



# 20 ANNUAL 15 REPORT







# VISION

*Weightlifting; everywhere, every sport,  
every medal*



## **AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED**

ABN 73 150 873 587

*Affiliated with International Weightlifting Federation, Commonwealth Weightlifting Federation,  
Oceania Weightlifting Federation*

*Member of Australian Olympic Committee, Australian Commonwealth Games Association*

## **BOARD OF DIRECTORS**

### **Chair**

Ms Danielle Waller

### **Directors**

Mr Damon Kelly

Mr Lyn Jones

Mr Pedro Sanchez

Ms Deborah Aason

Ms Leanne Goldsworthy

Mr Phil Maunder (Resigned)

### **Chief Executive Officer**

Mr Michael Keelan

Australian Weightlifting Federation Limited

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## MESSAGE FROM THE AUSTRALIAN SPORTS COMMISSION

The past year has seen considerable success and progress for Australian sport on the world stage, for the Australian Sports Commission (ASC) and our elite sport partners and athletes. The Government's 2014–15 investment of nearly \$120 million continues to be refined to ensure funding is aligned to sports with the greatest potential to contribute to *Australia's Winning Edge 2012–2022* targets and maximise our chances at success.

Since *Winning Edge* was launched, the AIS re-allocated \$20 million of high performance funding among sports and boosted direct athlete funding (dAIS) by \$3.6 million or 40 per cent.

The Sports Tally 2015 — the annual report card for Australian sports — revealed promising signs as we gear up for the Rio 2016 Olympic and Paralympic Games, while highlighting some of the challenges presented by our performance at the 2014 Glasgow Commonwealth Games.

In March the Commission launched *Play.Sport.Australia.* — our plan to help NSOs build participation in sport and make sure all Australians enjoy its benefits. Sports have the opportunity to attract more than 4.5 million Australians into their communities. It's important that we work together to ensure that more Australians, particularly young Australians, participate in sport more often and that we have strong organisations that deliver the products and opportunities Australians want.

Some highlights in 2014-15 included:

- **Personal excellence** — The most significant athlete wellbeing program in AIS history, incorporating myAISPlaybook — a new high performance athlete learning and development platform.
- **AIS Sports Draft** — Athletes selected in this fast-tracked development came together at the AIS to share their journeys as they transition to Olympic or Commonwealth Games sports.
- **AIS Centre for Performance Coaching and Leadership** — More than 45 coaches graduated from the centre, providing development and mentoring for our brightest coaches and administrators.

As our attention starts to focus on Rio and the major events leading up to the Games, I look forward to the ASC teaming up with your organisation to help put our athletes in the best possible position and enhance our chances of success.



**John Wylie AM**  
Chair  
Australian Sports Commission

## **AWF NATIONAL COMMITTEES**

<b>High Performance Program Panel</b>	Mr Lyn Jones (Chair), Mr Greg Haff, Mr Leo Isaac, Ms Jacquie White
<b>National Selectors</b>	Mr Lyn Jones (Chair), Ms Jacquie White, Mr Michael Keelan
<b>Finance &amp; Audit</b>	Ms Danielle Waller (Chair), Mr David Brady, Mr Michael Keelan
<b>Technical</b>	Mr Pedro Sanchez (Chair), Mr Ian Moir, Mr Phil Maunder
<b>Anti-Doping</b>	Mr Ian Moir, Mr Michael Keelan
<b>Masters Panel</b>	Mr Lawrence Townsend, Ms Coral Quinell, Ms Danielle Waller (resigned)
<b>Team Officials Nominations Panel</b>	Mr Lyn Jones (Chair), Ms Leanne Goldsworthy, Mr Phil Maunder
<b>Company Attorney</b>	Mr Glenn Ferguson, Ferguson Cannon Lawyers
<b>Company Auditor</b>	Mr Louie Kortesis, Zest Accounting
<b>Company Secretary</b>	Mr Michael Keelan
<b>ACGA/AWF Rep</b>	Mr Lyn Jones
<b>AOC/AWF Rep</b>	Mr Damon Kelly & Ms Deborah Acason

## STATE MEMBERS

<b>Weightlifting ACT</b>	Ben Winter-Giles Michael Klinkert	President Secretary
<b>New South Wales Weightlifting Association</b>	Chris Michaelopoulos Luke Borreggine	President Hon.Exec Director
<b>Northern Territory Weightlifting Association</b>	Kelly Rau Graeme Walker	President Secretary
<b>Queensland Weightlifting Association</b>	Miles Wydall Ian Moir	President General Manager
<b>South Australia Weightlifting Association</b>	David Augustyniak Autumn Lee	President Secretary
<b>Victorian Weightlifting Association</b>	Phil Goodman Ryan Mitchell	President Operations Manager
<b>Weightlifting Tasmania</b>	Leo Isaac Lyndal Kimpton	President Secretary
<b>Weightlifting Western Australia</b>	Bob Pavone Jay Saxton	President Secretary



## AWF WORKFORCE

Operationally, Australian Weightlifting employs only one full time staff member and contracts six Independent Service Suppliers.

### **Chief Executive Officer**

- Mr Michael Keelan (**KMP Band 2**) QLD

### **Manager – Coach Education Program**

- Ms Debra Keelan QLD

### **Manager - Finance**

- Ms Danielle Waller WA

### **Manager – Information Technology & Communications**

- Mr Bowen Stuart QLD

### **Manager - Business Development**

- Mr Phil Maunder (resigned 30 June) SA

### **High Performance Coordinator**

- Ms Jacquie White (commenced April) VIC
- Mr Lyn Jones (resigned 30 June) ACT

### **Media Consultant**

- Mr Ross Solly ACT

In accordance with good governance, the six Independent Service Suppliers are managed by the Chief Executive Officer, who in turn reports to the Board of Directors (through the Chair). The cost for CEO salary and service fees to our Independent Service Suppliers amounted to \$305,500 per annum.

Subject to clause 13.14 of the AWF's Constitution, a Director **may not** be paid for services as a Director but, with the approval of the Directors and subject to the Corporations Act, may be paid by the Company for services rendered to it, The AWF Board has never hidden the fact, and it is widely known by all State Members that three Directors have in the past received remuneration for service to the company that goes above and beyond what is expected of a Board Director. In 2016 only one Director will receive remuneration for company services.

## BOARD OF DIRECTORS

An enormous amount of work continues to be carried out by the Board of Directors, all of whom act in an honorary capacity. As per Article 13 of the AWF Constitution, the Board of Directors is as follows:

### DIRECTORS:

- Ms Danielle Waller (Chair) [Rotation concludes 2015 AGM]
- Ms Deborah Acason [Rotation concludes 2017 AGM]
- Ms Leanne Goldsworthy [Rotation concludes 2017 AGM]
- Mr Damon Kelly [Rotation concludes 2017 AGM]
- Mr Lyn Jones [Rotation concludes 2016 AGM]
- Mr Pedro Sanchez [Rotation concludes 2016 AGM]
- Mr Phil Maunder [Resigned 4<sup>th</sup> September 2015]

### BOARD MEETING ATTENDANCE:

January 2015 - November 2015

- |                           |     |                    |     |
|---------------------------|-----|--------------------|-----|
| ▪ Danielle Waller         | 5/5 | Deborah Acason     | 5/5 |
| ▪ Lyn Jones               | 5/5 | Damon Kelly        | 5/5 |
| ▪ Pedro Sanchez           | 5/5 | Leanne Goldsworthy | 5/5 |
| ▪ Phil Maunder (resigned) | 3/5 |                    |     |
| ▪ CEO Ex-officio          | 5/5 |                    |     |



## CHAIR'S REPORT

I still find it unbelievable that I have been Chair of a Board that is represented by forty percent of female Directors. What an honour and privilege it has been to Chair the Board for the past year, and what a joy to have shared it with such a devoted, talented, diverse, experienced and knowledgeable group of individuals who make up the AWF Board of Directors – Lyn Jones, Pedro Sanchez, Damon Kelly, Deborah Aason, Leanne Goldsworthy and Phil Maunder (resigned September 2015)

Soon after the last AWF AGM, I had the pleasure of welcoming three new Directors to the AWF Board - Elected Director, Damon Kelly and Board Appointed Directors Deborah Aason and Leanne Goldsworthy who hit the ground running from day one of their three year terms.

It's only fitting that I place on public record a huge thank you on behalf of the company to all of the outgoing Directors - Dr Robert Mitchell, Boris Kayser, Mary Macken and Phil Maunder. During their terms in office each Director provided countless hours of selfless voluntary services to the AWF whilst attending meetings, taking on many AWF projects, working on sub-committees and playing major roles in developing the AWF's relatively new Constitution and 2015-2018 Strategic Plan. I am pleased to report that all four former Directors are still providing services of one sort or another to ensure the continuation of AWF on-going development.

In January 2015, we all began working on the high-level Key Performance Indicators (KPIs) contained within our Strategic Plan. These KPIs are deliberately ambitious and will take exceptional levels of energy and commitment from all stakeholders to fully attain.

KPIs include: having two female weightlifters and one male weightlifter qualify for the 2016 Rio Olympic Games; generate \$1M dollars of annual revenue from AWF education courses and corporate sponsorship by 2018; have 1000 spectators come along to AWF national events by 2018; have 1800 platform competitors taking part in AWF calendar events by 2018; increase the number of independent presenters of AWF courses to 40 by 2018; and most importantly, win at least five medals at the 2018 Gold Coast Commonwealth Games.

