



**2019 Australian Under 15 & Youth Championships  
Information Pack**



**AIS**



**ELEIKO**



# Table of Contents

EVENT CONTACTS.....	3
COMPETITION VENUE .....	3
FOOD & DRINK .....	3
WEIGH – IN .....	3
SAUNA AND CHECK SCALES .....	3
VERIFICATION OF FINAL ENTRIES.....	3
EQUIPMENT .....	3
DOPING CONTROL.....	3
MAPS .....	4
REGULATIONS .....	6
COMPETITION SCHEDULE .....	7
ENTRY LIST .....	8



**AIS**



**ELEIKO**



## **Event Contacts**

AWF CEO	Ian Moir	0408 955 698
Competition Directors:	Debra Keelan	0408 064 722
	Robyn Morgan	0438 031 377

## **Competition Venue**

Cougars Weightlifting  
Club Sleeman Sports  
Complex  
Corner Old Cleveland Rd & Tilley  
Rd Chandler Qld 4155

## **Gold coin donation**

Spectator entry will be by gold coin donation, all proceeds go to support the work of the Queensland Weightlifting Association.

## **Food & Drink**

Food and drink will be available for purchase within the Cougars Weightlifting Club during the event. There is a café at the Sleeman Sports Complex Aquatic Centre and there are restaurants, cafés, Subway, etc, at the shopping centre on the corner of Tilley Rd and New Cleveland Rd, Gumdale.

## **Weigh – In**

Cougars Weightlifting Club

## **Sauna and Check Scales**

Cougars Weightlifting Club  
Friday 27<sup>th</sup> September: 12 noon to 7.00pm  
Saturday 28<sup>th</sup> September: From 5.30am till end of day's competition  
Sunday 29<sup>th</sup> September: From 5.30am

## **Verification of Final Entries**

Athletes may move up or down categories and any changes must be submitted through email [imoir@awf.com.au](mailto:imoir@awf.com.au) no later than 12:00 noon on Thursday 26<sup>th</sup> September 2019.

## **Equipment**

Competition – Eleiko bars and  
discs Warm up – Eleiko bars;  
assorted discs

## **Doping Control**

This event is subject to drug testing by the Australian Sports Anti-Doping Authority.



