

2019 Arafura Games

Weightlifting

Competition Information

Table of Contents

Event Contacts.....	3
Accreditation	3
Competition Venue	3
Weigh – In.....	3
Sauna	3
Training	3
Verification of Final Entries.....	4
Doping Control.....	4
Competition Regulations.....	4
Events	4
Awards	4
Transportation	4
Barbells.....	4
Maps	5
Competition Schedule	7
Preliminary Entries – Men	8
Preliminary Entries – Women	10
Technical Officials Schedule	12

Event Contacts

Ian Moir +61 417 744 981
Bowen Stuart +61 402 922 664

Accreditation

Registered participants can obtain their accreditation at the Games Accreditation Centre located in the Darwin Convention Centre, Stokes Hill Rd, Darwin Waterfront. Photo ID is required to collect accreditation.

Competition Venue

Hall 3
Darwin Convention Centre
Stokes Hill Rd
Darwin Waterfront NT 0801

Weigh – In

Darwin Convention Centre – Hall 2
All competitors must present their Passport or Australian Driver's License at the weigh-in. Games Accreditation alone is not acceptable as ID at the weigh-in.

Sauna

Darwin Convention Centre – on the dock behind Hall 2
Friday 26th April: 14:00 – 20:00
Saturday 27th April: 07:00 – 20:00
Sunday 28th April: 07:00 – 19:30
Monday 29th April: 07:00 – 16:00

Training For Warriors (gym), 30 Daly St, Darwin City
By appointment. Tel: 0447 966 667
\$15 per person per session

Training

Training sessions must be booked in advance
Book by email: office@ntwa.net.au or text message: 0403 255 654
Gym locations will be provided when sessions are booked.

Thursday 25 April (Anzac Day)		Availability
2pm - 4pm	Darwin City	20 athletes
2pm - 4pm	Winnellie	20 athletes
Friday 26 April		
10:30am - 12pm	Darwin City	20 athletes
1:30pm - 3pm	Winnellie	20 athletes
Saturday 27 April		
12pm - 2pm	Winnellie	20 athletes
Sunday 28 April		
2pm - 4pm	Darwin City	20 athletes

Verification of Final Entries

Darwin Convention Centre

Friday 26th April, 10:00am

Or by email prior to 10:00am on 26th April: bstuart@awf.com.au

Doping Control

Doping Control will be carried out by the Australian Sports Anti-Doping Authority.

Competition Regulations

The 2019 Arafura Games Weightlifting Championships will follow the Technical and Competition Rules and Regulations (TCRR) of the International Weightlifting Federation (IWF).

Events

The Arafura Games Weightlifting Championships will be conducted in the IWF Bodyweight Categories for Men and Women.

Men: 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg.

Women: 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76Kg, 81kg, 87kg, +87kg.

There is no limit to the number of athletes per category per nation.

Awards

Gold, Silver and Bronze medals will be awarded in each bodyweight category according to the Total only. In the case of two or more athletes achieving the same Total, IWF TCRR 6.8.2 applies.

