



# 2017 ANNUAL REPORT

# VISION

*Weightlifting; everywhere, every sport,  
every medal*



## AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

ACN 090 469 837

*Affiliated with International Weightlifting Federation, Commonwealth Weightlifting Federation,  
Oceania Weightlifting Federation*

*Member of Australian Olympic Committee, Australian Commonwealth Games Association*

## BOARD OF DIRECTORS

### Chair/President

Ms Danielle Waller

### Directors

Mr Lyn Jones

Mr Damon Kelly (resigned)

Mr Pedro Sanchez

Ms Deborah Acason

Ms Leanne Goldsworthy

Mr Craig Wegert

### Chief Executive Officer

Mr Michael Keelan

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## Australian Government Australian Sports Commission

### MESSAGE FROM THE AUSTRALIAN SPORTS COMMISSION

The Australian Sports Commission (ASC) thanks all of our partner national sporting organisations (NSOs) for your continued hard work and commitment to excellence. All of you understand innately the importance of sport in Australian life. It's much more than a source of national identity and pride, it's the fabric that binds us together - a common language for all, with multiplier benefits in health, education, social cohesion and the economy.

There were many great sporting events to celebrate during the course of last year – the launch of both the AFL Women's competition and the National Netball League with prime-time TV coverage, our most successful winter sports season ever on the world stage, and fairytale victories against the odds for Cronulla in the NRL and the Western Bulldogs in the AFL.

Last year's Olympic and Paralympic Games underscored the challenge however for Australia in retaining its status as one of the world's pre-eminent sporting nations, given rising competition from developed and developing nations alike. We must keep innovating, being bold and willing to change both on and off the field if we are to succeed, not just in Olympic and Paralympic sports but across the sporting spectrum.

We appreciate the willingness of NSOs to embrace this challenge. We commend athletes for their dedicated commitment to training ahead of the PyeongChang 2018 Winter Olympic and Paralympic Games, the Gold Coast 2018 Commonwealth Games and, further ahead, the Tokyo 2020 Olympic and Paralympic Games.

One of the most important long-term challenges for our country is to help our children be physically active, to participate in sport and enjoy its lifelong benefits.

The ASC's Sporting Schools program has now reached more than 5,600 primary schools around Australia and has already begun a targeted program for high schools. It is vital to ensure physical education is re-emphasised in the national school curriculum. To this end, the ASC has been doing ground-breaking work on physical literacy for children and youth and we look forward to rolling this out nationally in the year ahead.

As the national leadership organisation for sport in Australia, the ASC was delighted when our new Minister for Sport the Hon. Greg Hunt recently proposed a National Sports Plan, the preparation of which will be led by the ASC. This will create, for the first time, a comprehensive blueprint for Australian sport. It's an outstanding initiative and we thank the Minister for his leadership and vision. We hope all NSOs take the opportunity to contribute their views to the plan.

Most of you will know that this year the ASC welcomed a new CEO Kate Palmer, a talented sports leader, who has quickly built excellent relationships with sports and is embracing the challenges ahead with an inspiring enthusiasm.

Finally, I say a big thank you to the army of volunteers – parents, coaches, officials and administrators - who contribute their time and services for the good of Australian sport. You bring community strength, passion and great value to the identity, productivity, cohesion and health of our nation.

The ASC wishes you every success in the year ahead. We look forward to working closely with you for the common good of Australian sport.

**John Wylie AM**  
Chair  
Australian Sports Commission



## AWF NATIONAL COMMITTEES

<b>High Performance</b>	Mr Brendan Kennedy (Chair) Mr Lyn Jones, Mr Greg Haff, Mr Leo Isaac, Dr Robert Mitchell, Mr Miles Wydall, Mrs Angela Wydall, Mrs Jennifer Sanchez
<b>National Selectors</b>	Mr Lyn Jones (Chair), Mr Brendan Kennedy, Mr Michael Keelan
<b>Finance &amp; Audit</b>	Ms Danielle Waller (Chair), Mr David Brady, Mr Michael Keelan
<b>Technical</b>	Mr Pedro Sanchez (Chair), Mr Ian Moir, Mr Phil Maunder
<b>Anti-Doping</b>	Mr Ian Moir, Mr Michael Keelan
<b>Masters Panel</b>	Ms Coral Quinell (Chair), Mrs Linda Eades, Mr Rohan Mason, Mr Peter Ticehurst
<b>Legal Counsel</b>	Mr Jason Ward
<b>Company Auditor</b>	Mr Greg Lomax, MW Lomax
<b>Company Secretary</b>	Mr Michael Keelan
<b>CGA/AWF Rep</b>	Mr Lyn Jones
<b>AOC/AWF Rep</b>	Mrs Deborah Acason

## STATE MEMBERS

<b>Weightlifting ACT</b>	Kerryn Dawson Andy Thompson	President Secretary
<b>New South Wales Weightlifting Association</b>	Chris Michaelopoulos Luke Borreggine	President Hon.Exec Director
<b>Northern Territory Weightlifting Association</b>	Kelly Rau Marnie Scobie	President Secretary
<b>Queensland Weightlifting Association</b>	Miles Wydall Debra Keelan	President A/General Manager
<b>Victorian Weightlifting Association</b>	Tim Fry Simon Francazio	President Operations Manager
<b>Weightlifting Tasmania</b>	Vacant Jordan Cripps	President Secretary
<b>Weightlifting Western Australia</b>	Bob Pavone Jay Saxton	President Secretary



## AWF WORKFORCE

Operationally in 2017, Australian Weightlifting has employed two full time staff members, the CEO, the Weightlifting & Powerlifting Manager – GOLDOC. The AWF has contracted five Independent Service Suppliers.

### **Chief Executive Officer**

Mr Michael Keelan (**KMP Band 2**)

### **Manager - Finance**

Ms Danielle Waller

### **High Performance Coordinator**

Mr Brendan Kennedy

### **Weightlifting & Powerlifting Manager**

Ian Moir

### **Executive Project Officer**

Mrs Deborah Acason

### **Manager – IT & Communications**

Mr Bowen Stuart

### **Media Consultant**

Mr Ross Solly

In accordance with good governance, the five Independent Service Suppliers are managed by the Chief Executive Officer, who in turn reports to the Board of Directors (through the Chair).

Subject to clause 13.14 of the AWF's Constitution, a Director **may not** be paid for services as a Director but, with the approval of the Directors and subject to the Corporations Act, may be paid by the Company for services rendered to it. The AWF Board has never hidden the fact, and it is widely known by all State Members that two elected Directors have received remuneration for service to the company during this reporting period that goes above and beyond what is expected of a Board Director.

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## BOARD OF DIRECTORS

An enormous amount of work continues to be carried out by the Board of Directors, all of whom act in an honorary capacity. As per Article 13 of the AWF Constitution, the Board of Directors is as follows:

### **DIRECTORS:**

- |                              |           |                                      |
|------------------------------|-----------|--------------------------------------|
| • Ms Danielle Waller (Chair) | Elected   | [Rotation concludes 2018 AGM]        |
| • Mr Craig Wegert            | Elected   | [Rotation concludes 2018 AGM]        |
| ▪ Ms Deborah Acason          | Appointed | [Appointment concludes 2017 AGM]     |
| • Ms Leanne Goldsworthy      | Appointed | [Appointment concludes 2017 AGM]     |
| ▪ Mr Damon Kelly             | Elected   | [Resigned 5 <sup>th</sup> June 2017] |
| ▪ Mr Lyn Jones               | Elected   | [Rotation concludes 2019 AGM]        |
| ▪ Mr Pedro Sanchez           | Elected   | [Rotation concludes 2019 AGM]        |

### **BOARD MEETING ATTENDANCE:**

January 2017 - October 2017

- |                   |     |                    |     |
|-------------------|-----|--------------------|-----|
| ▪ Danielle Waller | 4/4 | Deborah Acason     | 4/4 |
| ▪ Lyn Jones       | 4/4 | Leanne Goldsworthy | 4/4 |
| ▪ Pedro Sanchez   | 4/4 | Damon Kelly        | 2/2 |
| ▪ Craig Wegert    | 4/4 |                    |     |
| ▪ CEO Ex-officio  | 4/4 |                    |     |

## **PRESIDENT'S MESSAGE**

As AWF President I am very grateful for the continued trust and commitment the AWF receives from its partners: Australian Sports Commission through Chair John Wylie and CEO Kate Palmer; Commonwealth Games Australia through President Sam Coffa and CEO Craig Phillips; Australian Olympic Committee through President John Coates and CEO Matt Carroll; and ASADA through CEO David Sharpe and Sport Operations Officer, Alarna Nightingale.