We have been making strong progress toward achieving these KPIs. Our high Performance Program has been enhanced by procuring the professional services of our full-time High Performance Coordinator, Jacquie White. Jacquie who commenced duties in April this year, has been working diligently with the AWF High Performance Program Panel and the personal coaches of our aspiring athletes.

Jacquie has worked collaboratively with our partners: Australian Institute of Sport; Australian Commonwealth Games Association (ACGA); and Australian Olympic Committee (AOC). Unquestionably, the relationship with these groups is stronger now than ever before.

The AWF Board continues to invest money in sending our representative teams to contest Senior, Junior and Youth World Championships, Oceania Championships and Commonwealth Championships across all age groups. AWF athletes also represented the AOC at the 2015 Pacific Games in PNG (the first time Australia has been invited to contest this major regional event) and represented the ACGA at the 2015 Commonwealth Youth Games in Samoa. The make-up of the representative teams and athlete performances at these events are detailed in another section of this report.



The AWF Coach Education Program has expanded. As well as the Club Weightlifting Licence, State Weightlifting Licence and National Weightlifting Licence, 2015 witnessed the introduction of the Sports Power Coach Level 3 and the one-day Physiotherapists Coach Licence course. Both of these courses have been well received in 2015 and fulfil an educational need for individuals working within fitness and medical fields.

Pleasingly, more and more individuals are now wanting to be engaged as presenters for the AWF's very successful Coach Education Program. An additional nine presenters have now joined the expanding AWF presentation team, fortunately we now have at least two lead presenters who reside in each of the six different states.

I am delighted to report that as a result of our growing membership and elevated interest in weightlifting, more and more people are coming along to watch local, state and national weightlifting events. During the course of the 2015 Olitek Australian Senior/Junior Championships over 800 weightlifting fans came to the Eleiko Victorian Weightlifting Stadium to support the lifters contesting the AWF's most prestigious national championships, and they weren't disappointed with what they witnessed.



Over 5,000 spectators watched the 2015 Eleiko Club Challenge Final which formed part of the Brisbane Health & Fitness Expo, the crowds produced an amazing atmosphere that athletes revelled in.

The Chief Executive Officers report will include important figures relating to the AWF's growth. Suffice for me to state at this point that the AWF Board is mindful of its achievements. It is a fact that the AWF has more accredited coaches, more clubs, more technical officials, more athletes and more opportunities to participate in weightlifting programs than ever before, regardless of gender, age, size or ability level. We should all be content knowing that weightlifting is a sport that welcomes everybody, providing clear pathways for athletes, coaches, technical officials and other personnel and organisations to step on and experience a meaningful and enjoyable sporting experience.

You will not be surprised to read that 2015 has been another challenging and busy year, the stewardship acted out by the Board has kept our finances in a sound state and our governance measures continue to improve.

I offer the Board's grateful thanks to our CEO, Michael Keelan, who, along with the Industry Service Suppliers, myself as Finance Manager, Jacquie White, High Performance Coordinator, Deb Keelan, CEP Manager, Bowen Stuart, IT & Communications Manager and Ross Solly Media Consultant, take on a multitude of tasks to ensure the day-to-day company administration is conducted in a smooth, efficient and timely manner.

I record my gratitude on behalf of the Board to ASC CEO, Simon Hollingsworth and AIS Director, Matt Favier, outgoing ACGA CEO, Perry Crosswhite, incoming ACGA CEO, Craig Phillips, and John Coates, AOC President. The AWF acknowledges the support of these individuals and the generous financial investment and various forms of in-kind provision received from their organisations - the Australian Sports Commission, Australian Institute of Sport, Australian Commonwealth Games Association and the Australian Olympic Committee. The achievements of our athletes on various international platforms would not be possible without the understanding and close collaboration of these high performance partners.

The AWF's relationship with our regional authority, Oceania Weightlifting Federation, continues to strengthen. The VWA, on behalf of the AWF hosted the 2015 Oceania Masters Championships which attracted over 100 athletes. Our younger athletes participated in the Oceania Talent Identification Program resulting in Yasmin Carter, a promising youth female athlete, being invited to train alongside other talented teenagers from our region and attend a training camp that will be delivered in New Caledonia during December. Francois Etoundi, Commonwealth Games Silver Medalist and Rio Olympic Games Team contender, attended a week long Oceania Elite Training Camp in October. The AWF will also contribute to discussions relating to further OWF development at a seminar taking place in Samoa during early December, the AWF Rep being Craig Wegert. I place on record my thanks to Paul Coffa, OWF General Secretary, for his continued commitment to developing our region and to the OWF for fully funding the three initiatives highlighted above.



Sponsorship is always hard to procure. I express my sincere gratitude to OLITEK for its ongoing support, Deb, Steve and James Oliver have backed the AWF since 2012 and we appreciate their generous financial commitment to AWF programs and services. To John Epta at Tonic, thanks for your input of time, creativity and direction during the last two-years. To our two new sponsors in 2015, thank you Leisure Concepts Australia, Australian supplier of Eleiko equipment for your support of the AWF and naming rights sponsor for the 2015 Eleiko Club Challenge, and thank you Where2Travel who have looked after the AWF's team travel needs for numerous years. We would also like to thank our lifting suit sponsor Sylvia P, they looked after our lifting suit needs for all Australian teams in 2015.

Periodically the IWF grants awards to people worldwide who have rendered long and conspicuous service to the Sport of Weightlifting through their nations and/or direct to the IWF. During the 2015 Olitek Australian Senior/Junior Championships Mr Sam Coffa, IWF Vice President and Chair of the IWF Technical Committee alongside My Lyn Jones, AWF Director and member of the IWF Coaching and Research Committee, presented Mr Anthony (Tony) Villanti with the *IWF - National Honour Medal*.



Unfortunately, I was not able to be there in person to witness the handing over of this prestigious award and shake Tony's hand. I personally congratulate Tony, and like many others,



thank him in recognition of his incredible voluntary efforts in support of weightlifting development at local, state, national and international levels for over a half-century.



Ms Debra Keelan and Mr Robert (Bob) Taylor are two other extraordinary people, who have made a significant contribution to the development and conduct of weightlifting over many years. Deb and Bob will receive the Hall of Fame Medallion, the ultimate peer-recognition only bestowed on the AWF's greatest performers and builders who are inducted into the AWF Hall of Fame.

A year ago when I first became the AWF Chair, it happened without any premeditation or planning on my behalf. As a result I feel it is time for me to make some planning, and to make a statement as to what I stand for.

The one thing I would like to bring to the AWF, to make a difference, is the premise of respect. Respect for all, and from all. We have a great organisation, full of people with many great talents, and many great experiences to bring to the table. The AWF is an organisation I am very proud to be a part of.

I think where we can be better is that word I mentioned before – RESPECT. You don't have to like everyone, or even agree with everyone. But for a body to be the best it can be and be prosperous, you must have respect for everyone. Every athlete has a place in the AWF, every coach, every official and volunteer, every administrator and worker, and every fan.

Respect for one another is what I stand for.

In closing I offer my special thanks to the athletes, coaches, Technical Officials, State and Club Officers for the success achieved and the hard work done throughout 2015.



**Danielle Waller**

Chair – AWF Board of Directors

## CEO'S REPORT

The Australian Weightlifting Federation Limited is the national sporting organisation body responsible for the sport of Weightlifting in Australia.

In delivering this report, I look back on what has happened during the past year in relation to the 2015-2018 Strategic Plan.

The ***AWF Vision - Weightlifting; everywhere, every sport, every medal*** reflects high performance, participation and governance outcomes derived from engagement in weightlifting activities taking place at local, national, regional and world levels.

The AWF will know it is successful and is making strong progress towards its Vision when the following are achieved:

- Medals in multiple categories at benchmark events;
- Government and the community acknowledge weightlifting's contribution to Australia's sporting success;
- Weightlifting takes place anywhere, anytime, at any age allowing Australians to enjoy the physical, mental and social benefits of weightlifting;
- People want to be part of the weightlifting community and form a strong supporter base; and
- AWF is financially independent and commercially sustainable;

### **MEDALS IN MULTIPLE CATEGORIES AT BENCHMARK EVENTS (BME)**

Following close collaboration with AIS high performance personnel, the AWF Board determined that there would be two benchmark events in 2015. The first, aimed at senior male athletes, the 2015 Commonwealth Championships taking place in Pune, India. The second, aimed at our senior female athletes, the 2015 World Championships taking place in Houston, USA.

The Commonwealth Senior, Junior & Youth Championships were the premier event at Commonwealth level in 2015. Overall the event attracted 139 competitors from 22 nations, with 63 competitors from 20 nations contesting the Senior Men's Championship.

AWF Team members prepared for the Commonwealth Championships in their usual club/state-based daily training environment. The team was selected six weeks prior to the Commonwealth Championships, following the final qualifying event, which was the 2015 National Championships. In hindsight this timeframe was too short and did not allow adequate preparation time especially for those athletes, who had to peak at the National Championships in order to earn a place in the team.