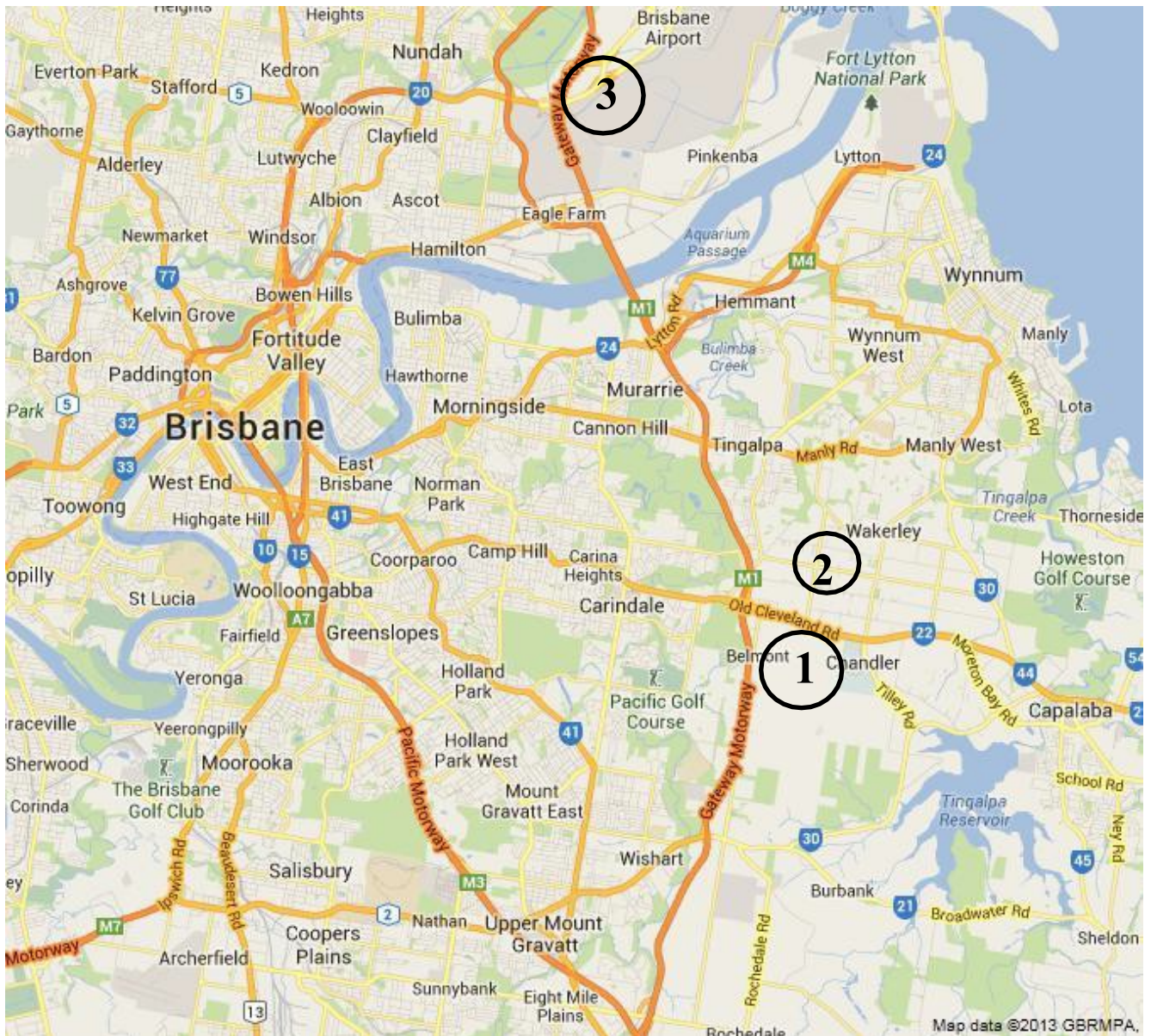
AIS



ELEIKO



## Maps



1. Sleeman Sports Complex
2. Gumdale Shopping Centre
3. Brisbane Airport



AIS



ELEIKO





# Sleeman Sports Complex



Car parking available in Event Parking Car Park 3. No parking on ring road please.



ais



ELEIKO



## REGULATIONS:

1. Athletes must produce Photo ID that clearly indicates their Date of Birth at the weigh-in. Failure to produce valid ID will result in the athlete not being able to contest the event.
2. Entrants may compete in both age championships if they meet the eligibility and minimum qualifying requirements, but they can only compete in one bodyweight category.
3. **Entrants in the Under 15 Championships** may compete in the category in which they have been entered, or go up to a heavier category or down to a lighter category. The final category of choice must be declared at the verification of final entries via email [imoir@awf.com.au](mailto:imoir@awf.com.au) **no later than 12:00hrs (noon) on Thursday 26 September 2019.**
4. **Entrants in the Youth Championships** may compete in the category in which they have qualified or go up to a heavier category if they have achieved the minimum qualifying standard for the heavier category in the qualifying period. They cannot go down to a lighter category unless they have qualified in that category. The final category of choice must be declared at the verification of final entries via email [imoir@awf.com.au](mailto:imoir@awf.com.au) **no later than 12:00hrs (noon) on Thursday 26 September 2019.**
5. All competitors under the Age of 13 must submit a completed Waiver form to their State Association prior to the event to be eligible to compete.
6. Each State Member can nominate a team of up to 10 qualified men (max 2/category) plus 2 reserves; and up to 10 qualified women (max 2/category) plus 2 reserves in the Under 15 Championships and the Youth Championships.
7. A State Member can enter more than 10 men, in either age group (maximum 25 in Under 15) provided that each lifter has achieved the relevant minimum requirements in an AWF sanctioned competition during the stated qualifying period for the AWF Under 15 Men's Championships and/or AWF Youth Men's Championships.
8. A State Member can enter more than 10 women in either age group (maximum 25 in Under 15) provided that each lifter has achieved the relevant minimum requirements in an AWF sanctioned competition during the stated qualifying period for the AWF Under 15 Women's Championships and/or AWF Youth Women's Championships.
9. Where a State Member enters more than 10 qualified men and/or more than 10 qualified women in either age group, at the Verification of Final Entries, the State Member must nominate the 10 men (max 2 per category) and/or 10 women (max 2 per category) who will constitute the State Team for the AWF Under 15 Championships and/or the 10 men (max 2 per category) and/or 10 women (max 2 per category) who will constitute the State Team for the AWF Youth Championships. The additional qualified lifters can compete in the relevant Championships, win medals and any other individual awards, but cannot gain points for the State Team.
10. The final teams submitted by each State Member consisting of a maximum of 10 men / 10 women (maximum of two competitors per category) must be declared at the verification of final entries via email [imoir@awf.com.au](mailto:imoir@awf.com.au) or no later than 12:00hrs (noon) on Thursday 26 September 2019.