The support received from these partners is essential to the effectiveness of the programs and services the AWF delivers to the weightlifting and wider communities.

I acknowledge the tireless and often thankless work of our many volunteers taking on roles as club coaches, State Member and affiliated club officers, sub-committee members and our hard-working technical officials at events. The collective efforts of these volunteers have made a huge and positive difference to the lives of many people. On many occasions, their contribution goes unnoticed but it is vital for our success and is greatly appreciated by myself, other Directors on the AWF Board and AWF members.

As readers are all aware the AWF Board is responsible for setting the direction, strategy and financial objectives of the Federation. I wish to personally place on record my thanks to my fellow Directors who have sat on the Board with me during this reporting period: Craig Wegert, Pedro Sanchez; Lyn Jones; Deborah Acason; Leanne Goldsworthy; and Damon Kelly (resigned) who willingly give of their time, dedication and wise counsel in making sure the AWF has a sustainable future.

I take this opportunity to congratulate and thank all athletes, personal coaches, assigned Team Support Personnel, other volunteers and AWF staff involved in the planning and management of this year's international events. We have shared our international success with the Australian Sports Commission, Commonwealth Games Australia, Australian Olympic Committee, Australian Institute of Sport and the State Institutes and Academies and I thank them all for their continued commitment to and support of weightlifting in Australia.

I am pleased to be able to inform readers that the AWF's tough fiscal decisions in 2016 resulted in a budget surplus within this reporting period and the AWF is currently operating within a healthy financial position because of continued prudent financial management processes.

During the past year the AWF has been fortunate to receive invaluable funding and support from the ASC, the CGA and AOC making it possible to support those athletes and Team Support Personnel engaged in international competition and training camps.

The AWF has been fortunate in gaining sponsorship and support from many organisations in 2017. I would like to particularly thank JME, Where2travel, Tonic, Telstra, Leisure Management Concepts, Eleiko and Sylvia P for their respective contributions and assistance.

In 2017 the AWF hosted the CWF & OWF Championships and on behalf of all AWF members I thank OWF President Marcus Stephen, and CWF President Dato Ong Peng, CWF/OWF General Secretary Paul Coffa and the Executive officers of these two dignified weightlifting bodies for giving the AWF the opportunity to deliver the events and provide a memorable and enjoyable experience for all involved.

In closing I would like to place on record my personal thanks to CEO, Michael Keelan, for his unstinting contribution to our sport, and to service suppliers Brendan Kennedy, Bowen Stuart,

Ross Solly and Deb Acason whose contributions make for strong AWF programs and services being promoted and delivered throughout Australia.

Danielle Waller

**AWF Board Chair / AWF President**



## CEO'S REPORT

Throughout this reporting period the AWF Board with limited resources at its disposal has continued to build the capability and capacity of the AWF from the grassroots community to high performance weightlifting.

The Board has fostered, supported and encouraged participation in weightlifting at the community level by working collaboratively with the State Members and has provided AWF member athletes, coaches and officials with the appropriate support systems and programs that are required to build and sustain Australia's international sporting success.

The AWF CEO together with AWF service suppliers have worked collaboratively with the Australian Sports Commission, the Australian Institute of Sport (AIS), the Australian Olympic Committee (AOC), Commonwealth Games Australia (CGA), Oceania Weightlifting Federation (OWF), International Weightlifting Federation (IWF), State Academies and Institutes, State Members and clubs to ensure the AWF Board targets have been pursued and in most instances achieved.

The AWF office has worked closely with ASC to make sure that the AWF has improved progress toward full compliance of the Mandatory Sports Governance Principles (MSGP).

The MSGP are best practice guidelines for National Sporting Organisations (NSO) to operate under. The ASC conducted the Annual Sports Performance Review (ASPR) of the AWF within this reporting period and informed the community that AWF operations demonstrated high quality governance and organisational practices ensuring public funds were being spent effectively by the AWF Board.

It is imperative that every NSO implements robust integrity policies and processes.

The AWF continually acknowledges the Australian Sports Anti-Doping Agency (ASADA) functions and powers under the *ASADA Act* and the National Anti-Doping (NAD) Scheme, the AWF has complied with the *ASADA Act* and the NAD Scheme (including the Sports Administrative Body Rules) and has facilitated the execution of ASADA's functions and powers at all times.

During this reporting period, the AWF office has assisted ASADA with the conduct of investigations related to alleged or suspected anti-doping rule violations.

The AWF office works closely with ASADA and provides timely updates of registered testing pool details; domestic testing pool details; training camp details; competition calendars and entry details. All coaches, administrators, service providers and representative athletes are also encouraged to undergo anti-doping education which can be conveniently accessed free of charge online.

I place on record the AWF Board's thanks to Ian Moir, AWF Anti-Doping Officer, who has continued to quickly and efficiently respond to all athlete/coach enquiries regarding anti-doping business, and to Alarna Nightingale, ASADA Sport Operations Officer, for her courteous, professional and timely responses to the many emails that have been exchanged between the AWF and ASADA offices.

Having a Match Fixing Policy in place was a requirement of the National Integrity of Sports Unit with the aim of protecting the integrity of Australian Sport. Thanks to the efforts of AWF Director, Deborah Acason, the AWF could meet the deadline for the submission of the policy

to the ASC. The policy includes a Code of Conduct and the reporting and investigation processes, another element of the policy, education and training, is still a work in progress. Work is currently taking place in refining the Match Fixing Policy and the Membership Protection Policy is currently undergoing significant changes to enhance AWF Board's governance and capability measures.

As part of the ASPR it was noted that the High Performance Coordinator, Brendan Kennedy, has been liaising with AIS staff to establish the AWF's Sports Science Sports Medicine (SSSM) Principles; Staff integrity and capability; SSSM policy framework; Education; Detection and enforcement; and oversight and reporting. SSSM practices will form part of the AWF's risk management process, specifically understanding risks to the AWF and to the health of AWF athletes and developing appropriate integrity safeguards to mitigate these risks. This work is ongoing and will be concluded prior to the commencement of the 2018 Gold Coast Commonwealth Games.

Each year the AWF Board determine the Bench Mark Event (BME) and the athletes that will be named under the Winning Edge athlete categorisation..

The BME for 2017 was the Commonwealth Senior Championships which was hosted by the AWF that took place at the Carrara Sports and Leisure Centre, Gold Coast, during the first week of September. It is pleasing to report that the BME target of five medals was met.

Australia's Winning Edge athlete categorisation is a national framework to identify the athletes with the greatest potential to contribute to Australia's high performance targets. Athlete categorisation has been used to inform the prioritisation of financial grants to eight weightlifters in support of these targets during this reporting period.

The AWF Board, through good financial management has strived to deliver the operational and strategic goals in a financially sound manner throughout this reporting period.

Although profitability is obviously not the sole purpose of the AWF Board, the Board is always conscious of the necessity to ensure that the AWF programs and services are always sustainable, properly capitalised and funded.

Through sound financial management members have reaped benefits from the ways in which the Board has wisely used the revenue it has received through government funding, partner funding, sponsorship, competition entry fees, membership licence fees, Coach Education Program fees and merchandising. It is pleasing to report that the AWF recorded a profit for the 2016-2017 financial year, details of which can be found in the audited financial statements appearing later in this Annual Report.

As can be reasoned from the participation figures presented later in this Annual Report the number of participants has dropped compared to the figures reported at the same time in 2016.

Getting more people to take up weightlifting is no easy task. As we enter a new strategic planning cycle the AWF Board has a responsibility to provide strong leadership which may include the generation of a Weightlifting Club Development Manual which may become the one-stop resource for people wishing to create or become part of a weightlifting club. The resource will provide information about specialised weightlifting equipment, coach & technical official education, athlete development, technical rules, event calendars, access to workshops, insurance, working with children requirements, community engagement examples, training programs, so on and so on.

There certainly hasn't been a scarcity of events at club, state, national and international levels for AWF athletes, coaches and technical officials to be engaged in.

The Victorian Weightlifting Association hosted the AUS Open/International in March, the event attracted over 200 entries including many athletes from overseas. The event was a great success springing from the magnificent efforts of the VWA Organising Committee mainly comprised of volunteers and VWA staff Ryan Mitchell and Simon Francazio.

