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Affiliated with
International Weightlifting Federation
Oceania Weightlifting Federation
Commonwealth Weightlifting Federation

Member of:
Australian Olympic
Committee
Commonwealth Games
Australia

Supported by Sport Australia

To: State Members, Selected Athletes, Personal Coaches
CC: AWF Directors, Sport Australia, CGA, AOC, OWF, IWF
From: AWF CEO
Date: 3 May 2019
Subject: 2019 Oceania & Commonwealth Championships Team

On behalf of the Australian Weightlifting Federation, it is my pleasure to announce and congratulate the Athletes who have been selected, and endorsed by the AWF Board of Directors, to represent the AWF at the 2019 Oceania Championships and 2019 Commonwealth Championships, taking place at Apia, Samoa, on 8 – 13 July, 2019.

The AWF acknowledges the importance of the Personal Coaches who provide daily support to these athletes and congratulates them on their success, reflected in the achievements of their athletes.

Senior Men

Category	Athlete	State	Personal Coach
73kg	Brandon Wakeling	QLD	Miles Wydall
89kg	Joel Gregson	WA	Antony Usmar
89kg	Boris Elesin	VIC	Aghvan Grigoryan
96kg	Ridge Barredo	NSW	Michael Pang
96kg	Jake Douglas	NSW	Troy Smith
109kg	Matthew Lydement	QLD	Damon Kelly
109kg	Jackson Roberts-Young	NSW	Peter Upham

Senior Women

Category	Athlete	State	Personal Coach
59kg	Erika Yamasaki	QLD	Angela Wydall
59kg	Seen Lee	VIC	Anthony Dove
64kg	Kiana Elliott	SA	Martin Harlowe
64kg	Sarah Cochrane	QLD	Bryce Knight
71kg	Ebony Gorincu	QLD	Miles Wydall
76kg	Stephanie Davies	SA	Jordan Steffans
87kg	Kaitlyn Fassina	TAS	Lionel Isaac
+87kg	Charisma Amoe-Tarrant	QLD	Paul Coffa

PRINCIPAL PARTNER



Junior Men

Category	Athlete	State	Personal Coach
89kg	Kyle Bruce	NSW	Alireza Arpanahi
96kg	Ben Ward	QLD	Regan Hams

Junior Women

Category	Athlete	State	Personal Coach
64kg	Sabah Chamoun	NSW	George Chamoun
71kg	Isabel Lorenzi	NSW	Alireza Arpanahi
+87kg	Charisma Amoe-Tarrant	QLD	Paul Coffa

Youth Men

Category	Athlete	State	Personal Coach
67kg	Jett Gaffney	QLD	Miles Wydall
67kg	Kolby Green	QLD	Miles Wydall
73kg	Nelson Harris	NSW	Troy Smith
73kg	Oliver Saxton	WA	Jay Saxton
89kg	Jaspa Hope	QLD	Leanne Knox
89kg	Dillon Fisler	QLD	Miles Wydall

Youth Women

Category	Lifter	State	Personal Coach
55kg	Desree Barnes	QLD	Miles Wydall
55kg	Amber Fielder	VIC	Goran Vukojevic
59kg	Maddison Power	QLD	Callum Hannay
64kg	Tori Gallegos	QLD	Greg Hobl
71kg	Ruby Carwardine	WA	Adrian Frankling
71kg	Jarian Hogan	NSW	Peter Upham
+81kg	Bronwyn Dunne	QLD	Callum Hannay
Reserve 71kg	Alicia Jokic	WA	Danielle Waller

The AWF will nominate the athletes who are selected in the Senior Men's Team and Senior Women's Team above, to the Australian Olympic Committee (AOC) for selection in the Australian Team for the 2019 Pacific Games. The selection of athletes for the 2019 Pacific Games is the preserve of the AOC, and the AOC will announce their selections in due course.

Thanks to the generous support of the Australian Government through Sport Australia, the AWF is able to provide funding to alleviate the personal costs associated with each athlete's participation in the 2019 Oceania Championships and 2019 Commonwealth Championships.

We wish the Team every success in Apia.

Ian Moir
CEO