The two silver medals were won by Commonwealth Games bronze medalists Francois Etoundi and Damon Kelly. The team placed 3rd in the overall senior men's team classification.

Although the Junior & Youth Championships were not part of the BME, it is worth noting that Australia won five medals at the event from seven athletes. Two junior male athletes and one youth male athlete won medals, whilst the sole female member of the team won medals in both the youth and junior age groups. The performances of the junior and youth athletes show positive signs for the future.

The second BME, 2015 World Championships took place in Houston during the period 20<sup>th</sup> -28<sup>th</sup> November. Although six out of the seven team members recorded personal best's at the event the competition was so fierce the team did not meet its placing target and as a consequence will now have to qualify one woman to contest the Rio Olympic Games through next year's



Regional Qualification event taking place in Fiji during May. The individual results of the athletes will be detailed later in the report.

AWF athletes contested a number of none benchmark events in 2015, the Oceania Junior and Youth Championships that took place simultaneously with 2015 Pacific Games in Port Moresby, PNG. The AWF was represented at both the World Youth Championships that were delivered in Lima, Peru and the World Junior Championships in Wroclaw, Poland.

International events are the stepping stones to success providing our representative athletes with opportunities to gain valuable competition experience, work in a team environment and hone the skills that will be required to achieve target performances when it counts.

The timing of team selections and athlete monitoring (particularly of non-categorised athletes) are both areas that require attention moving forward to ensure that athletes are better prepared for BMEs. The issue regarding qualifying periods has already been addressed for 2016. Likewise additional measures have been put in place, requiring athletes/personal coaches to submit training videos to the High Performance Coordinator and appointed team coaches for the women's BME, this will ensure athlete preparation has been achieved and team coaches' knowledge of the team athletes is enhanced.

Earlier this year the AWF was pleased to announce the athletes that were selected as members of the Australian Commonwealth Games Association's *NextGEN AUSComGames 2015 Squad*.

The ***NextGEN AUSComGames Squad*** recognises talented junior athletes, who have the potential to be selected in future Australian Commonwealth Games teams by assisting them to gain international competition experience. For 2015 the ACGA generously invested \$33,300 towards our young athlete's participation at the Youth World Championships (Lima, Peru, 7-12 April), Junior World Championships (Wroclaw, Poland, 6-13 June), Oceania Junior & Youth Championships (Port Moresby, Papua New Guinea, 6-9 July) and Commonwealth Junior & Youth Championships (Pune, India, 12-17 October).

August 2015 witnessed the 2015 Commonwealth Youth Games which took place in Samoa. The ACGA fully sponsored our five youth athletes and Coach/Manager. The team came home with three medals.

I wish to place on record our grateful thanks to the ACGA outgoing CEO, Perry Crosswhite and incoming CEO Craig Phillips, Diane Gallagher, Director of Sport for their support of Australia's young weightlifters during 2015.

The AWF were able to field a full team of eight male athletes, seven female athletes and four team support personnel at the 2015 Pacific Games in PNG. This would not have been possible without the generous support of the AOC. Team members certainly gained a lot from their Pacific Games experience, the AWF team support personnel enjoyed working with the AOC staff pre-during-post the event.

The AWF Board thanks the AOC President John Coates, CEO, Fiona de Jong and Jane Fernandez, General Manager Sport for their ongoing support.

The Australian Sports Commission (ASC) is the AWF's Principal Partner.

The Australian Sports Commission (ASC) is the Australian Government body that supports, develops and invests in weightlifting at all levels throughout Australia. In 2014 the AWF received \$384,000, in 2015 the investment from the ASC increased to the generous figure of \$412,000. This funding enables the ASC and the AWF to work closely together to build the

capability and capacity of the Australian Sports System, from the grassroots community level to high performance sport.

The AWF/ASC/AIS relationship focuses on fostering, supporting and encouraging weightlifting participation at the community level, and providing Australian weightlifters and coaches with the support systems and programs needed to build and sustain Australia's international sporting success.

The direction provided by the Federal Government has been enthusiastically delivered by the Australian Sports Commission, led by Chairman Mr John Wylie AM, supported by the efforts of the broader executive and management team at the ASC and AIS.

The ASC and AIS continue to provide the AWF with services, advice and support in addition to their funding. The AWF is most appreciative of the ASC/AIS outstanding contribution and wishes to place on record its thanks to ASC CEO Simon Hollingsworth, Matt Favier, AIS Director, Andrew Pratley, Adam Gerasimou and Adam Baxter for their assistance in 2015.

### **GOVERNMENT AND THE COMMUNITY ACKNOWLEDGE WEIGHTLIFTING'S CONTRIBUTION TO AUSTRALIA'S SPORTING SUCCESS**

Australia's 2012-2022 sport performance targets are: top 5 nation at the 2016/2020 Olympic and Paralympic Games; top 15 nation at the 2018/2022 Winter Olympics and Paralympics; #1 Commonwealth Games nation at the 2018/2022 Commonwealth Games; and 20+ World Champions annually.

The above targets are aligned with the Australian Olympic Committee, Australian Paralympic Committee and Australian Commonwealth Games Association (ACGA). They reflect the individual ambitions of sports, with an overlay from the ASC and State Institutes and Academies of Sport.

Realistically, AWF athletes are not currently in a position to contribute to the medal tally at the 2016 and 2020 Olympic Games. One could argue that the AWF's Coach Education Program could contribute indirectly to the success gained by athletes from other disciplines who win medals at the Olympics/Paralympics or become World Champions.

The AWF's main aim is to make sure that the ACGA's team sits on top of the medal tally board at the cessation of future Commonwealth Games.

The AWF, like other National Sporting Organisations (NSOs), is central to Australia's high performance system and is responsible for delivering high performance sport programs. The AWF through its State Members has established good relationships with some of the SIS/SAS agencies, AWF programs are delivered through environments that support coaches, athletes and teams to perform at their best for national and international competition. In addition, the AWF is identifying and nurturing our next generation of weightlifters by providing pathways to achieve international sporting success.

During 2015 the AWF Board has taken steps to ensure:

1. Appropriate plans have been put in place that are being monitored, reviewed and modified when required;
2. Athletes are given opportunities to contest international events and achieve international success;
3. Athletes can access appropriate training facilities, science and medical support, top coaches, domestic and international competition and training camps;

4. Evidence based decisions are being made emanating from sound objective and subjective criteria used to appoint Team support Personnel, select and categorise athletes;
5. Maintenance of good governance and capability through strong leadership, consulting with and working collaboratively with stakeholders and partners.

## **WEIGHTLIFTING TAKES PLACE ANYWHERE, ANYTIME, AT ANY AGE ALLOWING AUSTRALIANS TO ENJOY THE PHYSICAL, MENTAL AND SOCIAL BENEFITS OF WEIGHTLIFTING**

The AWF Board has always been cognisant of the fact that engagement in weightlifting activity begins through a club or school.

Some State Members, depending on availability of resources, have managed to develop relationships of varying degrees with schools by offering in-house services or conducting inter-school competitions. Often access into schools is not easy and this has been somewhat of an inhibitory factor in getting more school students to become involved with weightlifting.

***Sporting Schools*** is a \$100 million Australian Government initiative designed to help schools to increase children's participation in sport, and to connect children with community sport. In partnership with more than 30 National Sporting Organisations it is envisaged that Sporting Schools will help to coordinate sporting organisations, coaches and teachers to deliver sport before, during and after school hours. The AWF is not currently associated with this program, in the future the AWF Board will look at how we can be.

In accordance with AWF Constitution a club is an incorporated body or group of persons recognised by, and registered with a State Member. 2015 witnessed a 33% increase in the number of AWF Club Members.

Individuals who join these clubs gain access to specialised weightlifting equipment, accredited coaches, training and competition programs which are commensurate to the person's ability level leading to enjoyable mental and social benefits while simultaneously enhancing the person's health and well-being.

In 2015 more than 900 male athletes and more than 600 female athletes contested over 240 competitions that have been delivered throughout Australia from January through to December, weightlifting is not a seasonal activity; it's an all year round sporting activity that can be accessed at anywhere and anytime. All these athletes are financial members of their respective State body and registered on the AWF database as individual members.

Throughout 2015 the AWF has met its obligations to ASADA and has maintained compliance with the IWF ADAMS. When requested the AWF Office has supplied ASADA with RTP details, DTP details, details of any scheduled training camps, up-to-date competition calendar and competitor entry lists. Athletes who are members of national squads have to undergo annual anti-doping education. All coaches and appointed Team Support Personnel must achieve ASADA Certification before gaining NCAS accreditation or being selected in representative teams. I personally thank Ian Moir for all his efforts in ensuring that the AWF continually strives for pure-performance.

Weightlifting is a life-long activity. Our competitors can be aged as young as ten years old or mature aged as 80 years young. In 2015 Weightlifters have taken part in Club, State, National and International competitions for athletes of both genders aged Under 15, Under 17, Under 20, or Over 35, no matter what age there is a competition that suits.

2015 National events took place in Melbourne - Olitek Australian Masters Championships and Olitek Australian Senior/Junior Championships, Brisbane - U15/U17 Championships, Eleiko Club Challenge Final and Australian Open. The VWA and QWA did marvellous jobs in presenting these national events and our thanks extend to all of the people who provided input and efforts to ensure their success.