June 2017 witnessed the AWF Junior & Senior Championships delivered impeccably by Weightlifting Tasmania's band of helpers who diligently followed the batons held by Leo Isaac who orchestrated the volunteer workforce with the support of Competition Director and WTI President, Kirsty Bartlett-Clark .

Deb Keelan, A/General Manager, Queensland Weightlifting Association, ensured all posts were covered by competent volunteers during the 2017 U15/U17 Championships. The event ran very smoothly under Deb's calm management style.

I wish to sincerely thank the Organising Committee Members for contributing significantly in a variety of ways to the success of the 2017 Commonwealth & Oceania Youth, Junior & Senior Weightlifting Championships. Members Paul Coffa – OWF/CWF General Secretary, Lilly Coffa – OWF Assistant Secretary, Ian Moir – Weightlifting & Para Powerlifting Manager 2018 Commonwealth Games, Craig Wegert – AWF Director, Danielle Waller – AWF President, Bowen Stuart – AWF IT & Communications Manager put in many hours of tumultuous efforts which made my job Competition Director so much easier.

The City of Gold Coast kindly provided the AWF with a subsidy payment which made it possible for the AWF to hire a world class sporting venue being the Carrara Sport and Leisure Centre.

The 2017 Commonwealth & Oceania Weightlifting Championships served as an Operational Trial for the Gold Coast 2018 Commonwealth Games. I wish to acknowledge the Gold Coast Commonwealth Games Corporation (GOLDOC) and the CEO Mark Peters, for their support of the Championships in the form of:

- Provision of the competition stage
- Provision of the Eleiko Sport equipment
- Logistical support
- Funding for Technical Officials accommodation

I would also like to thank Ben Manion, GOLDOC Competition Operations Manager, for his advice and guidance during the planning stages of the Championships.

I also wish to publicly acknowledge and sincerely thank AWF Director Craig Wegert's personal contribution to the delivery of the Championships. Craig's company, JME, provided over \$60K of in-kind support to ensure the venue floor wasn't damaged, the Championships had a purpose-built training venue, and the warm-up area was separated with partitions covered by vinyl screen prints displaying the AWF's sponsors and competition logo kindly designed by former AWF President and Champion weightlifter Robert Kabbas.

The event which attracted over 400 entries was presented at the Gold Coast Commonwealth Games Weightlifting Venue – the Carrara Sport and Leisure Centre. Thanks to the hard work of many, the event ran smoothly and by all accounts was a resounding success albeit at a considerable financial cost to the AWF.

The National Masters Panel (NMP) has delivered Masters Development Education Programs in QLD, NSW, WA and Victoria which have been well received by the growing numbers of Masters athletes. Steered by the passionate and energetic NMP Chair – Coral Quinell, a working group was established that took on the responsibility to organize and deliver the 2017 AWF Masters Championships, 2017 Oceania Masters Championships, Pacific Rim Masters Tournament and Masters World Cup simultaneously at the Mantra on View Hotel, Surfers Paradise, Gold Coast during the period 27-30 October. Again Faster won the sponsorship rights for this massive masters event that used two platforms in order to get through the 300+ competitors over the four-days of competition.

The AWF Board has continued to allocate resources to the AWF's Coach Education Program (CEP). Stemming from an operational restructure during this reporting period, Bowen Stuart took over the management of the CEP which had been previously professionally administered by Deb Keelan who moved on to take on the role of QWA A/General Manager. Club Licence (CL) courses have been delivered throughout Australia. State Licence courses have been presented in Brisbane, Melbourne and Sydney. A one-day CL delivery has been successfully delivered in Queensland and appears to be an attractive alternative to the two-day CL.

The AWF Board is aware that individuals' participation in sport is related to personal, environmental and demographic factors, as well as activity type. This includes for example, emphasis on enjoyment, encouragement, social support, goal setting and motivation.

As a result of the AWF's CEP the accredited coach is uniquely positioned to establish the weightlifting environment that emphasises these factors, In particular, the weightlifting coach is well positioned to provide the individualised, responsive and dynamic environments that are extremely important to inducing and supporting participation.

Weightlifting Technical Officials (TOs) play a vital role in the delivery of AWF calendar events. Without TOs rules would be repeatedly broken and athlete's safety would become jeopardised.

Good weightlifting TOs are selfless, dedicated members who give of their time and efforts often with little thanks. TOs are fair minded and impartial demonstrating a thorough understanding of weightlifting rules. The AWF Board and State Members have continued to provide opportunities for members to become TOs or graduate from one level to the next. Club, State, National courses continue to be delivered in all States and upgrades for TOs wishing to obtain IWF Category 2 and Category 1 status have taken place at national and international events in 2017. The AWF's TO education program is without doubt world class and Australian TOs are highly respected internationally.

Good communication practices are at the heart of every successful organisation. The AWF office has indevoured to disseminate information to get things done and build relationships of trust and commitment.

Bowen Stuart, IT & Communications Manager has accomplished the following tasks on behalf of the AWF during this reporting period:

- Delivered website bug fixes to agreed specifications and timeframes.
- Increased the exposure of weightlifting through the use of technology, and more specifically through the frequent use of social media
- Delivered website upgrades to agreed specifications and timeframes.
- With support from Ross Solly and John Epta (Tonic) coordinated the development of a sponsorship package.

- Analysed, reviewed, and improved AWF business systems through the use of technology.
- Continued maintenance and development of current AWF and State Member websites.
- Released [myAWF](#) to all major mobile platforms.
- Released [AWF Video Results](#)
- Planning and development for improved State Membership and Competition administration processes
- Developed the new NTWA website [www.ntwa.net.au](http://www.ntwa.net.au)
- Managed merchandising sales and dispatch
- Managed accounts and agreements with commercial sponsors Sylvia P, Leisure Concepts, and Eleiko.
- Continued to work with Tonic on standardizing the AWF brand
- Delivered webcasts and photographed the 2017 Australian International & Australian Open; 2017 Australian U15/U17 Championships; 2017 Australian Junior/Senior Championships; 2017 Commonwealth & Oceania Championships; Australia & Oceania Masters Championships, Pacific Rim Tournament and Masters World Cup
- Delivered social media on the AIS Training Camp
  - Webcast the training sessions live
  - Filmed and photographed the training sessions
- Managed AWF Coach Education Program daily operations
- Continued collection, and development of Coach Education content, 28 courses, and 300 participants as of 1/10/2017.

I take this opportunity to recognise the enormous amount of time and effort Bowen continues to contribute to AWF programs and services above and beyond his contractual obligations.

The AWF acknowledges the support of the following individuals and the generous financial investment and various forms of in-kind provision received from their organisations: ASC CEO, Kate Palmer and A/AIS Director, Robert Medlicott; CGA CEO, Craig Phillips; and AOC President John Coates. The achievements of our athletes on various international platforms would not have been possible without the understanding and close collaboration of these high performance partners.

Commercial sponsorship is always hard to procure. The AWF Board is extremely grateful to John Epta at Tonic, thanks for your input of time, creativity and direction. To Leisure Concepts Australia, Australian supplier of Eleiko equipment. Thank you Where2Travel who have looked after the AWF's team travel needs for numerous years. We would also like to thank our lifting suit sponsor Sylvia P, they looked after our lifting suit needs for all Australian teams in since 2014. JME for its support of the 2017 Commonwealth & Oceania Youth-Junior-Senior Championships.

I particularly thank the Board for their support and confidence in the AWF Office and Independent Service Suppliers. I praise the Board for continuing to exercise enterprise, integrity and judgement in directing the Australian Weightlifting Federation to provide assurance of its continuing and lasting prosperity.

A big THANK YOU to the State Members and Clubs, predominantly made up of volunteers, who continue to provide services that provide individuals and groups with greater opportunities to gain access into weightlifting programs and services.

I submit this Annual Report to you and note that the subsequent pages provide some interesting information, statistics and financial details.

Michael Keelan

**Chief Executive Officer**



## **HIGH PERFORMANCE COORDINATORS REPORT**

In December 2016, I was appointed the Australian Weightlifting Federation (AWF) High Performance Coordinator (HPC). I took over from Jacquie White, who accepted a position as Competition Director for the fifth Asian Games. An official handover took place in Melbourne to ensure a smooth transition and this was a tremendous help. I would like to thank Jacquie for all her hard work during her time as High-Performance Coordinator and assistant during my transition to the position.

2017 has been a big year. The most significant event was the Commonwealth & Oceania Championships. This event saw one of the biggest Australian Teams ever compete in an international event. Over 120 athletes and team support personnel competed and produced some excellent results.