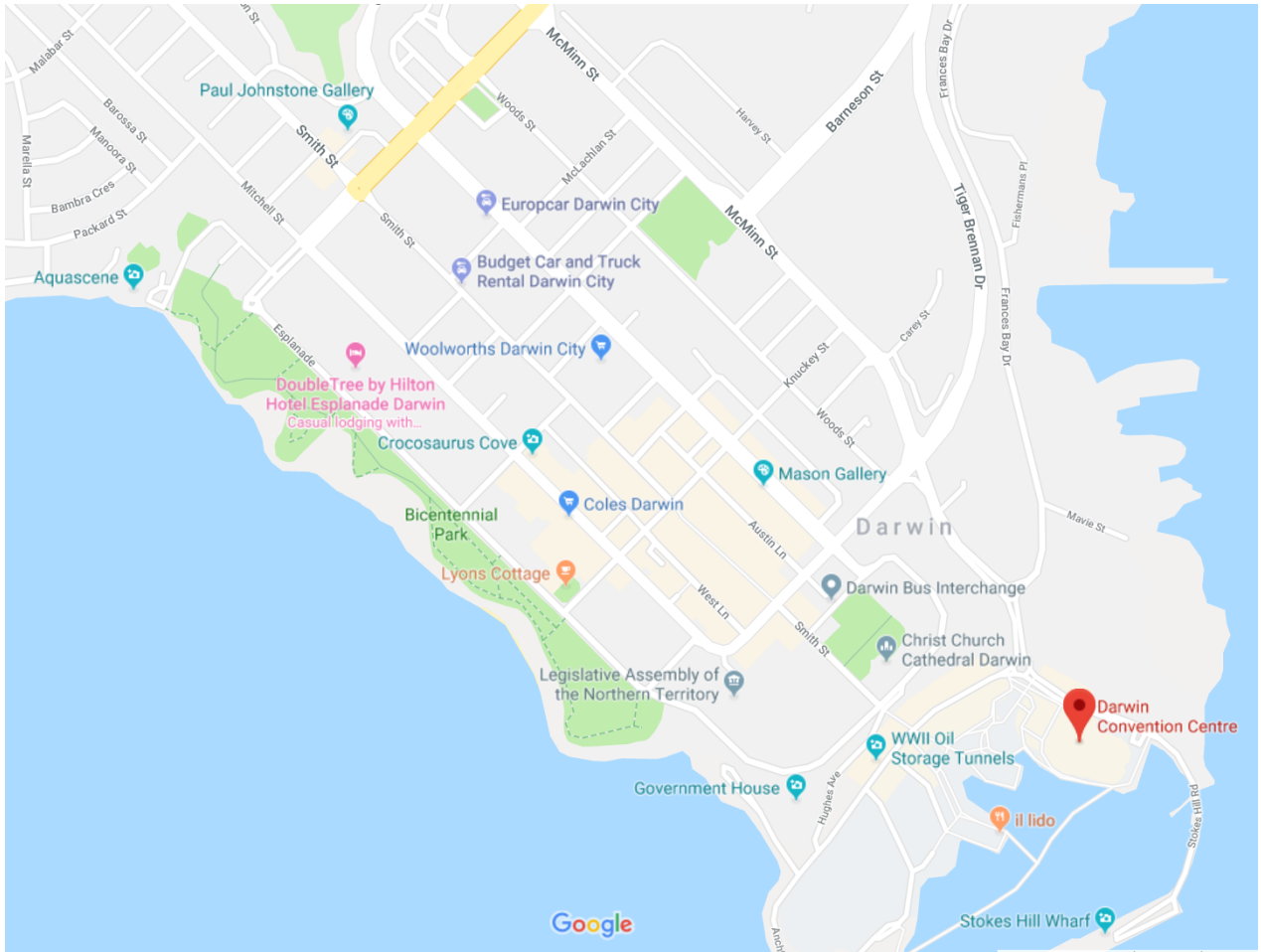
Transportation

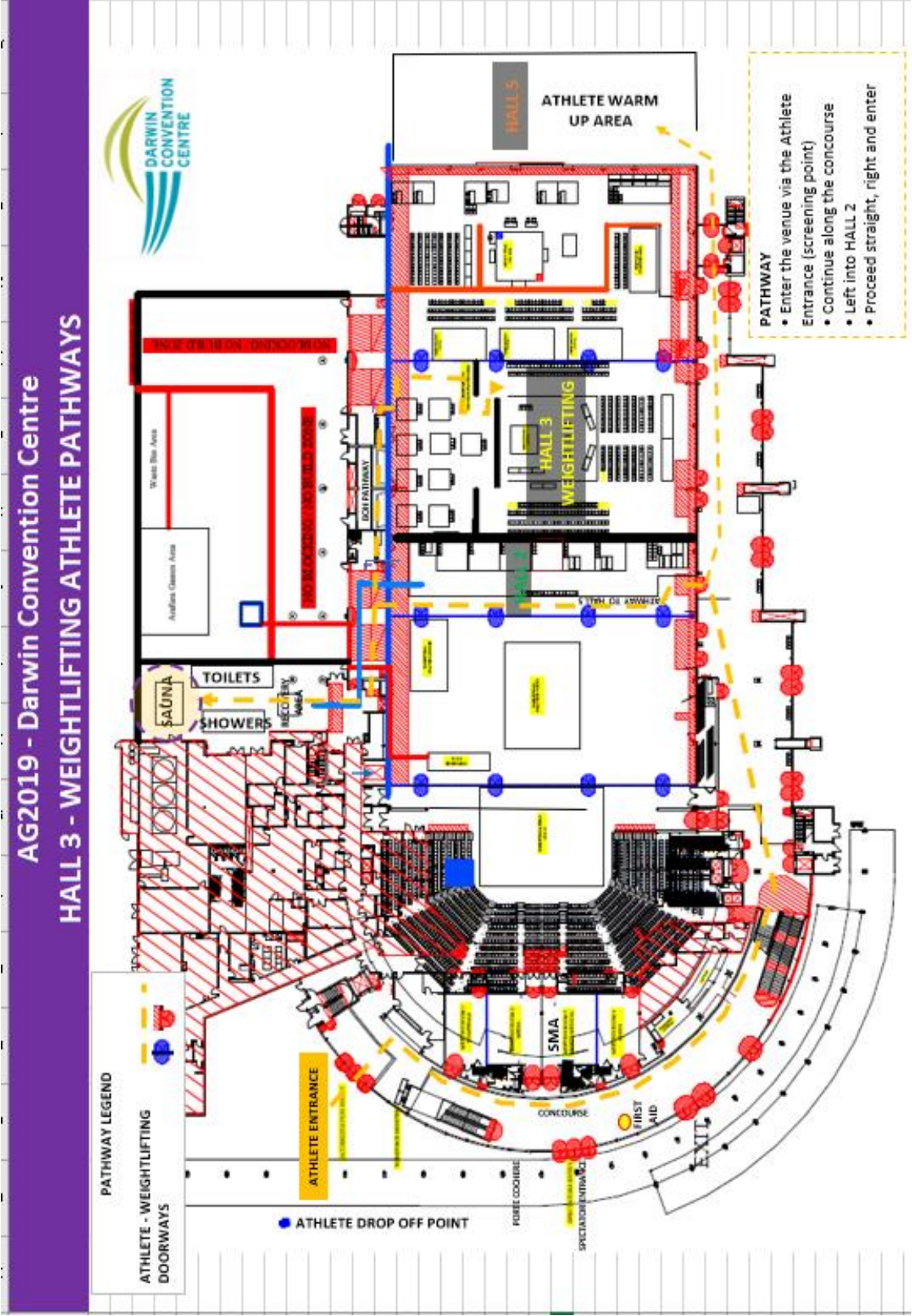
Airport transfer services will be provided by the Organising Committee for all participants who have registered their arrival and departure details with the Organising Committee. A Games Transport Service will operate within the Darwin Central Business District for accredited participants. Arafura Games accreditation will also be valid for free travel on the public transport bus system during the Games.

Barbells

IWF approved equipment will be used at the Arafura Games. The competition barbell will be ZKC.

Maps





Competition Schedule

Date/Time	Activity	Gender	Category
Friday 26 April 2019			
Before 10:00 ACST	Verification of Final Entries	By email to bstuart@awf.com.au or text +61 402 922 664	
10:00 - 11:00 ACST	Verification of Final Entries	In person at the competition venue	