A big THANK YOU to AWF State Members and Clubs, predominantly made up of volunteers, who continue to provide services that provide individuals and groups with greater opportunities to gain access into weightlifting programs and services.

## **PEOPLE WANT TO BE PART OF THE WEIGHTLIFTING COMMUNITY AND FORM A STRONG SUPPORTER BASE**

It's a fact that you cannot be part of something you do not know exists.

In 2015 the AWF Board continued to take steps to increase the awareness in the Australian media of the excitement and potential of the sport of weightlifting. In less than 12 months we have grown from sparse coverage in newspapers, on television and on radio, to getting decent coverage in all the main media markets.

We have built up a strong relationship with all the major media markets, and there is the promise of much more to come in the lead up to Rio. As a rule, AWF Media Consultant, Ross Solly, tries to send 'newsy' items to media outlets at least once a fortnight, but much more regularly during major events. The media has also responded positively to the regular news updates, and our coverage during major events.

Not surprisingly, most of our media coverage is focused around our two 'big' names – Damon Kelly and Erika Ropati-Frost. Below are examples of just a couple of great stories run in major media organisations.

- [Fear the beard: Big man Damon Kelly throwing his weight towards Rio 2016](#)
- [Weightlifter gains inspiration from her husband towards Rio Olympic dream](#)
- [Ropati Frost creates weightlifting history](#)
- [Blind Australian weightlifter Malek Chamoun wins gold at 2015 Pacific Games](#)

The key now is to build on the inroads the AWF has made. With the Rio Olympic Games just around the corner, and the Commonwealth Championships and then the 2018 Commonwealth Games on the Gold Coast, we have a great opportunity to further elevate the profile of our sport.

The AWF Board has also utilised several Olympic opportunities that have come our way, like getting Kianna Elliott and Pip Malone onto a Channel 7 Olympic-themed "My Kitchen Rules", and getting an upcoming feature on Damon Kelly into Men's Health magazine.

The AWF's social media platforms – Facebook, Twitter, Youtube and Instagram – have continued to add significant numbers in 2015 and has consolidated its place as the primary source for disseminating and consuming weightlifting news. While most of the 'heavy lifting' has been undertaken by Bowen Stuart, AWF IT & Communications Manager, Ross Solly has also worked hard to foster a relationship with major players like the Australian Olympic Committee and the Australian Sports Commission. This has led to regular 'Road to Rio' blogs from both Damon Kelly and Erika Ropati-Frost, and regular coverage of all our events. Below is an example of some recent coverage.

- [Ropati-Frost creates weightlifting history](#)
- [World Champs here I come! | Erika's blog](#)
- [Kelly edges closer to Olympic qualifier](#)
- [Lifting my way to a third Olympics | Damon's Blog](#)

The AWF's traffic numbers are very high when compared to other sports of a similar size, and the level of engagement with athletes, families, supporters and fans is very strong. The signs are good for further growth in 2016, an Olympic year. We will continue to closely monitor our social media feeds, to ensure we are not overcrowding and alienating AWF followers, while also maximising our potential by posting exciting pictures and news items.

Social media has already proved it is a powerful tool for connecting the AWF and the weightlifting community, and is also a valuable tool for connecting the community with our High Performance athletes.

In short, we need to make Facebook, YouTube and Twitter 'must-have' sites for our followers and weightlifting family. One key is to get more of our athletes engaged in our social media platforms. Instagram appears to be the outlet of choice for many of that generation. An example of the power of social media to reach a wider community was at the 2015 Olitek Australian Junior & Senior Championships when Erika Ropati-Frost became the first Australian woman to clean and jerk double bodyweight, the footage reached over a quarter of a million people.

## **AWF IS FINANCIALLY INDEPENDENT AND COMMERCIALY SUSTAINABLE**

I believe it worth highlighting again that the AWF Board is responsible for ensuring that the organisation fulfils its purpose and achieves its intended outcomes and, in doing so, meets all the legal and moral responsibilities and requirements consistent with 'best practice' corporate governance.

This responsibility is one of stewardship and management on behalf of the members and other stakeholders, ensuring that the AWF not only remains viable but consistently seeks positive achievement and that it has a secure long-term future.

Once again in 2015 the AWF Board continued its practice of not levying the State Members for capitation fees and insurance cover thus allowing the State Members to use income for the purposes of developing weightlifting programs and services within each of the state/territory boundaries that will hopefully allow weightlifting to grow and prosper 'locally'.

As has already been stated in this report the AWF Board is very grateful for the financial investment it receives from Government through the ASC and from the ACGA. However, the Board is continually looking at ways to increase revenue from its programs and services and from the corporate sector.

The interest in the AWF's Coach Education Program remains healthy and as a result course enrolments continue to bring in the dollars, throughout 2015 the CEP has raised over \$400,000.

This year welcomed the introduction of the Sports Power Coach Level 3 and the one-day Physiotherapy Coach Education Course. Both of these courses have been well received and contributed to the revenue flow. It is envisaged that more of these courses, which obviously have an industry demand, will be delivered more frequently in 2016. Due to limited resources FitLift development has been slow and the launch date of the program has been put back to July 2016.



Merchandising sales continue to be processed and meet conservative budget projections. A lot of work has been accomplished this year by Bowen Stuart and John Epta (Tonic) and the AWF will be launching a new brand in 2016 – watch this space!

A Business Membership costs \$550 per annum. The initiative has struggled to meet budget projections. The AWF Board will be looking more closely at what we offer and make some changes, if the changes are well thought out Business Memberships will pick up, if not it may be better to put our energies elsewhere for better returns.

Previously the Chair has thanked our corporate sponsors Olitek, Leisure Concepts Australia, Tonic and Sylvia P. I add that this ongoing support enables the AWF to achieve its continued progress both on and off the weightlifting platform and I sincerely thank all of our corporate sponsors for their generosity and assistance.

It is pleasing to report that the AWF Board has achieved its 2015 participation targets, figures are tabled later in this report.

The 2015 AWF Events calendar ensured access to competition national events were conducted for athletes aged under 15, under 17, under 20, open and masters with competitors ranging in age from 10 to 81 years. Host clubs and states did a terrific job in delivering national events that ran in smooth, timely fashion.

Club, State and National Coach/Technical Official Education courses were delivered throughout Australia in capital cities and regional centres. National events were utilised to upgrade referee status from State to National, National to IWF Category 2 and IWF Category 1. More and more technical officials received mentoring when taking on new roles such as Technical Coordinator and Chief Marshall.

I have always believed in the T-E-A-M acronym, **T**ogether **E**verybody **A**chieves **M**ore. None of what has been attempted or achieved in 2015 would have been possible without the combined efforts and focus of many individuals and organisations, my thanks are expressed to all.

I particularly thank the Board for their support and confidence in the AWF Office and Independent Service Suppliers. I praise the Board for exercising enterprise, integrity and judgement in directing the Australian Weightlifting Federation so as to provide assurance of its continuing and lasting prosperity.

I commend this Annual Report to you and note that the subsequent pages provide some interesting information, statistics and details of the AWF's financial report for the year ended 30 June, 2015.

Michael Keelan

**Chief Executive Officer**

# 2015 MEMBERSHIP FIGURES

FIGURE ACCURATE AT THE 18<sup>TH</sup> OF NOVEMBER 2015

## CAPITATION

	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Grand Total
<b>2015</b>	40	216	67	678	60	73	242	176	1552

## CLUBS

	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Grand Total
<b>Clubs</b>	5	25	3	37	5	13	32	25	146

## BIGGEST CLUBS

State	Biggest Club
<b>ACT</b>	Unbranded Weightlifting
<b>NSW</b>	Triumph Weightlifting
<b>NT</b>	Time Out
<b>QLD</b>	Cougars Weightlifting Club
<b>SA</b>	South Australian Weightlifting Club
<b>TAS</b>	Weightlifting Academy of Tasmania
<b>VIC</b>	Hawthorn Weightlifting Club
<b>WA</b>	Grizzly's Weightlifting Club Olympifit Origins Weightlifting Club

## TOP 10 CLUBS

Rank	State	Club
<b>1</b>	<b>QLD</b>	Cougars Weightlifting Club
<b>2</b>	<b>VIC</b>	Hawthorn Weightlifting Club
<b>3</b>	<b>QLD</b>	Gold Coast Weightlifting Club
<b>4</b>	<b>VIC</b>	Phoenix Weightlifting Club
<b>5</b>	<b>NSW</b>	Triumph
<b>5</b>	<b>QLD</b>	Toowoomba
<b>7</b>	<b>QLD</b>	Whitsunday
<b>8</b>	<b>QLD</b>	Milton
<b>9</b>	<b>VIC</b>	Barwon Weightlifting Club
<b>10</b>	<b>NSW</b>	Titans

## AGE DISTRIBUTION

	<b>Under 15</b>	<b>Youth</b>	<b>Junior</b>	<b>Senior</b>	<b>Masters</b>	<b>Grand Total</b>
<b>ACT</b>	2	5	2	13	18	40
<b>NSW</b>	5	11	23	112	65	216
<b>NT</b>	5	2	3	32	25	67
<b>QLD</b>	73	42	43	320	200	678
<b>SA</b>		2	2	38	18	60
<b>TAS</b>	10	2	6	28	27	73
<b>VIC</b>	29	21	17	103	72	242
<b>WA</b>	21	5	5	92	53	176
<b>Grand Total</b>	145	90	101	738	478	1552