Another major task was the development of the 2018 CGA nomination criteria. The process involved extensive consultation with key stakeholders to produce a document which provides all athletes with the opportunity to be nominated for the CGA Team.

The pinnacle event will be the Commonwealth Games Trials in NSW, which will be the final qualifying event for the Gold Coast CG.

### **NextGEN**

This year, the AWF received NextGEN funding from the CGA to assist junior athletes to compete internationally, therefore exposing them to environments they will face as seniors. This is an investment to assist the next generation of athletes to reach their potential. This year's NextGEN squad comprised of Ben Ward, Liam Saxby, Hamish Adams, Zac Millhouse, Nick Di Fabio, Edward Maxwell, Sabah Chamoun, Kiana Elliott and Michaela Warwick. Funds were used to assist the athletes to attend the Youth and Junior World Championships. I would like to thank Craig Phillips and the CGA for their NextGEN support.

### **Scholarships and Mentoring Program**

On the 12<sup>th</sup> October 2017 at the Sport Australia Hall of Fame evening, Ben Ward was announced as a winner of the Scholarship and Mentorship Program. This program aims to help talented young Australians achieve the highest level of sport by providing funding and support for 12 months. Ben was one of five winners and will receive one-on-one mentoring from Tim Horan AM, a \$5000 sporting expense grant and one international flight.

### **IWF Development Program**

The AWF was successful in its application for a grant from the IWF Development Program to host a coaching conference at the AIS on Oct 20–22. The keynote presenter was Zygmunt Smalcerz. As an athlete, Zygmunt was six times Polish Champion, four times European Champion and three times World Champion, as well as an Olympic Champion and IWF Hall of Fame member. As a Coach, he was two times Polish Olympic Games Head coach, National Coach of Poland, Head Coach of the USAW Olympic Centre Weightlifting Program and National Team Coach for the USA.

It was great to have Zygmunt in Australia. His passionate presentations on his elite coaching experience of high performance weightlifters, special assistant exercises and tapering for competitions were well received. Also presenting were Dr Greg Haff and Leo Isaac. Dr Haff presented interesting information on long term athlete development, periodisation and taping

for performance. Leo presented some thought-provoking questions that challenged the group to think differently about high performance. The conference was a great opportunity for Australian coaches to review and discuss the systems, structures and challenges of high performance coaching. I would like to thank the IWF for their generous support of this coaching conference, as well as Mike Keelan and Lyn Jones for their assistance with the application to the IWF.

### **CGA Podium Potential Funding**

The AWF also successfully applied for CGA Podium Potential Funding. This was additional funding directed towards athletes that were assessed as having the greatest chance of winning a medal at the Commonwealth Games. The AWF was awarded a grant of \$40 000 to be allocated to athletes to assist with their CG preparations.

### **High Performance Camp AIS**

In August, a high-performance training camp was held at the AIS for athletes and coaches selected for the Commonwealth & Oceania Championships. The camp objective was to bring athletes and coaches together in preparation for the upcoming championships.

It was also a good opportunity to engage athletes and coaches in meetings on the development of the new AWF High Performance Plan (HPP). Separate workshops were conducted by the Strategic Direction Department of the AIS for athletes and coaches. Their responses were collected and formulated into key points which will be considered for the 2018–2022 high performance plan.

The key points raised in the meetings are listed below.

- The national plan needs to be an 8–10 year rolling plan with periodic review.
- The plan needs to include goals to develop a strong infrastructure, strong club culture and effective coach education programs that support high performance coach needs.
- It is necessary to direct the budget towards supporting long-term goals and the development of athletes and coaches.
- There needs to be a national talent development strategy to increase the identification and retention of young athletes. The program needs to include a Long-Term Athlete Development pathway for athletes to progress from beginners to elite athletes.
- Training camps should be used to develop athletes and coaches.
- There should be revision of the Coach Selection Policy for National Teams.

The next step in the development of the HPP is to produce a draft document for key AWF stakeholders—coaches, athletes, states and clubs—to comment. Once this is completed a final copy will be produced and presented to the AWF to be ratified.

### **High Performance Advisory Group (HPAG)**

A change to the high-performance structure in 2017 was the introduction of the High Performance Advisory Group (HPAG). This group comprises of Greg Hobl, Robert Mitchell, Miles Wydall, Angela Wydall, Lyn Jones, Leo Isaac, Greg Haff and Jennifer Sanchez. This group of experienced coaches, educators and administrators is an advice-giving body on matters relating to high performance. I would like to thank these passionate and dedicated individuals for their valuable contributions during the year.

## **Annual Sports Performance Review (ASPR)**

The Annual Sport Performance Review (ASPR) has two key functions:

1. It is the Australian Sports Commission's (ASC) formal assessment of the performance of funded national sporting organisations (NSOs) across the whole of their business.
2. It identifies themes or critical actions, including ASC support, that will enhance NSO capability. The review applies to all funded sports, with varying degrees of detail, depending on the nature and level of the ASC's investment. This involves the performance of the AWF in its benchmark event. For 2017 this was the Commonwealth Championships. The senior team won five medals, reaching the BME target. The BME for 2018 will be the Commonwealth Games, in which the target is to win five medals. I would like to thank the AWF ASC consultant Adam Gerasimou for his assistance in the ASPR review.

## **Commonwealth Games Nomination Criteria**

A major task during 2017 has been to create the CGA nomination criteria for the 2018 Gold Coast Commonwealth Games. There have been many factors contributing to the challenge of producing the nomination criteria. Factors such as the CG athlete allocation of one athlete per bodyweight category and the requirement of competition in one IWF event have made the process complicated and have led to multiple revisions of the document. The Commonwealth Games Trials in Sydney is shaping up to be a great event. In some bodyweight categories, as little as 5 kg separates the top six athletes. This will make for some great competition as athletes compete for a place on the Commonwealth Games Team.

## **National Teams**

In 2017 national teams were selected for six international events. These were the Youth and Junior World Championships, World University Games, Asian Indoor Games and the Commonwealth & Oceania Championships.

The IWF Youth World Championships were 3-10<sup>th</sup> April 2017 in Bangkok, Thailand. These championships were also a qualification event for the Buenos Aires Youth Olympic Games. The AWF team consisted of four athletes, Ben Ward, Zac Millhouse, Mia Gaudry and Sabah Chamoun was coaches Deborah Acland and Regan Hams. The team performed well, with personal bests and state records achieved. National youth records were set by Ben, Snatch 128kg and Total 274kg. Sabah achieved a nation snatch record 78kg, and national youth and junior record clean and jerk 95kg and total 173kg. Sabah also finished an impressive 9<sup>th</sup> in the 58kg category.

The 2017 Junior World Championships were held June 15-23<sup>rd</sup> 2017 in Tokyo Japan. A 8 team person team comprised of Hamish Adam, Nick Di Fabio, Ben Ward, Liam Saxby, Edward Maxwell, Michaela Warwick, Sabah Chamoun and Kiana Elliot. Head Coach was Erin Haff and Team Manager Robert Mitchell. Many good performances were recorded with personal bests and state and even national records being achieved. Ben Ward had a great competition setting new national records for youth in the 85kg category in the snatch 131kg, Clean and Jerk 157kg and Total 288kg. Sabah also performed well achieving a new national clean and jerk records for Youth 63kg in the clean and jerk 101kg and total 181kg

The Summer Universiade (also known as World University Games) is the world's second largest international athletic event—double the size of the Winter Olympics and bigger than the Commonwealth Games. The Universiade is seen by the AOC as a crucial stepping stone

for emerging future champions striving for the 2020 Tokyo Olympic Games. The competition occurred in Taipei 20-25<sup>th</sup> August 2017. An AWF comprising of athletes Caity Haniver, Phillip Liao, Beau Garrett, Liam Saxby and Head Coach Harvey Goodman. There were some good performances and personal best achieved.

As part of the Olympic charter, the AOC is charged with selecting, funding and sending Australian teams to regional, continental or world multi-sport competitions. The involvement of Australian weightlifters in the fifth Asian Indoor Games provided them with an invaluable experience of a multi-sport competition environment like the Olympic Games. This event occurred in Ashgabat 18-25<sup>th</sup> September. The team comprised of athletes Jocelyne Francken, Sofia Zudova, Brandon Wakeling, Jacob Marquardt, Ridge Barredo, Matthew Lydement with Head Coach Leo Isaac and Team Manager Danielle Waller.