15:00 - 15:45 ACST	Technical Officials Meeting	Competition venue	
Saturday 27 April 2019			
08:00 - 09:00	Weigh-in	Women	45kg, 49kg, 55kg
10:00 - 13:00	Competition	Women	45kg, 49kg, 55kg
11:30 - 12:30	Weigh-in	Men	55kg, 61kg, 67kg
13:30 - 16:30	Competition	Men	55kg, 61kg, 67kg
15:00 - 16:00	Weigh-in	Women	59kg, 64kg
17:00 - 20:00	Competition	Women	59kg, 64kg
Sunday 28 April 2019			
08:00 - 09:00	Weigh-in	Men	73kg
10:00 - 13:00	Competition	Men	73kg
11:30 - 12:30	Weigh-in	Women	71kg, 76kg
13:30 - 16:30	Competition	Women	71kg, 76kg
15:00 - 16:00	Weigh-in	Men	81kg
17:00 - 19:30	Competition	Men	81kg
Monday 29 April 2019			
08:00 - 09:00	Weigh-in	Men	89kg, 96kg
10:00 - 13:00	Competition	Men	89kg, 96kg
11:30 - 12:30	Weigh-in	Women	81kg, 87kg, +87kg
13:30 - 16:30	Competition	Women	81kg, 87kg, +87kg
15:00 - 16:00	Weigh-in	Men	102kg, 109kg, +109kg
17:00 - 20:00	Competition	Men	102kg, 109kg, +109kg