## COMMUNICATION & SOCIAL MEDIA FACTS

FIGURE ACCUARATE AT THE 18<sup>TH</sup> OF NOVEMBER 2015

### WEBSITES

- 169,190 visits across all AWF Managed Websites
- 80% of the visits are through the core AWF Websites
  - o [www.awf.com.au](http://www.awf.com.au)
  - o [video.awf.com.au](http://video.awf.com.au)
  - o [roadtorio.awf.com.au](http://roadtorio.awf.com.au)
- Road to Rio Newsletter emailed monthly to over 5000 recipients
- 2 new state association websites in 2015
  - o SAWLA
  - o NSWWA

### FACEBOOK

- 4477 followers
- Reached over 250,000 users over the duration of 2015 Olitek Australian Championships
- More than 25% growth in Likes over 2015
- Shared 38,000 photos from National & International competitions

### YOUTUBE

- 130 subscribers
- Viewers watched 20,000 minutes of AWF Content
- 13,000 views

### TWITTER

- 446 followers
- 5000-10,000 Tweet Impressions a month on average
  - o 2 months we hit 40,000 Tweet Impressions

### INSTAGRAM

- 625 followers

# INTERNATIONAL COMPETITIONS

ATHLETE	CLUB	COACH	PLACE
<b>IWF World Youth Championships</b>			
<b>Hailee Jarrett</b>	Triumph	Martin Harlowe	12 <sup>th</sup>
<b>Charrae Myers</b>	Crossfit Levitate	Lionel Isaac	20 <sup>th</sup>
<b>IWF World Junior Championships</b>			
<b>Hailee Jarrett</b>	Triumph	Martin Harlowe	DNF
<b>Rachel Goodman</b>	Phoenix Weightlifting Club	Harvey Goodman	16 <sup>th</sup>
<b>Kiana Elliott</b>	Triumph	Martin Harlowe	12 <sup>th</sup>
<b>James Norman</b>	Cougars	Miles Wydall	20 <sup>th</sup>
<b>Aydan McMahon</b>	Triumph	Martin Harlowe	21 <sup>st</sup>
<b>Leo Lark</b>	Ironskull	Craig Wegert	18 <sup>th</sup>
<b>Pacific Games &amp; OWF Y/J/S Championships</b>			
<b>Mary Barter</b>	Cougars	Miles Wydall	2 <sup>nd</sup>
<b>Erika Ropati-Frost</b>	Cougars	Angela Wydall	1 <sup>st</sup>
<b>Sabah Chamoun</b>	---	George Chamoun	1 <sup>st</sup>
<b>Tia-Clair Toomey</b>	Cougars	Miles Wydall	2 <sup>nd</sup>
<b>Philippa Malone</b>	Triumph	Martin Harlowe	1st
<b>Kiana Elliott</b>	Triumph	Martin Harlowe	3 <sup>rd</sup>
<b>Matthew Munns</b>	Strengthclub	NONE	6 <sup>th</sup>
<b>Camilla Fogagnolo</b>	Weightlifting Academy of Tasmania	Lionel Isaac	3 <sup>rd</sup>
<b>Francois Etoundi</b>	Hawthorn Weightlifting Club	Yourik Sarkisian	2 <sup>nd</sup>
<b>Mitchell Delbridge</b>	Cougars	Miles Wydall	4 <sup>th</sup>
<b>Malek Chamoun</b>	---	George Chamoun	2 <sup>nd</sup>
<b>Liam Larkins</b>	Phoenix Weightlifting Club	Harvey Goodman	3 <sup>rd</sup>
<b>Benjamin Shaw</b>	Toowoomba	Greg Hobl	4 <sup>th</sup>
<b>Belinda Van Tienen</b>	Phoenix Weightlifting Club	NONE	4 <sup>th</sup>
<b>Zac Grgurevic</b>	Phoenix Weightlifting Club	Ivan Katz	3 <sup>rd</sup>
<b>Marcus Lewis</b>	Gold Coast	Linzey Beister	4 <sup>th</sup>
<b>Philip Wood</b>	Hawthorn Weightlifting Club	Craig Blythman	4 <sup>th</sup>

ATHLETE	CLUB	COACH	TOT
<b>World Masters Cup</b>			
<b>Patrizia Cocchis</b>	Milton	Coral Quinell	1 <sup>st</sup>
<b>Coral Quinell</b>	Milton	NONE	1 <sup>st</sup>
<b>Tai-Anne Blair</b>	---	Miles Wydall	1 <sup>st</sup>
<b>Kylie Smith</b>	Milton	Coral Quinell	5 <sup>th</sup>
<b>Valerie Silver</b>	---	Coral Quinell	1 <sup>st</sup>
<b>Kelly Tumata</b>	Milton	Coral Quinell	2 <sup>nd</sup>
<b>Francine Pehi</b>	Milton	Coral Quinell	1 <sup>st</sup>
<b>Grace Morrison</b>	Grizzly's Weightlifting Club	Brendan Kennedy	1 <sup>st</sup>
<b>Commonwealth Youth Games</b>			
<b>Hailee Jarrett</b>	Triumph	Martin Harlowe	3 <sup>rd</sup>
<b>Yasmin Carter</b>	Bondi Barbell Club	NONE	3 <sup>rd</sup>
<b>Harrison Gaffney</b>	Cougars	Miles Wydall	7 <sup>th</sup>
<b>Samuel Reichler</b>	Barwon Weightlifting Club	Michael Torriero	3 <sup>rd</sup>
<b>Blake Shadbolt</b>	Midland Pythons	Brendan Kennedy	5 <sup>th</sup>
<b>World Masters Championships</b>			
<b>Julie Davis</b>	North Brisbane	Jenny Butler	2 <sup>nd</sup>
<b>Colleen Duplock</b>	North Brisbane	Jenny Butler	3 <sup>rd</sup>
<b>Diana Loy</b>	Milton	NONE	1 <sup>st</sup>
<b>Leanne Knox</b>	Whitsunday	Miles Wydall	1 <sup>st</sup>
<b>Commonwealth Y/J/S Championships</b>			
<b>Charrae Myers</b>	Crossfit Levitate	Lionel Isaac	Y - 2 <sup>nd</sup> J - 3 <sup>rd</sup>
<b>Aydan McMahon</b>	Triumph	Martin Harlowe	5 <sup>th</sup>
<b>Matthew Munns</b>	Strengthclub	NONE	8 <sup>th</sup>
<b>James Norman</b>	Cougars	Miles Wydall	4 <sup>th</sup>
<b>Ryley Porter</b>	Cougars	Miles Wydall	4 <sup>th</sup>
<b>Leo Lark</b>	Ironskull	Craig Wegert	3 <sup>rd</sup>
<b>Frank Elliott</b>	South Australian Weightlifting Club	Farzad Rad Faraji	5 <sup>th</sup>
<b>Francois Etoundi</b>	Hawthorn Weightlifting Club	Yourik Sarkisian	2 <sup>nd</sup>
<b>Benjamin Shaw</b>	Toowoomba	Greg Hobl	5 <sup>th</sup>
<b>Liam Larkins</b>	Phoenix Weightlifting Club	Harvey Goodman	6 <sup>th</sup>
<b>Ridge Barredo</b>	Aphesis Barbell Club	Michael Pang	3 <sup>rd</sup>
<b>Zac Grgurevic</b>	Phoenix Weightlifting Club	Ivan Katz	4 <sup>th</sup>
<b>Marcus Lewis</b>	Gold Coast	Linzey Beister	3 <sup>rd</sup>
<b>Damon Kelly</b>	---	Miles Wydall	2 <sup>nd</sup>



ATHLETE	CLUB	COACH	TOT
<b>IWF World Senior Championships</b>			
<b>Erika Ropati-Frost</b>	Cougars	Angela Wydall	23 <sup>rd</sup>
<b>Tia-Clair Toomey</b>	Cougars	Miles Wydall	27 <sup>th</sup>
<b>Jessica Lai</b>	Grizzly's Weightlifting Club	Brendan Kennedy	30 <sup>th</sup>
<b>Philippa Malone</b>	Triumph	Martin Harlowe	28 <sup>th</sup>
<b>Kiana Elliott</b>	Triumph	Martin Harlowe	34 <sup>th</sup>
<b>Camilla Fogagnolo</b>	Weightlifting Academy of Tasmania	Lionel Isaac	27 <sup>th</sup>
<b>Jenna Myers</b>	Crossfit Levitate	Lionel Isaac	30 <sup>th</sup>



Erika Ropati-Frost, first Australian woman to clean and jerk double bodyweight with Danielle Waller, AWF Chair at the 2015 Olitek Australian Championships.

## NATIONAL RECORDS

A total of 156 Australian record claims have been recorded on the AWF's result management system.