The 2017 Commonwealth & Oceania Championships were held on the Gold Coast 4-9<sup>th</sup> of September. The AWF board continued its policy of fielding full teams to championships held in Australia. With a total of 96 senior, junior and youth lifters, 25 coaches and 6 managers it was the largest contingent of Australians to compete on home soil for many years. This provided an opportunity for many young up-and-coming athletes to experience an international event. This event also doubled as a CGA nomination event. The championships were held in the newly constructed Carrara Sports and Leisure Centre, venue for the 2018 Commonwealth Games Weightlifting, Wrestling and Badminton events. Many athletes performed well, with many medals and personal bests achieved. The junior Oceania men's and women's teams and youth men's team were overall winners of their respective team competitions. All coaches and managers worked many long hours to ensure this event was a successful and positive experience for athletes. I thank them all for their time and efforts.

One common theme emerging from competition reports is the need to improve strategies around body weight management. This will require the AWF to formulate guidelines to improve this aspect of competition preparation, as dramatic weight loss or severe dehydration can have a negative impact of performance.

Another theme was the role of personal coaches. It appears that this is a performance factor that the AWF will need to consider for future events. This may require a new national system in which personal coaches would work in direct contact with the national head coach. For example, on competition days, the national head coach would count the board, nominate weights etc. in consultation with the personal coach, who would monitor their athletes' warm ups etc. to maximise performance.

In conclusion, I would like to sincerely thank all the personal coaches and athletes, who have represented the AWF in 2017. Thanks also to all Team support Personnel assigned to national team roles who have worked hard to meet athletes needs to ensure they achieved their performance targets. Finally, a big thanks to AWF CEO Mike Keelan, Bowen Stuart Manager IT & Communications and the AWF board for all their assistance and support with the High-Performance Program.

Brendan Kennedy

**High Performance Coordinator**

# 2017 MEMBERSHIP FIGURES

FIGURES ACCURATE AS OF 10:00 FRIDAY 13<sup>TH</sup> OCTOBER 2017

FIGURES COMPARED AGAINST DATA AS OF 12:00hr TUESDAY 17<sup>TH</sup> OCTOBER 2016

## CAPITATION

	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total
<b>2017</b>	58	179	81	521	97	68	231	146	1381
	0%	(24%)	29%	(23%)	17%	(24%)	(18%)	(1%)	(15%)

## CLUBS

	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total
<b>Clubs</b>	5	20	3	34	2	7	19	15	105
	(29%)	(20%)	0%	0%	(33%)	(13%)	(5%)	7%	(8%)

## BIGGEST CLUB PER STATE MEMBER

Rank	State	Club	Membership
<b>1</b>	<b>QLD</b>	Cougars Weightlifting Club	101
<b>2</b>	<b>VIC</b>	Hawthorn Weightlifting Club	47
<b>3</b>	<b>VIC</b>	Phoenix Weightlifting Club	40
<b>3</b>	<b>QLD</b>	Gold Coast Weightlifting Club	40
<b>5</b>	<b>WA</b>	Grizzly's Weightlifting Club	35
<b>6</b>	<b>WA</b>	Olympifit	30
<b>6</b>	<b>QLD</b>	Milton Weightlifting Club	30
<b>6</b>	<b>QLD</b>	Whitsunday Weightlifting Club	30
<b>9</b>	<b>TAS</b>	Weightlifting Academy of Tasmania	29
<b>10</b>	<b>QLD</b>	Sunshine Coast Weightlifting Club	24
<b>10</b>	<b>SA</b>	OlyTech Dynamic Strength	24
<b>10</b>	<b>QLD</b>	Brisbane Barbell Club	24
<b>10</b>	<b>WA</b>	Origins Weightlifting Club	24



BIGGEST CLUBS

State	Biggest Club
ACT	Strive Weightlifting Club
NSW	Titans Weightlifting
NT	Time Out
QLD	Cougars Weightlifting Club
SA	OlyTech Dynamic Strength
TAS	Weightlifting Academy of Tasmania
VIC	Hawthorn Weightlifting Club
WA	Grizzly's Weightlifting Club

AGE DISTRIBUTION

	Under 15	Youth	Junior	Senior	Masters	Total
ACT	1		4	33	20	56
NSW	5	8	11	87	68	165
NT	20	4	2	28	27	81
QLD	105	22	26	212	156	492
SA	6	3	13	50	35	97
TAS	8	8	4	22	26	65
VIC	9	12	16	116	78	230
WA	14	7	4	67	54	146
Total	168 11%	64 (35%)	70 (33%)	615 (16%)	464 (14%)	1381 (15%)

## COACH STATISTICS

### AWF Coaches - Members

	State	Level 1	Level 2	Level 3	Level 3 SP	Level 3 Intern	Total
<b>2017</b>	ACT	5	4	1			10
	NSW	38	18	3			59
	NT	2	1			1	4
	QLD	41	16	7		2	66
	SA	10	7	3	1	1	22
	TAS	4	3	1			8
	VIC	16	11	5			32
	WA	12	8	5	1	1	27
<b>Total</b>		<b>128</b>	<b>68</b>	<b>25</b>	<b>2</b>	<b>5</b>	<b>228</b>

### AWF Qualified Coaches

	State	Level 1	Level 2	Level 3	Level 3 SP	Level 3 Intern	Total
<b>Australia</b>	ACT	26	6	1			33
	NSW	125	33	5	1	1	163
	NT	10	5			1	15
	QLD	114	19	8	5	2	144
	SA	32	5	1			38
	TAS	8	4	1			13
	VIC	115	19	5			139
	WA	49	15	3	5	1	73
<b>Japan</b>	Chiba	1					1
<b>New Zealand</b>	---	17	3				20
<b>Singapore</b>	Singapore	1	1				1
<b>Total</b>		<b>498</b>	<b>110</b>	<b>24</b>	<b>11</b>	<b>5</b>	<b>648</b>

## TECHNICAL OFFICIALS STATISTICS

TO Level	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total
<b>Club</b>		21	4	124	7	10	11		177
<b>State</b>	15	38	1	23	17	19	8	36	157
<b>National</b>	2	3	1	20	2	6	4	8	46
<b>CAT II</b>		5	3	3	2	1	5	1	20
<b>CAT I</b>	2	3		5			7	1	18
<b>Total</b>	<b>19</b>	<b>70</b>	<b>9</b>	<b>175</b>	<b>28</b>	<b>36</b>	<b>35</b>	<b>46</b>	<b>418</b>

# COMMUNICATION & SOCIAL MEDIA FACTS

FIGURE CORRECT AT THE 11<sup>TH</sup> OF OCTOBER 2017

## WEBSITES

- 182,582 visits across all AWF Managed Websites
- 80% of the visits are through the core AWF Websites
  - o [www.awf.com.au](http://www.awf.com.au)
  - o [video.awf.com.au](http://video.awf.com.au)
  - o [roadtogc.awf.com.au](http://roadtogc.awf.com.au)
- Road to GC Newsletter emailed monthly to over 5000 recipients
- 2 new state association websites in 2017
  - o WACT
  - o NTWA
- Rebrand of the Road to Rio microsite

## FACEBOOK

- 10,752 followers
- 30% growth in Likes over 2017

## YOUTUBE

- Viewers watched 1,558,130 minutes of AWF Content – 295% growth over 2017
- 128,623 views
- Streamed over 250 hours of live competition in full high definition
- 60K photos

## TWITTER

- 718 followers
- 13,000 Tweet Impressions a month on average

## INSTAGRAM

- 2747 followers – 439% growth over 2017

## HONOURS BOARD

### 2017 Commonwealth Junior Champion

Sabah Chamoun F58k Category

### 2017 Commonwealth Youth Champion

Ben Ward M85k Category

### 2017 Oceania Senior Champion

Tegan Napper F48k Category

### 2017 Oceania Junior Champions

Kaleh Clohessy F58k Category

Isabel Lorenzi F69k Category

### 2017 Oceania Youth Champions

Jett Gaffney M56k Category

Will Portlock M94k Category

### 2017 Australian International Champions

Tia-Clair Toomey F58k Category

Seen Lee F63k Category

Kylie Lindbeck F75k Category

### 2017 Australian Senior Women's Championships

National Champion	Personal Coach	Cat	State	Snatch	C&J	Total
<b>Alyce Stephenson</b>	Angela Wydall	48	QLD	57	82	139
<b>Tegan Napper</b>		53	SA	67	89	156
<b>Parisa Haeri</b>	Andrew Rajeevan	58	NSW	72	90	162
<b>Kiana Elliott</b>	Martin Harlowe	63	SA	92	110	202
<b>Philippa Malone</b>	Darren Coughlan	69	NSW	94	114	208
<b>Camilla Fogagnolo</b>	Leo Isaac	75	TAS	88	111	199
<b>Deborah Acason</b>	Michael Keelan	90	QLD	95	150	210
<b>Katie FASSINA</b>	Leo Isaac	90+	TAS	100	121	221