Preliminary Entries – Men

Firstname	Surname	DOB	Nation	Category	Total
Elson	Brechtefeld	2/03/1994	Nauru	M55kg	250
Morea	Baru	15/04/1990	Papua New Guinea	M61kg	280
Blake	Armitage	6/11/1995	Australia	M61kg	225
Zuo Fu Ben	Goh	28/07/1994	Singapore	M61kg	203
Muhammad	Faathir	21/05/2003	Indonesia	M61kg	203
Vaipava Nevo	Ioane	14/04/1988	Samoa	M67kg	290
Ruben	Katoatau	9/02/1997	Kiribati	M67kg	285
Ezekiel	Moses	2/07/2001	Nauru	M67kg	270
Brocka	Scotty	25/07/1999	Nauru	M67kg	250
Jason	Ager	19/11/1993	Australia	M67kg	226
Jia Jie Keith	Koh	23/06/1996	Singapore	M67kg	216
Taretiita Baraniko	Tabaroua	29/11/1994	Kiribati	M73kg	300
Oleg	Chen	22/11/1988	Russia	M73kg	300
Florin Daniel	Vizitiu	30/01/1996	Romania	M73kg	290
Brandon	Wakeling	2/02/1994	Australia	M73kg	285
Ika	Aliklik	16/09/1985	Nauru	M73kg	275
Larko	Doguape	5/07/2000	Nauru	M73kg	270
James	Delaney	29/07/1996	Australia	M73kg	260
Joshua	Wu	14/11/1996	Australia	M73kg	258
Yannick	Mifsud	10/10/1989	Australia	M73kg	250
Uea	Deteudamo	16/12/1999	Nauru	M73kg	250
Isaac	Searant	16/07/1995	Australia	M73kg	245
Igo	Lohia	16/09/1999	Papua New Guinea	M73kg	227
Triyatno	Triyatno	20/12/1987	Indonesia	M73kg	227
David	Katoatau	17/07/1984	Kiribati	M81kg	300
Cameron	Mctaggart	30/09/1997	New Zealand	M81kg	300
Kabuati	Bob	19/10/1994	Marshall Islands	M81kg	292
Frank	Elliott	8/05/1991	Australia	M81kg	288
James	Norman	29/06/1996	Australia	M81kg	274
Leo	Lark	13/05/1996	Australia	M81kg	270
Chevy	Sukkar	26/01/1992	Australia	M81kg	262
Samuel	Jansson	12/03/1994	Australia	M81kg	257
Jackson	Howie	6/08/1998	Australia	M81kg	256
Petrillo	Menke	16/07/1998	Nauru	M81kg	250
Lim	Kang Yin	29/11/1996	Singapore	M81kg	240