**AIS**



**tonic**



**ELEIKO**



**SP**  
SYLVIA P

11. The classification of each State team is calculated by adding the points allocated to each team member named at the final verification of entries according to the following scale:

Place	Team Points	Place	Team Points
<b>Gold</b>	28 points	14th Place	12 points
<b>Silver</b>	25 points	15th Place	11 points
<b>Bronze</b>	23 points	16th Place	10 points
4th Place	22 points	17th Place	9 points
5th Place	21 points	18th Place	8 points
6th Place	20 points	19th Place	7 points
7th Place	19 points	20th Place	6 points
8th Place	18 points	21st Place	5 points
9th Place	17 points	22nd Place	4 points
10th Place	16 points	23rd Place	3 points
11th Place	15 points	24th Place	2 points
12th Place	14 points	25th Place	1 point
13th Place	13 points		

12. **Placing & Points** will be calculated from **Totals** only.

13. Athlete dress standard **MUST** conform to the IWF rules. As does weigh-in clothing.

14. Any athlete not registering a result in the Snatch **will not** be allowed to participate in the Clean & Jerk section of the competition.

15. Best Lifter Awards

Trophies will be awarded to the Best Male U15; Best Male Youth; Best Female U15; Best Female Youth, as determined by the Sinclair formula.

16. **No REFUNDS** will be issued once the Preliminary Starting List has been published.

## **COMPETITION SCHEDULE**

SATURDAY 28 <sup>TH</sup> SEPTEMBER			
SESSION	CATEGORIES	WEIGHIN	PRESENTATION
1	F40/F45/F49	06:30-07:30	08:30
2	M49/M55	08:30-09:30	10:30
3	F55	11:00-12:00	13:00
4	M61	12:30-13:30	14:30
5	F59	14:00-15:00	16:00
6	M67	16:00-17:00	18:00
7	F64	18:00-19:00	20:00
SUNDAY 29 <sup>TH</sup> SEPTEMBER			
SESSION	CATEGORIES	WEIGHIN	PRESENTATION
8	M73	06:30-07:30	08:30
9	F71	09:00-10:00	11:00
10	M81	11:00-12:00	13:00
11	F76	13:00-14:00	15:00
12	F81/F81+	14:30-15:30	16:30
13	M89/M96/M102/M102+	16:30-17:30	18:30



**AIS**



**ELEIKO**



## Entry List

SESSION 1 – F40/F45/F49		WEIGHIN 06:30-07:30 // PRESENTATION 08:30					
LIFTER	DOB	STATE	BWT	TOTAL	SHIRT	UNDER 15	YOUTH
CIARA QUINSEE	2009	WA	F40	66	XS	TEAM	----
CHARLEE ADAMS	2007	TAS	F40	57	XS	TEAM	----
CELINE HUYNH	2007	SA	F45	67	XS	TEAM	----
ALIYAH BRIGHTWELL	2004	QLD	F45	64	XS	TEAM	----
ROSIE PORTER	2005	TAS	F45	59	XS	TEAM	----
ALANNAH ORR	2007	NT	F45	49	XS	INDIVIDUAL	----
PHOENIX GOODWIN	2004	VIC	F49	110	XS	TEAM	TEAM
ANJA STEIDL	2003	WA	F49	92	XS	----	TEAM
GABRIELLE MCLEAN	2005	WA	F49	77	S	TEAM	TEAM
SERENA LARSEN	2005	VIC	F49	57	S	TEAM	----

SESSION 2 – M49/M55		WEIGHIN 08:30-09:30 // PRESENTATION 10:30					
LIFTER	DOB	STATE	BWT	TOTAL	SHIRT	UNDER 15	YOUTH
JACK GIBSON	2004	QLD	M49	110	S	TEAM	TEAM
DEACON MERCEICA	2006	NSW	M49	94	M	TEAM	----
FINN LAMOND	2006	QLD	M49	90	XS	TEAM	----
LEVI COBB	2005	QLD	M49	85	M	TEAM	----
ASHER MANZ	2007	QLD	M49	80	XS	TEAM	----
WILL CHANDLER	2006	QLD	M49	69	S	TEAM	----
JACOB STANESBY	2009	WA	M49	57	XS	TEAM	----
LEVI DAVIDSON	2008	QLD	M49	40	M	TEAM	----
LOGAN WEAVER	2005	QLD	M55	143	M	TEAM	TEAM
JAKE BEAUMONT	2004	NZL	M55	120	TBC	GUEST	GUEST
LEVI DEANS	2006	QLD	M55	113	S	TEAM	TEAM
JOEL WOOD	2004	VIC	M55	113	S	TEAM	TEAM
ALI REZA ABR POOSH	2007	NSW	M55	65	XS	TEAM	----

