



Information Bulletin

23 April 2020

AWF 2020 National Championships

While sport as we know it remains suspended in the wake of the COVID-19 pandemic, planning for the eventual reinstatement of normal activities continues. The Australian Institute of Sport has produced an advisory guide for the gradual return of sport and although it isn't available for distribution yet, the information that the AIS shared with National Sporting Organisations this week is very encouraging and it supports an expectation that restrictions on sport will begin to ease sooner rather than later.

On 31st March, the AWF Board of Directors and representatives of all State and Territory Member Associations engaged in a national teleconference to discuss what was then an escalating situation across the country. During that meeting, the AWF High Performance Commission (HPC) was tasked with proposing a road map for the way back to staging National Championships, as restrictions on training and travel are eased.

The HPC agreed on the following guiding principles to create a timetable for the scheduling of AWF National Championships in 2020:

- The minimum lead-in/training time for a competition is 12 weeks;
- The "12 week clock" starts when ALL weightlifting clubs in Australia are permitted to resume normal operations;
- The original commencement dates of qualification periods remain unchanged;
- Qualification periods end seven weeks prior to the new competition date;
- Entries close six weeks prior to the new competition date;
- A National event in the usual format, i.e. a single gathering, can only occur when ALL restrictions are removed from indoor gatherings and interstate travel for residents of ALL States and Territories;
- National events may be conducted as email tournaments, as a last resort before cancellation;
- If restrictions are still imposed on the operations of ANY weightlifting clubs in Australia by Monday 28th September, all 2020 AWF National Championships may be cancelled.

AWF 2020 National Championships Scheduling Guide

All clubs open	Competition date	End of qualifying period	Entries close
11-May	1-Aug	14-Jun	19 Jun
18-May	8-Aug	21-Jun	26-Jun
25-May	15-Aug	28-Jun	3-Jul
1-Jun	22-Aug	5-Jul	10-Jul
8-Jun	29-Aug	12-Jul	17-Jul
15-Jun	5-Sep	19-Jul	24-Jul
22-Jun	12-Sep	26-Jul	31-Jul
29-Jun	19-Sep	2-Aug	7-Aug
6-Jul	26-Sep	9-Aug	14-Aug
13-Jul	3-Oct	16-Aug	21-Aug
20-Jul	10-Oct	23-Aug	28-Aug
27-Jul	17-Oct	30-Aug	4-Sep
3-Aug	24-Oct	6-Sep	11-Sep
10-Aug	31-Oct	13-Sep	18-Sep
17-Aug	7-Nov	20-Sep	25-Sep
24-Aug	14-Nov	27-Sep	2-Oct
31-Aug	21-Nov	4-Oct	9-Oct
7-Sep	28-Nov	11-Oct	16-Oct
14-Sep	5-Dec	18-Oct	23-Oct
21-Sep	12-Dec	25-Oct	30-Oct
28-Sep	19-Dec	1-Nov	6-Nov

The format of events will depend on the ability of Australians to travel. If, by August, any interstate travel restrictions remain in place, but large indoor gatherings are permitted, a decision will be made on whether or not to abandon plans for face-to-face championships and conduct them as email tournaments instead.

ISO LIFT

Online weightlifting competitions are currently being conducted by various organisations to help keep athletes engaged while observing the all-important social distancing regulations that are controlling the spread of COVID-19. The AWF's version: **ISO LIFT**, will commence next month. More information about this online competition will be circulated very soon.

2020 ELEIKO Email International Lifters Tournament

The Oceania Weightlifting Federation will conduct a world-wide online tournament in July. This competition is open to all lifters aged 18 and over, with prizes of ELEIKO training bars on offer. See the OWF website for more information: <http://www.oceaniaweighting.com/>

2020 World Masters Championships Cancelled

The IWF Masters Executive Board and active Co-opted Members decided to cancel the 2020 IWF Masters World Championships and confirm that the 2022 IWF Masters World Championships will be held in Orlando USA on 18 - 27 August 2022.

At this stage, the IWF Masters Committee is hopeful of the 2021 World Masters Games and IWF Masters World Championship taking place as scheduled in Kansai, Japan.

Read the full IWF Masters communique here: [IWF Masters Notice](#)