**Best Lifter – Philippa Malone**  
**Team Champions - Queensland**

### 2017 Australian Senior Men's Championships

National Champion	Personal Coach	Cat	State	Snatch	C&J	Total
<b>Lynton Hargrave</b>	Regan Hams	56	QLD	78	102	180
<b>Vanarra Be</b>	Anthony Dove	62	VIC	110	135	245
<b>Brandon Wakeling</b>	Linzey Beister	69	QLD	115	145	260
<b>Leo Lark</b>	Craig Wegert	77	QLD	128	157	285
<b>Boris Elesin</b>	Aghvan Grigoryan	85	VIC	140	158	298
<b>Jacob Marquardt</b>	Martin Harlowe	94	SA	126	171	297
<b>Zac Grgurevic</b>	Ivan Katz	105	VIC	138	178	316
<b>Damon Kelly</b>	Miles Wydall	105+	QLD	155	190	345

**Best Lifter: Leo Lark**  
**Team Champions: Queensland**

### 2017 Australian Junior Women's Championships

<b>National Champion</b>	<b>Personal Coach</b>	<b>Cat</b>	<b>State</b>	<b>Snatch</b>	<b>C&amp;J</b>	<b>Total</b>
<b>Stephanie Pickrell</b>	Leo Isaac	48	TAS	56	70	126
<b>Maddison Power</b>	Linzey Beister	53	QLD	50	63	113
<b>Olivia Massi</b>	Martin Harlowe	58	SA	51	67	118
<b>Kiana Elliott</b>	Martin Harlowe	63	SA	92	110	202
<b>Madeline Wu</b>	Robert Mitchell	69	NSW	74	94	168
<b>Teagan Newman</b>	Anthony Dove	75	VIC	64	73	137
<b>Saphire Abraham</b>	Angela Wydall	90	QLD	78	103	181
<b>Best Lifter: Kiana Elliott</b> <b>Team Champions: Queensland</b>						

### 2017 Australian Junior Men's Championships

<b>National Champion</b>	<b>Personal Coach</b>	<b>Cat</b>	<b>State</b>	<b>Snatch</b>	<b>C&amp;J</b>	<b>Total</b>
<b>Hamish ADAM</b>	Robert Mitchell	62	NSW	99	123	222
<b>Rick Saha</b>	Kurt Rich	69	NSW	90	118	208
<b>Ethan Catlow-Elliott</b>	Miles Wydall	77	QLD	95	116	211
<b>Liam Saxby</b>	Craig Wegert	85	QLD	120	144	264
<b>Matthew Reynolds</b>	Ben Winter-Giles	94	ACT	115	141	256
<b>Lawson Dingle</b>	Greg Hobl	105	QLD	127	144	271
<b>Orion Walsh</b>	Troy Smith	105+	NSW	123	150	273
<b>Best Lifter: Hamish Adam</b> <b>Team Champions: Queensland</b>						

### 2017 Australian Youth Women's Championships

<b>National Champion</b>	<b>Personal Coach</b>	<b>Cat</b>	<b>State</b>	<b>Snatch</b>	<b>C&amp;J</b>	<b>Total</b>
<b>Rykah Ross</b>	Linzey Beister	44	QLD	32	40	72
<b>Stephanie Pickrell</b>	Leo Isaac	48	TAS	53	68	121
<b>Maddison Power</b>	Linzey Beister	53	QLD	52	65	117
<b>Kalah Clohesy</b>	Sara Niglia	58	VIC	55	75	130
<b>Alana Evans</b>	Coral Quinell	63	QLD	54	70	124
<b>Jarian Hogan</b>	Robert Mitchell	69	NSW	62	81	143
<b>Ashley Robottom</b>	Troy Smith	75	NSW	53	68	121
<b>Saphire Abraham</b>	Angela Wydall	75+	QLD	80	105	185
<b>Best Lifter: Saphire Abraham</b> <b>Team Champions: Queensland</b>						

### 2017 Australian Youth Men's Championships

<b>National Champion</b>	<b>Personal Coach</b>	<b>Cat</b>	<b>State</b>	<b>Snatch</b>	<b>C&amp;J</b>	<b>Total</b>
<b>Jett Gaffney</b>	Miles Wydall	56	QLD	68	84	152
<b>Matthew Eichmann</b>	Linzey Beister	62	QLD	82	96	178
<b>Matthew Damchez</b>	Tony Damchez	69	VIC	88	112	200
<b>Ethan Catlow -Elliott</b>	Miles Wydall	77	QLD	95	118	213
<b>Charlton Utz</b>	Jackson Solofa	85	QLD	67	80	147
<b>Ben Ward</b>	Regan Hams	94	QLD	125	158	283
<b>Malachi Faamausili-Fala</b>	Tauvale Fala	94+	WA	97	123	220
<b>Best Lifter: Ben Ward</b> <b>Team Champions: Queensland</b>						

### 2017 Australian Under 15 Women's Championships



<b>National Champion</b>	<b>Personal Coach</b>	<b>Cat</b>	<b>State</b>	<b>Snatch</b>	<b>C&amp;J</b>	<b>Total</b>
<b>Rykah Ross</b>	Linzey Beister	44	QLD	32	40	72
<b>Lauren Hastings</b>	Leanne Thomas	48	TAS	53	68	121
<b>Maddison Power</b>	Linzey Beister	53	QLD	52	65	117
<b>Monique Booth</b>	Mark Brown	58	VIC	55	75	130
<b>Alana Evans</b>	Coral Quinell	63	QLD	54	70	124
<b>Jarian Hogan</b>	Robert Mitchell	69	NSW	62	81	143
<b>Mia Maoate-Latimer</b>	Jacqueline Lawson	75	NSW	53	68	121
<b>Bronwyn Dunne</b>	Linzey Beister	75+	QLD	80	105	185

**Best Lifter: Jarian Hogan**

**Team Champions: Queensland**

### **2017 Australian Under 15 Men's Championships**

<b>National Champion</b>	<b>Personal Coach</b>	<b>Cat</b>	<b>State</b>	<b>Snatch</b>	<b>C&amp;J</b>	<b>Total</b>
<b>Mason Catlow-Elliott</b>	Miles Wydall	50	QLD	39	50	89
<b>Jett Gaffney</b>	Miles Wydall	56	QLD	68	84	152
<b>Rourke Turton</b>	Michael Pileggi	62	WA	67	84	151
<b>Jack Davis</b>	Martin Harlowe	69	SA	75	90	165
<b>Jaspa Hope</b>	Leanne Knox	77	QLD	68	104	172
<b>Kai Johnstone</b>	Miles Wydall	85	QLD	65	75	140
<b>Mackenzie Barrington-Jacobi</b>	Angela Wydall	94	QLD	50	63	113
<b>Angus Loft</b>	Miles Wydall	94+	QLD	40	65	105