SESSION 3 – F55		WEIGHIN 11:00-12:00 // PRESENTATION 13:00					
LIFTER	DOB	STATE	BWT	TOTAL	SHIRT	UNDER 15	YOUTH
AMBER FIELDER	2003	VIC	F55	123	S	----	TEAM
ISABELLE DEL RIO	2003	NSW	F55	118	S	----	TEAM
HANNAH PICKRELL	2004	TAS	F55	106	S	TEAM	TEAM
RYKAH ROSS	2005	QLD	F55	105	XS	TEAM	TEAM
LAUREN HASTINGS	2004	QLD	F55	95	S	TEAM	TEAM
JESSICA BROUFF	2005	QLD	F55	85	M	TEAM	----
TALIA JOYCE	2005	WA	F55	83	S	TEAM	----
SELINA RICHARDS	2008	QLD	F55	45	XS	TEAM	----



**AIS**



**ELEIKO**





SESSION 4 – M61		WEIGHIN 12:30-13:30 // PRESENTATION 14:30					
LIFTER	DOB	STATE	BWT	TOTAL	SHIRT	UNDER 15	YOUTH
JOHAN ROBERTS	2004	NZL	M61	160	TBC	GUEST	GUEST
HARPER MANZ	2004	QLD	M61	155	M	TEAM	TEAM
JOSHUA DOYLE	2002	NSW	M61	154	M	----	TEAM
LUKE BIDGOOD	2004	QLD	M61	139	S	TEAM	TEAM
NELSON CHENG	2005	NSW	M61	117	S	TEAM	----
MASON CATLOW-ELLIOTT	2002	QLD	M61	113	S	----	TEAM
LACHLAN TURTON	2004	WA	M61	107	M	ENTERED	----
BEN ROTZEID	2004	QLD	M61	106	L	TEAM	----

SESSION 5 – F59		WEIGHIN 14:00-15:00 // PRESENTATION 16:00					
LIFTER	DOB	STATE	BWT	TOTAL	SHIRT	UNDER 15	YOUTH
MADDISON POWER	2003	QLD	F59	155	S	----	TEAM
CATIE STROUT	2003	QLD	F59	122	S	----	TEAM
STEFANI JENNER	2003	QLD	F59	110	M	----	TEAM
KATIE STANTON	2002	TAS	F59	101	S	----	TEAM
AMITY SALISBURY	2003	QLD	F59	97	M	----	TEAM
HELENA MACDONALD	2004	VIC	F59	95	S	----	TEAM
KATIE KNIGHT	2005	QLD	F59	94	S	TEAM	TEAM
KATIE WARD	2004	QLD	F59	93	M	TEAM	TEAM
CHARLOTTE SAXTON	2004	WA	F59	92	S	TEAM	TEAM
ISABELLA JORDAN	2004	SA	F59	89	S	TEAM	TEAM
PIPER GOODWIN	2006	QLD	F59	80	S	TEAM	----
BESS MURRAY	2007	QLD	F59	66	XS	TEAM	----
EMILY BENNETT	2005	QLD	F59	52	S	TEAM	----

SESSION 6 – M67		WEIGHIN 16:00-17:00 // PRESENTATION 18:00					
LIFTER	DOB	STATE	BWT	TOTAL	SHIRT	UNDER 15	YOUTH
JETT GAFFNEY	2002	QLD	M67	212	S	----	TEAM
CAELAN SPICCIA	2002	QLD	M67	168	M	----	TEAM
DEXTER TODD	2004	VIC	M67	164	M	TEAM	TEAM
SETH SCHADENDORFF	2003	VIC	M67	143	L	----	TEAM
JAMES LIU	2003	NSW	M67	134	S	----	TEAM
BENJAMIN LA CUNZA-WATSON	2006	WA	M67	130	M	TEAM	TEAM
LAWRENCE D'MELLO	2003	NSW	M67	130	M	----	TEAM
MAX MCGAVERN	2005	NSW	M67	117	M	TEAM	----
CARL ALETA	2004	NT	M67	115	M	INDIVIDUAL	----
KYLE MUNYARD	2006	QLD	M67	96	M	TEAM	----
HARRY RUDD	2007	QLD	M67	75	L	TEAM	----