	STATE	BODYWEIGHT	RECORDS
<b>UNDER 15</b>			<b>51</b>
Jett Gaffney	QLD	M46	3
		M42	6
Sabah Chamoun	NSW	F53	3
		F58	6
Ben Ward	QLD	M77	4
Mackenzie Cogan-Rochfort	QLD	F69+	1
Zac Millhouse	TAS	M77	9
Tahlea Pileggi	WA	F32	7
Breeanna Harrigan	NSW	F69	3
Jarian Hogan	NSW	F69	1
Saphire Abraham	QLD	F69+	5
Charlotte Saxton	WA	F36	3
<b>YOUTH</b>			<b>23</b>
Blake Shadbolt	WA	M94	8
Charrae Myers	TAS	F58	1
Hailee Jarrett	NSW	F48	3
Marcus Lewis	QLD	M94+	6
Sabah Chamoun	NSW	F53	3
		F58	1
Christopher Lai	QLD	M77	1
<b>JUNIOR</b>			<b>4</b>
Kiana Elliott	NSW	F63	1
		F69	3
<b>SENIOR</b>			<b>5</b>
Erika Ropati Frost	QLD	F53	5
<b>MAST 35-39</b>			<b>8</b>
Jonathon Valentine	NSW	M69	1
Ben Poon	VIC	M69	7
<b>MAST 40-44</b>			<b>9</b>
Robert Davison	QLD	M77	3
Leanne Knox	QLD	F63	2
		F69	4
<b>MAST 45-49</b>			<b>12</b>
Warren Hellisen	VIC	M105	5
Francine Pehi	QLD	F69	4
Craig Blythman	VIC	M77	3
<b>MAST 50-54</b>			<b>11</b>
Bronwyn Hitchener	QLD	F75	2
		F75+	2
Damien Hewish	VIC	M56	3
Nicolette Dunstone	TAS	F53	4

<b>MAST 55-59</b>			<b>10</b>
Coral Quinell	QLD	F63	1
Russell Kapper	TAS	M77	9
<b>MAST 60-64</b>			<b>10</b>
Annette Willmott	NSW	F48	6
Meg Emerton	QLD	F63	3
Robert Gotts	TAS	M105+	1
<b>MAST 70-74</b>			<b>12</b>
Lesley Moyle	QLD	F63	8
Elaine Janes	VIC	F69	4
<b>Mast 75-79</b>			<b>1</b>
Chris Holt	VIC	M77	1
<b>GRAND TOTAL</b>			<b>156</b>

## WORLD RECORDS

A total of 9 World Masters record claims have been recorded on the AWF's result management system.

	STATE	BODYWEIGHT	RECORDS
<b>MAST 60-64</b>			<b>6</b>
Annette Willmott	NSW	F48	3
Grace Morrison	WA	F75	3
<b>MAST 70-74</b>			<b>3</b>
Lesley Moyle	QLD	F75	3
<b>GRAND TOTAL</b>			<b>9</b>

## AWF HALL OF FAME MEMBERS

### INDUCTED 2010

- Mr Dean Lukin OAM
- Mr Leslie Martyn MBE, KCSJ
- Mr Nick Ciano
- Mr Joe Hensel
- Mr Harold MacBain
- Mr Vern Barberis

### INDUCTED 2013

- Mrs Deborah Acason (nee Lovely)
- Mr Sam Coffa AM
- Mr George Vasiliades

### INDUCTEES 2015

- Ms Debra Keelan
- Mr Robert Taylor



## **2015 AWF TEAM SUPPORT PERSONNEL APPOINTMENTS**

### **WORLD YOUTH CHAMPIONSHIPS**

Erin Haff – Head Coach

Jacquie White – Manager

### **WORLD JUNIOR CHAMPIONSHIPS**

Greg Hobl – Head Coach

Craig Wegert – Coach

Jacquie White - Manager

### **WORLD SENIOR CHAMPIONSHIPS**

Angela Wydall – Head Coach

Miles Wydall – Coach

Lyn Jones - Manager

### **PACIFIC GAMES / OCEANIA SENIOR, JUNIOR & YOUTH CHAMPIONSHIPS**

Angela Wydall – Head Coach

Miles Wydall – Coach

George Chamoun – Coach

Barry Harden – Coach

Linzey Beister – Coach

Jacquie White - Manager

### **COMMONWEALTH SENIOR, JUNIOR & YOUTH CHAMPIONSHIPS**

Leo Isaac – Head Coach

Harvey Goodman – Coach

Erin Haff – Coach

Pedro Sanchez - Manager

### **YOUTH COMMONWEALTH GAMES**

Greg Hobl – Coach/Manager

## **2015 INTERNATIONAL TECHNICAL OFFICIAL APPOINTMENTS**

### **OCEANIA SENIOR, JUNIOR AND YOUTH CHAMPIONSHIPS, PORT MORESBY**

- Phil Maunder
- Ian Moir
- Michael Keelan
- Milos Trnka
- Deb Keelan
- Vicki Brady
- Mary Macken
- Lilly Coffa

### **WORLD JUNIOR CHAMPIONSHIPS CRACHOW, POLAND**

- Sam Coffa
- Lyn Jones

### **WORLD YOUTH CHAMPIONSHIPS, LIMA, PERU**

- Sam Coffa
- Phil Maunder

### **WORLD MASTERS FINLAND**

- Coral Quinell
- Lawrie Townsend

### **COMMONWEALTH YOUTH GAMES APIA, SAMOA**

- Deb Keelan
- Danielle Waller
- Kylie Booth
- Phil Maunder
- Ian Moir
- John Hanlon

### **WORLD SENIOR CHAMPIONSHIPS, HOUSTON, USA**

- Sam Coffa
- Pedro Sanchez

# INTERNATIONAL POSITIONS

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## INTERNATIONAL WEIGHTLIFTING FEDERATION (2013- 2016)

### **Sam Coffa AM, JP**

IWF Vice President

### **Sam Coffa AM, JP**

Chairman, IWF Technical Committee

### **Lyn Jones**

Member, IWF Coaching & Research Committee

### **Lawrie Townsend**

Member – IWF Masters Board

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## COMMONWEALTH WEIGHTLIFTING FEDERATION (2014 – 2018)

### **Paul Coffa MBE**

CWF General Secretary

### **Phil Maunder**

Executive Member, CWF Board

### **Michael Noonan**

Statistician & Record Keeper

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## OCEANIA WEIGHTLIFTING FEDERATION (2012 – 2016)

### **Paul Coffa MBE**

OWF General Secretary

### **Lawrence Townsend**

Chairman, OWF Masters Committee

### **Phil Maunder**

Executive Member, OWF Board

### **Michael Noonan**

Statistician & Record Keeper





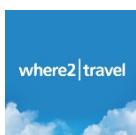
## ACKNOWLEDEMENTS AND THANKS

The AWF Board recognises and thanks the members, supporters, partners and sponsors who have made significant contribution to the growth and development of the AWF in 2015:

- **Australian Sports Commission & Australian Institute of Sport** – Principal Partners
- **Australian Commonwealth Games Association** – supporting our high performance Junior Athletes through the NextGen Junior Funding Program and giving opportunities for our youth athletes to contest the 2015 Commonwealth Youth Games
- **Australian Olympic Committee** – giving opportunities for our senior athletes to contest the 2015 Pacific Games
- **Oceania Weightlifting Federation** – giving opportunities for our athletes to participate in the 2015 Oceania Youth, Junior & Senior Championships, Elite Athlete Training Camp, the Oceania Talent Identification Program Camp and have a say in the region's future development workshop.
- **Olitek** (Deb, Steve & James Oliver) – sponsor of the 2015 Olitek Australian Senior/Jnr Weightlifting Championships and 2015 Olitek Australian Masters Championships.
- **Tonic** (John Eptaminitakis) – sponsor of the AWF's Business Development initiatives
- **Where2Travel** – meeting all of the AWF representative team travel requirements
- **Leisure Concepts Australia** – suppliers of Eleiko equipment
- **SylviaP** – suppliers of representative team lifting suits
- **Australian Sports Anti-Doping Authority** – partners in the fight for pure-performance sport
- **State Associations & Clubs** – for our genuine appreciation of all your contributions and passion in caring for member's needs throughout Australia
- **Coaches , Officials and Administrators** - for your sacrifices, dedication and commitment you give so selflessly to others
- **Athletes** – for your love of weightlifting, striving to reach your athletic potential and becoming role models for others to follow
- **Mr Glenn Ferguson, Ferguson Cannon Lawyers** – for wise advice and timely response
- **Mr Louie Kortesis, Zest Accounting** – for reliable financial advice and services



Australian Government  
Australian Sports Commission



# AUSTRALIAN WEIGHTLIFTING FEDERATION

ABN 73 150 873 587

## FINANCIAL REPORT FOR THE YEAR ENDED 30 JUNE 2015

Prepared By



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## **DIRECTOR'S REPORT**

The director presents the report on the company for the financial year ended 30 June 2015.

### **Directors**

Danielle Waller is the Chairman of the Board of Directors at the time of signing this report.

The directors have been in office since the start of the financial year to the date of this report unless otherwise stated.

### **Review of Operations**

The deficit of the company for the financial year amounted to \$45,700.

A review of the operations of the company during the financial year and the results of those operations are as follows:

### **Significant Changes in the State of Affairs**

No significant changes in the company's state of affairs occurred during the financial year.

### **Principal Activities**

No significant change in the nature of these activities occurred during the financial year.

### **Events Subsequent to the End of the Reporting Period**

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the company, the results of those operations, or the state of affairs of the company in future financial years.