**Best Lifter: Jett Gaffney**

**Team Champions: Queensland**

## INTERNATIONAL COMPETITIONS – AUSTRALIAN REPS

Australian International							
<b>Alice Stephenson</b>	Cougars Weightlifting Club	47.85	56	81	137	F48	3
<b>Tia-Clair Toomey</b>	---	57.9	84	111	195	F58	1
<b>Seen Lee</b>	Hawthorn Weightlifting Club	62.91	90	108	198	F63	1
<b>Kiana Elliott</b>	---	65.63	90	109	199	F69	2
<b>Philippa Malone</b>	Musashi Weightlifting	64.92	92	106	198	F69	3
<b>Kylie Lindbeck</b>	Strive Weightlifting Canberra	73.72	95	103	198	F75	1
<b>Tahina Booth</b>	---	87.4	88	111	199	F90	3
<b>Kaitlyn Fassina</b>	Weightlifting Academy of Tasmania	99.74	100	123	223	F90+	3
<b>Zac Grgurevic</b>	Phoenix Weightlifting Club	104.37	142	172	314	M105	3
<b>Philip Wood</b>	Phoenix Weightlifting Club	130.1	148	175	323	M105+	3
<b>Brandon Wakeling</b>	Gold Coast Weightlifting Club	68.26	115	140	255	M69	5
<b>James Delaney</b>	Hawthorn Weightlifting Club	68.38	109	136	245	M69	6
<b>Francois Etoundi</b>	Hawthorn Weightlifting Club	76.44	136	170	306	M77	2
<b>Daniel Katz</b>	Phoenix Weightlifting Club	76.31	125	155	280	M77	6
<b>Simplice Ribouem</b>	Hawthorn Weightlifting Club	93.12	146	175	321	M94	3
Australian Open							
<b>Emily Scott</b>	---	47.5	58	74	132	F48	4
<b>Holly Shawcross</b>	mTOR Barbell	52.18	68	81	149	F53	3
<b>Michaela Warwick</b>	Raw Movement Barbell Society	51.89	67	79	146	F53	4
<b>Parisa Haeri</b>	Raw Barbell Club	57.07	73	91	164	F58	3
<b>Melissa Robinson</b>	Cougars Weightlifting Club	57.6	65	83	148	F58	4
<b>Camilla Fogagnolo</b>	Weightlifting Academy of Tasmania	68.75	85	105	190	F69	5
<b>Ebony Gorincu</b>	Cougars Weightlifting Club	68.66	82	98	180	F69	6
<b>Sofia Zudova</b>	Hawthorn Weightlifting Club	74.18	82	107	189	F75	3
<b>Simon Mccoy</b>	in2performance Weightlifting Club	101.81	130	166	296	M105	7
<b>Vannara Be</b>	Hawthorn Weightlifting Club	60.21	112	130	242	M62	4
<b>Joshua Wu</b>	Burwood High Performance Weightlifting Club	68.2	110	140	250	M69	6
<b>Leo Lark</b>	---	76.88	121	163	284	M77	5
<b>Frank Elliott</b>	---	76.43	129	150	279	M77	8
<b>Ben Ward</b>	Bounce Weightlifting Club	84.48	120	150	270	M85	5
<b>Samuel Kennedy</b>	---	92.34	140	170	310	M94	4
<b>Boris Elesin</b>	Phoenix Weightlifting Club	87.95	137	150	287	M94	6

<b>World Youth Championships</b>							
<b>Mia Gaudry</b>	Brisbane Barbell Club	52.35	55	69	124	F53	22
<b>Sabah Chamoun</b>	Summer Hill Weightlifting Club	57.87	78	95	173	F58	9
<b>Ben Ward</b>	Bounce Weightlifting Club	84.4	128	146	274	M85	15
<b>Zac Millhouse</b>	Weightlifting Academy of Tasmania	83.82	114	141	255	M85	22
<b>World Masters Games/Championships</b>							
<b>Denese Billings</b>	LG Barbell	44.12	33	44	77	F48	3
<b>Annette Willmott</b>	Aphesis Barbell Club	47.38	29	39	68	F48	1
<b>Mary Macken</b>	Titans Weightlifting Club	47.62	41	52	93	F48	1
<b>Zoe Stolton</b>	Olympifit	48.88	33	45	78	F53	3
<b>Kim Walker</b>	Gold Coast Weightlifting Club	50.7	35	50	85	F53	4
<b>Monika Endres</b>	---	51.76	54	64	118	F53	3
<b>Julie Davis</b>	North Brisbane Weightlifting Association	51.92	26	37	63	F53	1
<b>Tara Noonan</b>	Brisbane Barbell Club	52.36	58	72	130	F53	1
<b>Colleen Duplock</b>	North Brisbane Weightlifting Association	52.42	28	34	62	F53	3
<b>Sonia Stenhouse</b>	Saints Weightlifting Club	52.7	38	51	89	F53	4
<b>Merryn Hillhouse</b>	Milton Weightlifting Club	53.2	31	42	73	F58	3
<b>Carlene Portela</b>	Raw Barbell Club	56.86	44	57	101	F58	3
<b>Jennifer Williams</b>	Shire Speed and Strength	57.66	50	65	115	F58	4
<b>Diana Loy</b>	Milton Weightlifting Club	57.72	48	68	116	F58	2
<b>Christine Runion</b>	Olympifit	57.8	27	0	0	F58	DNF
<b>Tina Di Carluccio</b>	Hawthorn Weightlifting Club	58	50	62	112	F58	5
<b>Toni Lane</b>	Geelong Weightlifting Club	59.95	55	76	131	F63	1
<b>Valerie Silver</b>	---	60.2	30	43	73	F63	1
<b>Rhonda O'Farrell</b>	Olympifit	60.9	55	70	125	F63	2
<b>Amelia Thomsett</b>	South East Strength	61.05	60	80	140	F63	3
<b>Lesley Moyle</b>	North Brisbane Weightlifting Association	61.2	28	40	68	F63	2
<b>Marie Brett</b>	Milton Weightlifting Club	61.7	39	51	90	F63	2
<b>Fiona Redhead</b>	Milton Weightlifting Club	62	49	66	115	F63	1
<b>Gemma Connolly</b>	Brisbane Barbell Club	62.25	47	0	0	F63	DNF
<b>Meg Emerton</b>	Cougars Weightlifting Club	62.35	40	51	91	F63	1
<b>Lynda Edwards</b>	South East Strength	63.8	65	80	145	F69	4
<b>Monica Cook</b>	Origins Weightlifting Club	65.15	40	60	100	F69	2
<b>Bronwyn Graham</b>	Milton Weightlifting Club	65.7	60	78	138	F69	5
<b>Lenor Whiley</b>	Milton Weightlifting Club	66.2	57	66	123	F69	9
<b>Sue Cox</b>	North Brisbane Weightlifting Association	66.8	41	50	91	F69	3
<b>Leanne Knox</b>	Whitsunday Weightlifting Club	67.4	69	92	161	F69	1
<b>Stephanie Faulkner</b>	Milton Weightlifting Club	68	30	38	68	F69	1
<b>Malgorzata Soroka</b>	---	68.6	60	72	132	F69	2
<b>Leandra Miscamble</b>	Gold Coast Weightlifting Club	71.1	32	49	81	F75	2
<b>Claire Campbell</b>	Brunswick Barbell Club	71.2	53	70	123	F75	8
<b>Kathy Rice</b>	West Coast Weightlifting	71.85	47	61	108	F75	3

<b>Renee Purbrick</b>	Ox Box Barbell	72.8	59	76	135	F75	5
<b>Sue Rennett</b>	Raw Barbell Club	72.85	40	64	104	F75	2
<b>Louise Richards</b>	LG Barbell	73.8	55	63	118	F75	2
<b>Bronwyn Hitchener</b>	Toowoomba Weightlifting Association Inc	73.9	55	67	122	F75	1
<b>Robyn Morgan</b>	---	73.95	57	82	139	F75	1
<b>Linda Eades</b>	New Beginning Weightlifting	74.2	48	57	105	F75	4
<b>Phillippa Gunter</b>	---	74.3	67	75	142	F75	4
<b>Kelly Cameron</b>	Phoenix Weightlifting Club	74.4	72	91	163	F75	2
<b>Louise Webb</b>	Geelong Weightlifting Club	79.15	49	56	105	F90	1
<b>Danielle Waller</b>	Oly 4 Kids	86.1	59	65	124	F90	1
<b>Rawena Tairi</b>	Gold Coast Weightlifting Club	90.6	39	49	88	F90+	1
<b>Vicki Mcgrady</b>	Olympifit	92.6	47	62	109	F90+	8
<b>Mary Bowie</b>	Lift Performance Centre	98.7	49	63	112	F90+	7
<b>Oliver Briones</b>	---	55.7	73	90	163	M56	1
<b>Benjamin Silva</b>	Geelong Weightlifting Club	66.95	0	0	0	M69	DNF
<b>Jonathon Valentine</b>	Burwood High Performance Weightlifting Club	68.1	95	121	216	M69	4
<b>Lincoln Hanson</b>	Cougars Weightlifting Club	68.8	92	117	209	M69	5
<b>Chris Holt</b>	---	73.9	45	61	106	M77	2
<b>Brad Bristowe</b>	LaB Strength & Conditioning	76.4	92	111	203	M77	4
<b>Rohan Mason</b>	Hawthorn Weightlifting Club	76.5	60	75	135	M77	2
<b>Craig Blythman</b>	Hawthorn Weightlifting Club	76.85	105	122	227	M77	1
<b>Robert Davison</b>	Alive Barbell Club	76.95	88	117	205	M77	2
<b>Musa Kamara</b>	---	78.15	111	134	245	M85	2
<b>Jon Delaney</b>	---	83.5	102	130	232	M85	4
<b>Adriano Immarrata</b>	Shire Speed and Strength	83.9	100	125	225	M85	6
<b>Luke Dimasi</b>	Origins Weightlifting Club	84.4	95	122	217	M85	7
<b>George Stylianou</b>	Phoenix Weightlifting Club	84.7	85	102	187	M85	4
<b>Michael Nolan</b>	---	84.75	91	120	211	M85	8
<b>Alan Lewis</b>	Olympifit	88.6	30	41	71	M94	2
<b>Warren Hellisen</b>	Phoenix Weightlifting Club	93.15	100	132	232	M94	1
<b>Armando Miotti</b>	---	96.75	109	130	239	M105	1
<b>Tim Redhead</b>	Milton Weightlifting Club	103.7	90	115	205	M105	5
<b>John Reynolds</b>	---	104.65	45	60	105	M105	5
<b>Aghvan Grigoryan</b>	Phoenix Weightlifting Club	112.4	113	131	244	M105+	3
<b>Drew Mctavish</b>	Inner West Barbell Club	116.15	112	127	239	M105+	3
<b>World Junior Championships</b>							
<b>Michaela Warwick</b>	Raw Movement Barbell Society	51.55	68	79	147	F53	17
<b>Sabah Chamoun</b>	Summer Hill Weightlifting Club	62.52	80	101	181	F63	11
<b>Kiana Elliott</b>	---	62.85	88	0	0	F63	DNF
<b>Edward Maxwell</b>	Weightlifting Academy of Tasmania	103.2	126	156	282	M105	15