**AIS**



**ELEIKO**



SESSION 7 – F64		WEIGHIN 18:00-19:00 // PRESENTATION 20:00					
LIFTER	DOB	STATE	BWT	TOTAL	SHIRT	UNDER 15	YOUTH
TORI GALLEGOS	2003	QLD	F64	165	S	----	TEAM
JAIDA PRICE	2003	NSW	F64	122	S	----	TEAM
TIANA LAWTON	2002	QLD	F64	118	M	----	TEAM
ADELAIDE UTZ	2004	QLD	F64	115	M	TEAM	TEAM
KEIRA RANGI	2007	QLD	F64	110	M	TEAM	TEAM
ZALI SIMES	2003	SA	F64	109	M	----	TEAM
AILISH RICE	2002	QLD	F64	105	S	----	TEAM
LEELA PETERSEN	2004	QLD	F64	90	S	TEAM	----
TAYLAH BOSTON	2004	VIC	F64	90	M	TEAM	----
ADRIARNE CRACKNELL	2004	QLD	F64	78	M	TEAM	----
ALANA CASTLE	2007	QLD	F64	65	XS	TEAM	----

SESSION 8 – M73		WEIGHIN 06:30-07:30 // PRESENTATION 08:30					
LIFTER	DOB	STATE	BWT	TOTAL	SHIRT	UNDER 15	YOUTH
NELSON HARRIS	2002	NSW	M73	238	M	----	TEAM
MICHAEL NIDES	2002	QLD	M73	199	S	----	TEAM
KAIA DAVIS	2004	NIU	M73	187	M	GUEST	GUEST
CONOR MACDONALD	2004	VIC	M73	184	M	TEAM	TEAM
JACK WILKES	2002	NZL	M73	180	TBC	----	GUEST
COREY RADFORD	2004	NSW	M73	167	M	TEAM	TEAM
ALEXANDER MIFSUD	2002	VIC	M73	163	XL	----	TEAM
WESLEY TRUONG	2002	NSW	M73	161	M	----	TEAM
ALAN JI	2002	NSW	M73	136	M	----	INDIVIDUAL
JOSHUA REYNOLDS	2004	QLD	M73	135	M	TEAM	----
SAM CATLOW-ELLIOTT	2004	QLD	M73	130	L	TEAM	----
IAN ORR	2005	NT	M73	126	M	INDIVIDUAL	----
LEWIS SYMONDS	2005	QLD	M73	125	L	TEAM	----
JORDAN O'DELL	2004	QLD	M73	116	M	TEAM	----



ELEIKO



SESSION 9 – F71		WEIGHIN 09:00-10:00 // PRESENTATION 11:00					
LIFTER	DOB	STATE	BWT	TOTAL	SHIRT	UNDER 15	YOUTH
JARIAN HOGAN	2002	NSW	F71	155	M	----	TEAM
ALICIA JOKIC	2002	WA	F71	147	M	----	TEAM
INDI WALLER	2004	WA	F71	136	S	TEAM	TEAM
MONIQUE BOOTH	2004	TAS	F71	108	XL	TEAM	TEAM
MYA VENN	2003	TAS	F71	107	L	----	TEAM
EMMA STEVENS	2004	QLD	F71	101	M	TEAM	TEAM
RIALEY BATY	2004	QLD	F71	98	S	TEAM	----
TE KORIA WATENE	2004	QLD	F71	96	M	TEAM	TEAM
JACINTA SHERWELL	2006	QLD	F71	93	S	TEAM	----
SARAH JONES	2004	VIC	F71	93	M	TEAM	----
CLEO O'DELL	2007	QLD	F71	63	S	TEAM	----
EMMA MOORE	2005	QLD	F71	62	M	TEAM	----