Firstname	Surname	DOB	Nation	Category	Total
Don	Opeloge	13/05/1999	Samoa	M89kg	355
Joel	Gregson	1/03/1993	Australia	M89kg	293
Beau	Garrett	8/02/1990	Australia	M89kg	292
Michael	Lane	31/12/1993	Australia	M89kg	290
Matthew	Pit	11/09/1991	Australia	M89kg	289
Sean	Fitzgerald	21/07/1990	Australia	M89kg	288
Liam	Saxby	23/01/1997	Australia	M89kg	274
Marcincy	Cook	16/04/2002	Nauru	M89kg	251
Ridge	Barredo	6/10/1995	Australia	M96kg	331
Maeu Nanai	Livi	29/01/1999	Samoa	M96kg	325
Steven Kukuna	Kari	13/05/1993	Papua New Guinea	M96kg	300
Jacob	Marquardt	17/08/1995	Australia	M96kg	290
Luke	Fulham	27/06/1992	Australia	M96kg	287
Nicodemus	Scheelings	21/03/1986	Australia	M96kg	285
Wei Ming Joshua	Su	1/09/1989	Singapore	M96kg	260
Freedom	Scotty	21/10/1997	Nauru	M96kg	259
Petunu	Opeloge	24/06/1994	Samoa	M102kg	330
Wei-Ting	Ho	16/08/1999	Chinese Taipei	M102kg	313
Cody	Wilks	25/03/1993	Australia	M102kg	311
Ming-Chang	Tung	28/07/2000	Chinese Taipei	M102kg	300
Braydan	Fender	20/01/1998	Australia	M102kg	270
Sanele	Mao	9/09/1985	Samoa	M109kg	360
Tanumafili	Jungblut	10/06/1990	American Samoa	M109kg	340
Matthew	Lydement	15/01/1994	Australia	M109kg	333
Jackson	Roberts-Young	15/08/1996	Australia	M109kg	332
Sio Talakai	Pomelile	10/10/1993	Tonga	M109kg	320
Yun-Ting	Hsieh	8/08/1999	Chinese Taipei	M109kg+	380
Lauititi	Lui	4/12/1995	Samoa	M109kg+	380
Jackson	Solofa	24/07/1982	Australia	M109kg+	317

Preliminary Entries – Women

Firstname	Surname	DOB	Nation	Category	Total
Yue-Shan	Shi	27/12/2001	Chinese Taipei	F45kg	129
Kateleen Marie	Diaz	7/11/2003	Philippines	F45kg	119
Loa Dika	Toua	23/06/1984	Papua New Guinea	F49kg	185
Alyce	Stephenson	14/12/1990	Australia	F49kg	147
Stephanie	Pickrell	21/02/2000	Australia	F49kg	135
Bernada	Uepa	7/07/2000	Nauru	F55kg	160
Mary Kini	Lifu	15/10/1994	Solomon Islands	F55kg	160
Holly	Shawcross	26/12/1986	Australia	F55kg	157
Michaela-Ann	Warwick	20/03/1998	Australia	F55kg	146
Mary	Barter	16/08/1987	Australia	F55kg	146
Syisha	Cain	20/08/2003	Nauru	F55kg	140
Le Minh Thu	Huynh	16/12/1993	Australia	F55kg	137
Jenly Tegu	Wini	9/06/1983	Solomon Islands	F59kg	200
Nancy	Abouke	5/07/2003	Nauru	F59kg	185
Seen	Lee	15/11/1982	Australia	F59kg	179
Jacinta	Carroll	12/09/1992	Australia	F59kg	177
Erika	Yamasaki	2/09/1987	Australia	F59kg	164
Lady	Seeto	13/01/1985	Australia	F59kg	161
Xin Yi Melissa	Ho	11/09/1994	Singapore	F59kg	139
Madalina Bianca	Molie	27/04/1996	Romania	F64kg	220
Kiana	Elliott	27/07/1997	Australia	F64kg	210
Irina	Lepsa	6/06/1992	Romania	F64kg	210
Megan	Signal	17/02/1990	New Zealand	F64kg	192
Sarah	Cochrane	23/09/1989	Australia	F64kg	190
Sabah	Chamoun	9/07/2000	Australia	F64kg	180
Elizabeth	Duguid	1/07/1992	Australia	F64kg	165
Laura	Prior	3/11/2000	Australia	F64kg	153
Jessica	Heta	27/07/1989	Australia	F64kg	147
Verity	Park	28/02/1992	Australia	F64kg	147