### **Likely Developments and Expected Results of Operations**

Likely developments in the operations of the company and the expected results of those operations in future financial years have not been included in this report as the inclusion of such information is likely to result in unreasonable prejudice to the company.

### **Environmental Regulation**

The company's operations are not regulated by any significant environmental regulation under a law of the Commonwealth or of a state or territory.

### **Going Concern**

Notwithstanding the deficiency of net assets, the financial report has been prepared on a going concern basis as the director has received a guarantee of continued financial support and the director believes that such financial support will continue to be made available.

### **Dividends**

No dividends have been paid or declared since the start of the financial year.

**DIRECTOR'S REPORT**

**Options**

No options over issued shares or interests in the company were granted during or since the end of the financial year and there were no options outstanding at the date of this report.

**Indemnification of Officers**

No indemnities have been given or insurance premiums paid, during or since the end of the financial year, for any person who is or has been an officer or auditor of the company.

**Proceedings on Behalf of Company**

No person has applied for leave of court to bring proceedings on behalf of the company or intervene in any proceedings to which the company is a party for the purpose of taking responsibility on behalf of the company for all or part of those proceedings.

The company was not a party to any such proceedings during the year.

**Auditor's Independence Declaration**

A copy of the auditor's independence declaration as required under Section 307C of the Corporations Act 2001 is attached to this financial report.

Signed in accordance with a resolution of the director:

**Chairman**

  
\_\_\_\_\_  
**Danielle Waller**

**Dated:**



**AUSTRALIAN WEIGHTLIFTING FEDERATION**  
**ABN 73 150 873 587**

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**STATEMENT OF FINANCIAL PERFORMANCE**  
**FOR THE YEAR ENDED 30 JUNE 2015**

	Note	2015 \$	2014 \$
Revenue		935,655	992,759
Consumables used		(10,284)	-
Employee benefits expense		(125,672)	(125,803)
Depreciation and amortisation expenses		(3,054)	(1,952)
Other expenses		<u>(794,383)</u>	<u>(1,010,431)</u>
<b>Surplus (deficit) before income tax</b>		2,262	(145,427)
Income tax expense		<u>-</u>	<u>-</u>
<b>Surplus (deficit) before income tax</b>		<u><u>2,262</u></u>	<u><u>(145,427)</u></u>
Surplus (deficit) attributable to the company		<u><u>2,262</u></u>	<u><u>(145,427)</u></u>

The accompanying notes form part of these financial statements.

These statements should be read in conjunction with the attached compilation report.



**AUSTRALIAN WEIGHTLIFTING FEDERATION**  
**ABN 73 150 873 587**

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**STATEMENT OF COMPREHENSIVE INCOME**  
**FOR THE YEAR ENDED 30 JUNE 2015**

	Note	2015 \$	2014 \$
<b>Surplus (deficit) for the year</b>		2,262	(145,427)
<b>Other comprehensive expenses:</b>		<u>(47,962)</u>	<u>-</u>
<b>Total other comprehensive income for the year</b>		<u>(47,962)</u>	<u>-</u>
<b>Total comprehensive income (expense) for the year</b>		<u><b>(45,700)</b></u>	<u><b>(145,427)</b></u>
Total comprehensive income (expense) attributable to the company		<u><u>(45,700)</u></u>	<u><u>(145,427)</u></u>

The accompanying notes form part of these financial statements.

These statements should be read in conjunction with the attached compilation report.

**AUSTRALIAN WEIGHTLIFTING FEDERATION**  
**ABN 73 150 873 587**

**STATEMENT OF FINANCIAL POSITION**

**AS AT 30 JUNE 2015**

	Note	2015 \$	2014 \$
<b>ASSETS</b>			
<b>CURRENT ASSETS</b>			
Cash and cash equivalents	2	48,005	71,431
Trade and other receivables	3	48,702	47,801
Other assets	4	48,327	37,760
<b>TOTAL CURRENT ASSETS</b>		<u>145,034</u>	<u>156,992</u>
<b>NON-CURRENT ASSETS</b>			
Trade and other receivables	3	-	(19,200)
Property, plant and equipment	5	10,842	13,684
<b>TOTAL NON-CURRENT ASSETS</b>		<u>10,842</u>	<u>(5,516)</u>
<b>TOTAL ASSETS</b>		<u><u>155,876</u></u>	<u><u>151,476</u></u>
<b>LIABILITIES</b>			
<b>CURRENT LIABILITIES</b>			
Trade and other payables	6	19,310	32,038
Provisions	7	62,828	-
<b>TOTAL CURRENT LIABILITIES</b>		<u>82,138</u>	<u>32,038</u>
<b>TOTAL LIABILITIES</b>		<u><u>82,138</u></u>	<u><u>32,038</u></u>
<b>NET ASSETS</b>		<u><u>73,738</u></u>	<u><u>119,438</u></u>
<b>EQUITY</b>			
Retained surplus		<u>73,738</u>	<u>119,438</u>
<b>TOTAL EQUITY</b>		<u><u>73,738</u></u>	<u><u>119,438</u></u>

The accompanying notes form part of these financial statements.

These statements should be read in conjunction with the attached compilation report.

**AUSTRALIAN WEIGHTLIFTING FEDERATION**  
**ABN 73 150 873 587**

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**STATEMENT OF CHANGES IN EQUITY**  
**FOR THE YEAR ENDED 30 JUNE 2015**

	Retained Earnings \$	Total \$
<b>Balance at 1 July 2013</b>	264,865	264,865
<b>Comprehensive income</b>		
Surplus (deficit) for the year	(145,427)	(145,427)
<b>Total comprehensive income for the year attributable to the company</b>	(145,427)	(145,427)
<b>Balance at 30 June 2014</b>	119,438	119,438
 <b>Balance at 1 July 2014</b>	119,438	119,438
<b>Comprehensive income</b>		
Surplus for the year	2,262	20,519
<b>Total comprehensive income for the year attributable to the company</b>	2,262	20,519
<b>Transactions with the company and other transfers</b>		
Provision for prior year holiday expense	(47,962)	(37,962)
<b>Total transactions with the company and other transfers</b>	(47,962)	(37,962)
<b>Balance at 30 June 2015</b>	73,738	101,995

The accompanying notes form part of these financial statements.

These statements should be read in conjunction with the attached compilation report.

**AUSTRALIAN WEIGHTLIFTING FEDERATION**  
**ABN 73 150 873 587**

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**STATEMENT OF CASH FLOWS**  
**FOR THE YEAR ENDED 30 JUNE 2015**

	Note	2015 \$
<b>Cash flows from operating activities</b>		
Income from Operating Activities		932,058
Expenses from Operating Activities		(981,354)
<b>Net cash provided by (used in) operating activities</b>		<u>(49,296)</u>
<b>Cash flows from investing activities</b>		
Interest received		3,597
<b>Net cash provided by investing activities</b>		<u>3,597</u>
<b>Cash flows from financing activities</b>		
(Increase)/Decrease in debtors		(901)
(Increase)/Decrease in financing assets		(10,567)
(Increase)/Decrease in fixed assets		2,841
Increase/(Decrease) in creditors		(31,928)
Increase/(Decrease) in provisions		62,829
<b>Net cash provided by (used in) financing activities</b>		<u>22,274</u>
Net increase (decrease) in cash held		(23,425)
Cash and cash equivalents at beginning of financial year		71,431
Cash and cash equivalents at end of financial year	2	<u><u>48,006</u></u>

The accompanying notes form part of these financial statements.

These statements should be read in conjunction with the attached compilation report.

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 30 JUNE 2015**

**1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES**

The director has prepared the financial statements on the basis that the company is a non-reporting entity because there are no users dependent on general purpose financial statements. The financial statements are therefore special purpose financial statements that have been prepared in order to meet the needs of the member.

The financial statements have been prepared in accordance with the significant accounting policies disclosed below, which the director has determined are appropriate to meet the needs of the member. Such accounting policies are consistent with the previous period unless stated otherwise.

The financial statements have been prepared on a cash basis and are based on historical costs unless stated otherwise in the notes. The accounting policies that have been adopted in the preparation of the financial statements are as follows:

**(a) Income Tax**

The entity is tax exempt.

**(b) Property, Plant and Equipment**

All property, plant and equipment except for freehold land and buildings are initially measured at cost and are depreciated over their useful lives to the company.

The carrying amount of plant and equipment is reviewed annually by the directors to ensure it is not in excess of the recoverable amount. The recoverable amount is assessed on the basis of expected net cash flows that will be received from the asset's employment and subsequent disposal. The expected net cash flows have been discounted to present values in determining recoverable amounts.

Freehold land and buildings are carried at their recoverable amounts, based on periodic, but at least triennial, valuations by the directors.

**Depreciation**

The depreciable amount of all fixed assets, including buildings and capitalised lease assets but excluding freehold land, is depreciated on a straight-line basis over the asset's useful life to the company commencing from the time the asset is held ready for use.

**(c) Goods and Services Tax (GST)**

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).

Receivables and payables are stated inclusive of the amount of GST receivable or payable. The net amount of GST recoverable from, or payable to, the ATO is included with other receivables or payables in the statement of financial position.