SESSION 10 – M81		WEIGHIN 11:00-12:00 // PRESENTATION 13:00					
LIFTER	DOB	STATE	BWT	TOTAL	SHIRT	UNDER 15	YOUTH
OLIVER SAXTON	2003	WA	M81	200	L	TEAM	TEAM
JOSH SARGEANT	2004	QLD	M81	198	L	TEAM	TEAM
MICHAEL BETTENCOURT RODRIGUES	2002	NSW	M81	178	M	----	TEAM
MAX TOLLER	2003	QLD	M81	177	S	----	TEAM
TAJ MARSH	2004	QLD	M81	156	L	TEAM	TEAM
HAYDEN TREW	2002	VIC	M81	152	L	----	TEAM
LEO ARDAY	2004	QLD	M81	150	M	TEAM	TEAM
JETT HOOVER	2005	WA	M81	99	L	TEAM	----
ALEXANDER LOFT	2006	QLD	M81	90	XL	TEAM	----
ADAM MCWHINNIE	2006	WA	M81	84	M	TEAM	----

SESSION 11 – F76		WEIGHIN 13:00-14:00 // PRESENTATION 15:00					
LIFTER	DOB	STATE	BWT	TOTAL	SHIRT	UNDER 15	YOUTH
KYLIE SALISBURY	2002	QLD	F76	136	L	----	TEAM
ASHTON HOOVER	2002	WA	F76	103	M	----	TEAM
MIA SOUTHAM	2006	WA	F76	99	M	TEAM	----
JORJA LOVE	2004	TAS	F76	97	L	TEAM	----
MACKENZIE BATY	2004	QLD	F76	90	M	TEAM	----
CARLY WHALEN	2004	VIC	F76	89	L	TEAM	----
JESSICA ROWE	2005	QLD	F76	83	L	TEAM	----
ELLA TAYLOR	2004	QLD	F76	75	M	TEAM	----



**AIS**



AUSTRALIAN OLYMPIC COMMITTEE



Australian Government  
Australian Sports  
Anti-Doping Authority



**ELEIKO**



SESSION 12 – F81/F81+		WEIGHIN 14:30-15:30 // PRESENTATION 16:30					
LIFTER	DOB	STATE	BWT	TOTAL	SHIRT	UNDER 15	YOUTH
KELSEY FRANCIS	2002	QLD	F81	115	M	----	TEAM
JEWEL BANKS	2003	TAS	F81	110	XL	----	TEAM
EMILY KIRKPATRICK	2006	TAS	F81	105	L	TEAM	----
EBONY COOPER	2008	TAS	F81	53	XL	TEAM	----
BRONWYN DUNNE	2003	QLD	F81+	176	2XL	----	TEAM
MINIAH SUMMERELL	2003	NZL	F81+	155	TBC	----	GUEST
ABBEY BOON	2004	TAS	F81+	133	M	TEAM	TEAM
HAYLEY DINGLE	2004	QLD	F81+	131	L	TEAM	TEAM
DANICA HOLLOWAY	2004	TAS	F81+	122	XL	TEAM	TEAM
EVARINA COOK	2006	NSW	F81+	118	M	INDIVIDUAL	TEAM
SOPHIE BOURNE	2002	QLD	F81+	111	L	----	TEAM

SESSION 13 – M89/M96/M102/M102+		WEIGHIN 16:30-17:30 // PRESENTATION 18:30					
LIFTER	DOB	STATE	BWT	TOTAL	SHIRT	UNDER 15	YOUTH
JASPA HOPE	2002	QLD	M89	292	L	----	TEAM
ZAC MORRISBY	2003	TAS	M89	156	L	----	TEAM
NATHAN MILHAM	2004	QLD	M89	155	M	TEAM	----
TASHAUN SOLOFA	2005	QLD	M89	152	L	TEAM	TEAM
BOSTON KING	2005	QLD	M89	116	L	TEAM	----
LUCAS HERBERT	2005	QLD	M89	50	2XL	TEAM	----
DILLON FISLER	2002	QLD	M96	228	L	----	TEAM
TYREESE CRUZ	2004	VIC	M96	180	XL	TEAM	TEAM
LUKE GRAY	2004	SA	M96	156	L	TEAM	TEAM
ANGUS WARD	2003	QLD	M102	190	XL	----	TEAM
JOSEPH HAIRA-TE MAARI	2005	QLD	M102+	148	2XL	TEAM	----
DANE PANNOWITZ	2005	QLD	M102+	106	3XL	TEAM	----



**AIS**



AUSTRALIAN OLYMPIC COMMITTEE



Australian Government  
Australian Sports  
Anti-Doping Authority



**ELEIKO**



SYLVIA P