991	NSW	F63	130	SMALL
DEBORAH HASTINGS	1979	QLD	F63	127	SMALL

<b>SESSION 6 – M85</b>	<b>WEIGHIN 11:00 – 12:00 // PRESENTATION 13:00</b>				
<b>LIFTER</b>	<b>DOB</b>	<b>STATE</b>	<b>BWT</b>	<b>TOTAL</b>	<b>SHIRT</b>
TANIELA RAINIBOGI	1998	FIJ	M85	298	LARGE
BEN WARD	2000	QLD	M85	288	LARGE
LIAM SAXBY	1997	QLD	M85	264	MEDIUM
ZAC MILLHOUSE	2000	TAS	M85	262	EXTRA LARGE
KYLE BRUCE	1999	NSW	M85	262	SMALL
NICHOLAS STAVROULAKIS	1996	NSW	M85	260	MEDIUM
LINCOLN BOWMAN	1990	TAS	M85	255	LARGE
MICHAEL LANE	1993	SA	M85	252	MEDIUM
JOSEPH CAMPBELL	1994	NSW	M85	251	LARGE
SHANE ZUNCKEL	1992	VIC	M85	248	MEDIUM
KEISUKE HISASHI	1997	QLD	M85	247	MEDIUM
CAMERON KUSZLA	1996	VIC	M85	242	MEDIUM
LEO MANNY	1993	NSW	M85	235	MEDIUM
BROCK BALDWIN	1998	NSW	M85	229	LARGE
NATHAN ZANELLA	1991	NSW	M85	225	MEDIUM
JAMES LYONS	1997	NSW	M85	217	LARGE
COREY HELE	1989	NSW	M85	215	MEDIUM

<b>SESSION 7 – F69/F75</b>	<b>WEIGHIN 14:30 – 15:30 // PRESENTATION 16:30</b>				
<b>LIFTER</b>	<b>DOB</b>	<b>STATE</b>	<b>BWT</b>	<b>TOTAL</b>	<b>SHIRT</b>
APOLONIA VAIVAI	1991	FIJ	F69	227	MEDIUM
ANDREA HAMS	1982	NZL	F69	201	MEDIUM
JOCELYNE FRANCKEN	1994	SA	F69	190	MEDIUM
TIIAU BAKAEKIRI	1997	KIR	F69	170	MEDIUM
LEANNE THOMAS	1987	QLD	F69	164	SMALL
LYNDA EDWARDS	1979	VIC	F69	159	SMALL
JARIAN HOGAN	2002	NSW	F69	152	MEDIUM
CLARE CAREY	1987	ACT	F69	145	MEDIUM
JOANNE FLESFADAR	1974	SA	F69	138	MEDIUM
CELESTINE SMITH	1990	QLD	F69	137	SMALL
BETH BUTT	1992	TAS	F69	136	MEDIUM
SAM ARMSTRONG	1991	QLD	F69	133	SMALL
EBONY GORINCU	1989	QLD	F75	192	MEDIUM
CAITY HANIVER	1990	VIC	F75	177	MEDIUM
SARA SEAGRAVE	1996	QLD	F75	147	MEDIUM
MADELEINE WHATMAN	1998	QLD	F75	138	MEDIUM

<b>SESSION 8 – F90/F90+</b>	<b>WEIGHIN 07:00 – 08:00 // PRESENTATION 09:00</b>				
<b>LIFTER</b>	<b>DOB</b>	<b>STATE</b>	<b>BWT</b>	<b>TOTAL</b>	<b>SHIRT</b>
EILEEN CIKAMATANA	1999	FIJ	F90	250	EXTRA LARGE
LORRAINE HARRY	1996	PNG	F90	205	EXTRA LARGE
AMY SIEBENHAUSEN	1986	QLD	F90	160	LARGE
LAURA BRITTAIN	1991	WA	F90	160	MEDIUM
BRONWYN DUNNE	2003	QLD	F90	156	2X LARGE
ALEXANDRA WATSON	1987	NSW	F90	152	EXTRA LARGE
MAKAYLA DINGLE	2001	QLD	F90	150	EXTRA LARGE
MALIA PETELO	1984	NSW	F90	150	LARGE
CHARISMA AMOE-TARRANT	1999	NRU	F90+	235	3X LARGE
LUISA PETERS	1993	COK	F90+	225	2X LARGE
SUSAN SCHIRMER	1989	QLD	F90+	169	LARGE
CHLOE KERWICK	1996	QLD	F90+	168	LARGE
CARLY ALLEN	1987	SA	F90+	158	LARGE

<b>SESSION 9 – M94/M05/M105+</b>	<b>WEIGHIN 09:30 – 10:30 // PRESENTATION 11:30</b>				
<b>LIFTER</b>	<b>DOB</b>	<b>STATE</b>	<b>BWT</b>	<b>TOTAL</b>	<b>SHIRT</b>
JACOB MARQUARDT	1995	NSW	M94	303	EXTRA LARGE
PETER LIEU	1987	NSW	M94	255	LARGE
TOM HEWITT-JONES	1985	NT	M94	246	EXTRA LARGE
DAVID KATOATAU	1984	KIR	M105	350	2X LARGE
STEVEN KARI	1993	PNG	M105	350	EXTRA LARGE
JACKSON ROBERTS-YOUNG	1996	NSW	M105	317	EXTRA LARGE
HAROON SHUKAT	1988	NSW	M105	310	EXTRA LARGE
MATTHEW LYDEMENT	1994	QLD	M105	300	EXTRA LARGE
LAWSON DINGLE	1997	QLD	M105	283	EXTRA LARGE
BRANDON ACCARDI	1996	VIC	M105	272	2X LARGE
RUSSELL LUDT	1991	WA	M105	270	EXTRA LARGE
GRANT HAINES	1987	ACT	M105	269	LARGE
MICHAEL INSKIP	1992	NSW	M105	262	EXTRA LARGE
ADAM SMIDT	2000	QLD	M105	238	EXTRA LARGE
ITTE DETENAMO	1986	NRU	M105+	370	5X LARGE
JACKSON SOLOFA	1982	QLD	M105+	317	2X LARGE
ORION WALSH	1999	NSW	M105+	273	3X LARGE