Firstname	Surname	DOB	Nation	Category	Total
Emily	Godley	22/10/1989	Great Britain	F71kg	215
Jocelyn	Franken	14/12/1994	Australia	F71kg	192
Tessa	Milton	5/02/1994	Australia	F71kg	183
Tiiiau	Bakaekiri	28/03/1997	Kiribati	F71kg	180
Aminata	Bangura	15/11/1988	Sierra Leone	F71kg	171
Leanne	Thomas	14/01/1987	Australia	F71kg	164
Jaquilla	Mau	23/02/2003	Nauru	F71kg	155
J-La Jojay	Agir	11/02/1964	Nauru	F71kg	155
Kanah	Andrews-Nahu	18/01/2001	New Zealand	F76kg	211
Stephanie	Davies	18/05/1989	Australia	F76kg	200
Bailey	Rogers	16/03/1991	New Zealand	F76kg	199
Ebony	Gorincu	23/08/1989	Australia	F76kg	198
Teagan	Newman	31/03/1998	Australia	F76kg	173
Leotina	Sive Petelo	18/07/2001	Samoa	F81kg	200
Hsiao-Man	HU	9/09/1999	Chinese Taipei	F81kg	198
Sofia	Zudova	26/09/1994	Australia	F81kg	197
Cassandra	Todd	16/08/1991	Australia	F81kg	173
Kaity	Fassina	17/07/1990	Australia	F87kg	220
Ssu-Han	Yu	22/09/1999	Chinese Taipei	F87kg	205
Dimitra	Tsiliasopoulos	28/10/1984	Australia	F87kg	177
Chloe	Kerwick	22/02/1996	Australia	F87kg	174
Feagaiga	Stowers	17/11/2000	Samoa	F87kg+	270
Laurel	Hubbard	9/02/1978	New Zealand	F87kg+	250
Iuniarra	Sipaia	25/06/1993	Samoa	F87kg+	250
Roviel	Detenamo	16/09/2003	Nauru	F87kg+	180

Technical Officials Schedule

Technical Delegate: Nicu Vlad ROM

Saturday 27th April 2019

Session 1 – Women 45kg, 49kg, 55kg

Weigh-in: 08:00 – 09:00

Start: 10:00

Competition Secretary: Phil Maunder AUS
 Jury President: Garry Marshal NZL
 Jury: Boris Kayser AUS
 Jury: Trent Dabwido NRU
 Centre Referee: Debra Keelan AUS
 Referee: Danielle Waller AUS
 Referee: Lesley Moyle AUS
 Chief Marshal: Leanne Goldsworthy AUS
 Time Keeper: Ange Kenos AUS
 Technical Controller: Pedro Sanchez AUS
 Technical Controller: Amanda Miller AUS
 Competition Doctor: Dr. Moni Kami TGA
 Competition Doctor: Dr. Laura Lallanec AUS
 Announcer: Lyn Jones AUS

Session 2 – Men 55kg, 61kg, 67kg

Weigh-in: 11:30 – 12:30

Start: 13:30

Competition Secretary: Phil Maunder AUS
 Jury President: Sam Coffa AUS
 Jury: Garry Marshal NZL
 Jury: Trent Dabwido NRU
 Centre Referee: Graeme Harper AUS
 Referee: John Hanlon AUS
 Referee: Kelly Rau AUS
 Chief Marshal: Leanne Goldsworthy AUS
 Time Keeper: Ange Kenos AUS
 Technical Controller: Pedro Sanchez AUS
 Technical Controller: Amanda Miller AUS
 Competition Doctor: Dr. Moni Kami TGA
 Competition Doctor: Dr. Laura Lallanec AUS
 Announcer: Lyn Jones AUS

Saturday 27th April 2019

Session 3 – Women 59kg, 64kg

Weigh-in: 15:00 – 16:00
 Start: 17:00

Competition Secretary: Phil Maunder AUS
 Jury President: Trent Dabwido NRU
 Jury: Garry Marshal NZL
 Jury: Lilly Coffa AUS
 Centre Referee: Jenny Sanchez AUS
 Referee: Debra Keelan AUS
 Referee: Robert Gotts AUS
 Chief Marshal: Alex Croot AUS
 Time Keeper: Coral Quinell AUS
 Technical Controller: Robyn Hall AUS
 Technical Controller: Leanne Springer AUS
 Competition Doctor: Dr. Moni Kami TGA
 Competition Doctor: Dr. Laura Lallanec AUS
 Announcer: Lyn Jones AUS

Sunday 28th April

Session 4 – Men 73kg

Weigh-in: 08:00 – 09:00
 Start: 10:00

Competition Secretary: Phil Maunder AUS
 Jury President: Sam Coffa AUS
 Jury: Tom Liaw SGP
 Jury: Trent Dabwido NRU
 Centre Referee: John Hanlon AUS
 Referee: Robert Gotts AUS
 Referee: Jenny Sanchez AUS
 Chief Marshal: Alex Croot AUS
 Time Keeper: Coral Quinell AUS
 Technical Controller: Pedro Sanchez AUS
 Technical Controller: Robyn Hall AUS
 Competition Doctor: Dr. Moni Kami TGA
 Competition Doctor: Dr. Laura Lallanec AUS
 Announcer: Lyn Jones AUS