**(d) Committee Reporting**

The committee recognises that it is a tier 2 reporting organisation.

These notes should be read in conjunction with the attached compilation report.

**AUSTRALIAN WEIGHTLIFTING FEDERATION**  
**ABN 73 150 873 587**

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 30 JUNE 2015**

	2015 \$	2014 \$
<b>2. CASH AND CASH EQUIVALENTS</b>		
*Cheque account	3,152	10,815
*Investment account	36,147	50,350
*Qantas cash - DW	2,901	2,176
*Qantas cash - MK	216	7,191
*Qantas cash - BS	2,089	899
*Qantas cash - DK	1,500	-
*Qantas cash - JW	2,000	-
	<u>48,005</u>	<u>71,431</u>
<b>3. TRADE AND OTHER RECEIVABLES</b>		
<b>CURRENT</b>		
Trade debtors	47,683	44,739
Sundry debtors	1,019	3,062
	<u>48,702</u>	<u>47,801</u>
	<u>48,702</u>	<u>47,801</u>
<b>NON-CURRENT</b>		
Prepaid revenue	-	(19,200)
<b>4. OTHER ASSETS</b>		
<b>CURRENT</b>		
Prepayments	24,029	-
Merchandising stock	24,298	37,760
	<u>48,327</u>	<u>37,760</u>
<b>5. PROPERTY, PLANT AND EQUIPMENT</b>		
Plant and equipment	82,225	82,012
Less accumulated depreciation	(71,383)	(68,328)
<b>Total property, plant and equipment</b>	<u>10,842</u>	<u>13,684</u>

These notes should be read in conjunction with the attached compilation report.



**AUSTRALIAN WEIGHTLIFTING FEDERATION**  
**ABN 73 150 873 587**

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**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 30 JUNE 2015**

	2015 \$	2014 \$
<b>6. TRADE AND OTHER PAYABLES</b>		
<b>CURRENT</b>		
Good and services tax	6,154	13,079
Trade creditors	13,156	5,869
Other creditors	-	3,946
Withholding taxes payable	-	7,144
Superannuation payable	-	2,000
	19,310	32,038
<b>7. PROVISIONS</b>		
<b>CURRENT</b>		
Provision for employee entitlements	62,828	-
		<b>2015 \$</b>
<b>Provision for employee entitlements:</b>		
Opening balance at 1 July 2014		62,828
Balance at 30 June 2015		62,828

These notes should be read in conjunction with the attached compilation report.

**AUSTRALIAN WEIGHTLIFTING FEDERATION**  
**ABN 73 150 873 587**

**DEPRECIATION SCHEDULE**  
**FOR THE YEAR ENDED 30 JUNE 2015**

	RATE & TYPE	% PVT USE	COST ON HAND	OPENING WDV	ADDIT'NS	DATE ORIG. ADDIT'N	SALE PRICE	PARTSALE PRICE	PROFIT (LOSS)	DISPOSAL DATE	COST	CAPITAL GAIN/LOSS	DEPN	ACCUM DEPN	PRIVATE DEPN	ACCUM PRIVATE	CLOSING WDV
<b>Plant &amp; Equipment - at Cost</b>																	
Office Furniture	100.00D		300	-	-	01/07/07	-	-	-		-	-	11	300	-	-	-
6 Sets of Weights	100.00D		44,582	-	-	01/07/07	-	-	-		-	-	419	44,582	-	-	-
Facsimile	13.50D		950	-	-	01/07/07	-	-	-		-	-	-	950	-	-	-
Software	25.00D		2,668	-	-	08/10/08	-	-	-		-	-	129	2,280	-	-	388
Software	25.00D		12,257	-	-	11/03/09	-	-	-		-	-	672	10,243	-	-	2,015
Digital Scale	20.00D		595	-	-	03/04/09	-	-	-		-	-	60	356	-	-	239
Weights	25.00D		1,818	-	-	16/04/09	-	-	-		-	-	102	1,511	-	-	307
Barbell	25.00D		931	-	-	04/06/09	-	-	-		-	-	54	768	-	-	163
Laptop & associated software	100.00D		2,408	-	-	31/07/09	-	-	-		-	-	12	2,408	-	-	-
Referee Light System	10.00D		1,250	-	-	23/09/09	-	-	-		-	-	76	568	-	-	682
Laptop - Apple Mac Book	100.00D		1,158	-	-	09/12/09	-	-	-		-	-	9	1,158	-	-	-
Printer	25.00D		271	-	-	30/08/10	-	-	-		-	-	21	207	-	-	64
Apple Ipad	100.00D		1,304	-	-	20/06/11	-	-	-		-	-	16	1,304	-	-	-
Epson Data Projector	20.00D		572	-	-	29/06/11	-	-	-		-	-	47	385	-	-	187
Laptop	25.00D		1,177	-	-	17/05/12	-	-	-		-	-	161	696	-	-	482
IT Equipment	100.00D		2,273	-	-	14/03/13	-	-	-		-	-	-	2,273	-	-	-
Office Furniture	100.00D		580	-	-	28/03/13	-	-	-		-	-	-	580	-	-	-
Apple iPad	66.67D		926	-	926	30/11/14	-	-	-		-	-	359	359	-	-	568
Computer	50D		5,294	-	5,294	25/02/15	-	-	-		-	-	907	907	-	-	4,387
Projector	20.00D		908	-	908	30/06/15	-	-	-		-	-	-	-	-	-	908
			82,223	-	7,129		-	-	-		-	-	3,053.63	71,834	-	-	10,389
<b>Total Assets</b>																	
			82,223	-	7,129		-	-	-		-	-	3,054	71,834	-	-	10,389

These statements should be read in conjunction with the attached compilation report.

**DIRECTOR'S DECLARATION**

The director has determined that the company is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In accordance with a resolution of the director of Australian Weightlifting Federation, the director of the company declares that:

1. The financial statements and notes as set out on pages 2 to 12 presents fairly the company's financial position as at 30 June 2015 and its performance for the year ended on that date in accordance with the accounting policies described in Note 1 to the financial statements;
2. In the director's opinion there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.

Chairman

  
Danielle Waller

Dated:

23-11-2015

**AUSTRALIAN WEIGHTLIFTING FEDERATION  
ABN 73 150 873 587**

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**AUDITOR'S INDEPENDENCE DECLARATION UNDER  
SECTION 307C OF THE CORPORATIONS ACT 2001**

**TO THE DIRECTOR OF  
AUSTRALIAN WEIGHTLIFTING FEDERATION**

I declare that, to the best of my knowledge and belief, during the year ended 30 June 2015 there have been no contraventions of:

- i. the auditor independence requirements as set out in the Corporations Act 2001 in relation to the audit; and
- ii. any applicable code of professional conduct in relation to the audit.

**Greg Lomax  
Certified Practising Accountant**

**CHATSWOOD, NSW, 2067**



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**Auditor: Greg Lomax**

**Chatswood NSW**

**Dated: 23/11/2015**

**AUSTRALIAN WEIGHTLIFTING FEDERATION**  
**ABN 73 150 873 587**

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**INDEPENDENT AUDITOR'S REPORT  
TO THE MEMBER OF  
AUSTRALIAN WEIGHTLIFTING FEDERATION**

We have reviewed the accompanying financial report of Australian Weightlifting Federation (AWF) which comprises the statement of financial position as at 30 June 2015, the statement of profit or loss and statement of changes in equity for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information and the director's declaration.

*Management's Responsibility for the Financial Report*

Management is responsible for the preparation and fair presentation of the financial report, in accordance with accounting policies described in Note 1 to the financial statements and for such internal control as management determines is necessary to enable the preparation and fair presentation of a financial report that is free from material misstatement, whether due to fraud or error.

*Auditor's Responsibility*

Our responsibility is to express an opinion on the financial report based on our review. We conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to review engagements and plan and perform the review to obtain limited assurance about whether the financial report is free from material misstatement.

A review involves performing procedures to obtain review evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of the risks or material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the company's preparation and fair presentation of the financial report that gives a true and fair view, in order to design review procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control. A review also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the director, as well as evaluating the overall presentation of the financial report.

We believe that the review evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

*Independence*

In conducting our review, we complied with the independence requirements of Australian professional ethical pronouncements.

*Auditor's Opinion*

Based on our review, nothing has come to our attention that causes us to believe that these financial statements do not present fairly, in all material aspects, the financial position of the Australian Weightlifting Federation as at 30 June 2015, and its financial performance and cash flows for the year then ended, in accordance with the International Financial Reporting Standards.

**AUSTRALIAN WEIGHTLIFTING FEDERATION**  
**ABN 73 150 873 587**

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**INDEPENDENT AUDITOR'S REPORT  
TO THE MEMBER OF  
AUSTRALIAN WEIGHTLIFTING FEDERATION**

*Basis of Accounting*

Without modifying our opinion, we draw attention to Note 1 of the financial report which describes the basis of accounting. The financial report has been prepared by management to satisfy the requirements of the company's constitution and to meet the needs of member. As a result, the financial report may not be suitable for another purpose.

**Greg Lomax**  
**Certified Practising Accountant**  
**Level 2, 1 Spring Street**  
**CHATSWOOD, NSW, 2067**



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**Auditor: Greg Lomax**

**Chatswood NSW**

**Dated: 23/11/2015**