

2019 Oceania & Commonwealth Masters Weightlifting Championships and Pacific Rim Masters Tournament	
Eligibility	<p>Commonwealth Masters Championships: Open to Citizens of any Commonwealth Weightlifting Federation Member Nation, and who are approved by their national weightlifting body</p> <p>Oceania Masters Championships: Open to Citizens of any Oceania Weightlifting Federation Member Nation, and who are approved by their national weightlifting body</p> <p>Pacific Rim Tournament: Open to Citizens of any Pacific Rim Member Nation, and who are approved by their national weightlifting Body</p>
Host Country	Australia
Dates of Competition	13-14-15-16 June 2019
Competition Venue	Mantra On View Hotel, Surfers Paradise, Gold Coast, Queensland, Australia
Age Eligibility	Athletes born during or before 1984
Categories	45-49-55-59-64-71-76-81-87-87+ WOMEN 10 Categories 55-61-67-73-81-89-96-102-109-109+ MEN 10 Categories
Age Groups	As per IWF-Masters Rules
Close of Entries	Monday 18 March 2019
Entry Fee	One event: AUD\$135 Two events: AUD\$145 Three events: AUD\$155
Awards	<ul style="list-style-type: none"> • T-Shirt • Medals – Top 3 per category • Team Trophy + Photograph • Awards presented for best performances across all three events <ul style="list-style-type: none"> ○ Champion of Champions Prize (SMF Score) ○ Age Group Trophies (SMF Score)
Therapeutic Use Exemptions	Therapeutic Use Exemptions must be completed and sanctioned by the respective Governing Body/Country Anti-Doping Officer. You must bring a copy of all relevant documents related to your T.U.E for Anti-doping purposes.

IMPORTANT NOTES:

- Payments and individual entries must be submitted via website link: www.awf.com.au/registration/ **no later than Monday 18 March 2019**
- The AWF office will send all received entries to the respective Member Federation who will in turn endorse all entries and submit the details of their Team Members via email imoir@awf.com.au **no later than Monday 22 April 2019.**
- Should a Member Federation choose **to not endorse** an individual entry that person will receive a 90% refund i.e. 1 event - \$122 refund, 2 Events – \$131 refund, 3 events - \$140 refund.



AIS



ELEIKO



REGULATIONS:

1. The minimum weights which can be attempted will be in accordance with the IWF TCRR:
Men = twenty-six (26) kg (20 kg bar, collars and two 0.5 kg discs)
Women = twenty-one (21) kg (15 kg bar, collars and two 0.5 kg discs)
2. With reference to IWF-Masters Rule 2.4 Minimum Starting Attempts Total, the 10/15 Kilo Rule will apply.
3. Athletes **must produce** a passport or Australian Driver's Licence at the weigh-in. Failure to submit correct ID at the weigh-in will result in the athlete not being able to contest the event.
4. Athletes may compete in the category in which they have been entered or go up or down categories. The category of choice must be declared **prior to 2pm (14:00hrs) on Wednesday 12 June 2019** via text message on mobile +61 408 955 698 or email imoir@awf.com.au or at the Final Verification of Entries Meeting taking place at the Mantra On View Hotel starting at 2pm
5. **Individual Placing** will be calculated off **Totals** only.

6. TEAM REGISTRATION

Verification of team entries to be submitted at the Final Verification of Entries Meeting at 2pm (14:00) on Wednesday 12 June, 2019. This will be held at Mantra on View Hotel, Surfers Paradise. Each member Nation may enter more than one team with no restriction on age or body weight categories. No body weight changes or team entries will be accepted after Final Verification of Entries has closed on Wednesday 12 June 2019.

The team compositions and registration fees are outlined in the table below:

Event	Team Structure	Registration Fee
Oceania Masters Championships	10 Women – 10 Men	AUD\$70 per team
Commonwealth Masters Championships	10 Women – 10 Men	AUD\$70 per team
Pacific Rim Masters Tournament	5 Women 5 Men	AUD\$50 per team AUD\$50 per team

7. An athlete who does not register a successful Snatch will **not be allowed** to continue in the Clean & Jerk;
8. Athlete dress standard **MUST** conform to the IWF TCRR.
9. All individual entries and payments **MUST** be submitted **no later than Monday 18 March 2018** via website link: www.awf.com.au/registration/ **NO LATE ENTRIES WILL BE ACCEPTED**
10. **Refunds** to individuals will only be issued in the instance where a Member Federation **does not** endorse the entry of an individual. No refunds will be made for the withdrawal or no-show of any entrant for any other reason.



AIS



ELEIKO