Sunday 28th April**Session 5 – Women 71kg, 76kg**

Weigh-in: 11:30 – 12:30
Start: 13:30

Competition Secretary: Phil Maunder AUS
Jury President: Garry Marshal NZL
Jury: Lilly Coffa AUS
Jury: Trent Dabwido NRU
Centre Referee: Kelly Rau AUS
Referee: Debra Keelan AUS
Referee: Lesley Moyle AUS
Chief Marshal: Alex Croot AUS
Time Keeper: Coral Quinell AUS
Technical Controller: Pedro Sanchez AUS
Technical Controller: Leanne Springer AUS
Competition Doctor: Dr. Moni Kami TGA
Competition Doctor: Dr. Laura Lallanec AUS
Announcer: Lyn Jones AUS

Session 6 – Men 81kg

Weigh-in: 15:00 – 16:00
Start: 17:00

Competition Secretary: Phil Maunder AUS
Jury President: Trent Dabwido NRU
Jury: Boris Kayser AUS
Jury: Garry Marshal NZL
Centre Referee: Robert Gotts AUS
Referee: Graeme Harper AUS
Referee: Danielle Waller AUS
Chief Marshal: Leanne Goldsworthy AUS
Time Keeper: Ange Kenos AUS
Technical Controller: Leanne Springer AUS
Technical Controller: Amanda Miller AUS
Competition Doctor: Dr. Moni Kami TGA
Competition Doctor: Dr. Laura Lallanec AUS
Announcer: Lyn Jones AUS

Monday 29th April**Session 7 – Men 89kg, 96kg**

Weigh-in: 08:00 – 09:00
Start: 10:00

Competition Secretary: Phil Maunder AUS
Jury President: Garry Marshal NZL
Jury: Trent Dabwido NRU
Jury: Boris Kayser AUS
Centre Referee: Danielle Waller AUS
Referee: Graeme Harper AUS
Referee: John Hanlon AUS
Chief Marshal: Leanne Goldsworthy AUS
Time Keeper: Ange Kenos AUS
Technical Controller: Robyn Hall AUS
Technical Controller: Leanne Springer AUS
Competition Doctor: Dr. Moni Kami TGA
Competition Doctor: Dr. Laura Lallanec AUS
Announcer: Lyn Jones AUS

Session 8 – Women 81kg, 87kg, +87kg

Weigh-in: 11:30 – 12:30
Start: 13:30

Competition Secretary: Phil Maunder AUS
Jury President: Sam Coffa AUS
Jury: Trent Dabwido NRU
Jury: Garry Marshal NZL
Centre Referee: Lesley Moyle AUS
Referee: Jenny Sanchez AUS
Referee: Debra Keelan AUS
Chief Marshal: Leanne Goldsworthy AUS
Time Keeper: Ange Kenos AUS
Technical Controller: Robyn Hall AUS
Technical Controller: Leanne Springer AUS
Competition Doctor: Dr. Moni Kami TGA
Competition Doctor: Dr. Laura Lallanec AUS
Announcer: Lyn Jones AUS

Monday 29th April**Session 9 – Men 102kg, 109kg, +109kg**

Weigh-in: 15:00 – 16:00

Start: 17:00

Competition Secretary: Phil Maunder AUS

Jury President: Tom Liaw SGP

Jury: Gary Marshal NZL

Jury: Lilly Coffa AUS

Centre Referee: John Hanlon AUS

Referee: Graeme Harper AUS

Referee: Kelly Rau AUS

Chief Marshal: Alex Croot AUS

Time Keeper: Coral Quinell AUS

Technical Controller: Pedro Sanchez AUS

Technical Controller: Amanda Miller AUS

Competition Doctor: Dr. Moni Kami TGA

Competition Doctor: Dr. Laura Lallanec AUS

Announcer: Lyn Jones AUS