<b>Hamish Adam</b>	Burwood High Performance Weightlifting Club	61.77	95	123	218	M62	17
<b>Nick Difabio</b>	Origins Weightlifting Club	76.42	115	147	262	M77	22
<b>Ben Ward</b>	Bounce Weightlifting Club	84.74	131	157	288	M85	21
<b>Liam Saxby</b>	---	83.42	120	140	260	M85	24

#### **World University Championships**

<b>Caity Haniver</b>	Melbourne Weightlifting Club	68.85	77	97	174	F69	19
<b>Joshua Quinn</b>	in2performance Weightlifting Club	104.81	127	150	277	M105	15
<b>Ling Wei Phillip Liao</b>	Burwood High Performance Weightlifting Club	61.62	92	117	209	M62	10
<b>Beau Garrett</b>	Gold Coast Weightlifting Club	84.28	130	165	295	M85	12
<b>Liam Saxby</b>	---	84.47	122	146	268	M85	16

#### **Commonwealth Senior Championships**

<b>Alyce Stephenson</b>	Cougars Weightlifting Club	47.91	58	80	138	F48	7
<b>Erika Yamasaki</b>	Cougars Weightlifting Club	57.66	77	103	180	F58	2
<b>Tia-Clair Toomey</b>	---	57.49	75	102	177	F58	4
<b>Seen Lee</b>	Hawthorn Weightlifting Club	62.71	88	111	199	F63	2
<b>Philippa Malone</b>	Musashi Weightlifting	66.38	90	112	202	F69	4
<b>Sammy Wood</b>	---	68.21	83	104	187	F69	8
<b>Kaitlyn Fassina</b>	Weightlifting Academy of Tasmania	89.12	105	123	228	F90	2
<b>Deborah Aason</b>	Ipswich Olympic Weightlifting Academy	86.59	97	120	217	F90	4
<b>Ridge Barredo</b>	Aphesis Barbell Club	99.22	143	188	331	M105	3
<b>Zac Grgurevic</b>	Phoenix Weightlifting Club	104.95	140	175	315	M105	6
<b>Vannara Be</b>	Hawthorn Weightlifting Club	61.75	111	128	239	M62	8
<b>Francois Etoundi</b>	Hawthorn Weightlifting Club	76.67	137	169	306	M77	3
<b>Leo Lark</b>	---	76.03	130	163	293	M77	7
<b>Boris Elesin</b>	Phoenix Weightlifting Club	84.55	140	160	300	M85	5
<b>Simplicie Ribouem</b>	Hawthorn Weightlifting Club	92.92	145	182	327	M94	5
<b>Samuel Kennedy</b>	---	93.22	139	168	307	M94	8

#### **Commonwealth Junior Championships**

<b>Stephanie Pickrell</b>	Weightlifting Academy of Tasmania	47.54	53	72	125	F48	2
<b>Michaela Warwick</b>	Raw Movement Barbell Society	51.35	66	76	142	F53	4
<b>Maddison Power</b>	Gold Coast Weightlifting Club	51.99	53	66	119	F53	5
<b>Sabah Chamoun</b>	Summer Hill Weightlifting Club	62.85	78	98	176	F63	1
<b>Madeline Wu</b>	Burwood High Performance Weightlifting Club	67.42	75	95	170	F69	2
<b>Olivia Lohan</b>	Gold Coast Weightlifting Club	68.77	77	90	167	F69	3



<b>Bronwyn Dunne</b>	Gold Coast Weightlifting Club	93.17	62	84	146	F90+	6
<b>Edward Maxwell</b>	Weightlifting Academy of Tasmania	103.94	126	155	281	M105	5
<b>Lawson Dingle</b>	Toowoomba Weightlifting Association Inc	104.68	120	145	265	M105	6
<b>Hamish Adam</b>	Burwood High Performance Weightlifting Club	61.88	100	122	222	M62	4
<b>Nick Difabio</b>	Origins Weightlifting Club	76.66	117	148	265	M77	3
<b>Christopher Lai</b>	Bounce Weightlifting Club	76.24	105	144	249	M77	5
<b>Ben Ward</b>	Bounce Weightlifting Club	84.52	125	148	273	M85	7
<b>Liam Saxby</b>	---	84.35	117	142	259	M85	8
<b>Matt Reynolds</b>	Unbranded Weightlifting	91.98	117	142	259	M94	5
<b>Commonwealth Youth Championships</b>							
<b>Stephanie Pickrell</b>	Weightlifting Academy of Tasmania	47.54	53	72	125	F48	2
<b>Alana Evans</b>	Milton Weightlifting Club	62.65	58	70	128	F63	6
<b>Jarian Hogan</b>	Burwood High Performance Weightlifting Club	67.43	60	83	143	F69	4
<b>Matthew Eichmann</b>	Milton Weightlifting Club	61.91	84	104	188	M62	4
<b>Matthew Damches</b>	Hawthorn Weightlifting Club	66.59	0	0	0	M69	DNF
<b>William Saxton</b>	Ox Weightlifting Club	77	101	115	216	M77	5
<b>Ethan Catlow-Elliott</b>	Cougars Weightlifting Club	71.28	92	112	204	M77	6
<b>Ben Ward</b>	Bounce Weightlifting Club	84.52	125	148	273	M85	1
<b>Zac Millhouse</b>	Weightlifting Academy of Tasmania	84.15	119	146	265	M85	2
<b>John Downes</b>	Cougars Weightlifting Club	93.41	110	135	245	M94	2
<b>Adam Smidt</b>	Cougars Weightlifting Club	93.6	102	130	232	M94	3
<b>Oceania Senior Championships</b>							
<b>Tegan Napper</b>	OlyTech Dynamic Strength	47.83	70	88	158	F48	1
<b>Alyce Stephenson</b>	Cougars Weightlifting Club	47.91	58	80	138	F48	3
<b>Parisa Haeri</b>	Raw Barbell Club	57.71	72	92	164	F58	3
<b>Jessica Lai</b>	West Coast Weightlifting	68.14	88	104	192	F69	3
<b>Jocelyne Francken</b>	---	68.21	82	102	184	F69	5
<b>Camilla Fogagnolo</b>	Weightlifting Academy of Tasmania	72.3	87	107	194	F75	2
<b>Kylie Lindbeck</b>	Strive Weightlifting Canberra	74.02	86	100	186	F75	3
<b>Jackson Roberts-Young</b>	Shire Speed and Strength	103.99	132	177	309	M105	5
<b>Matthew Lydement</b>	Brisbane Barbell Club	103.62	143	165	308	M105	6
<b>Damon Kelly</b>	Brisbane Barbell Club	155.39	158	187	345	M105+	2
<b>Brandon Wakeling</b>	Gold Coast Weightlifting Club	68.6	125	159	284	M69	2
<b>Frank Elliott</b>	---	76.58	130	152	282	M77	4
<b>Sean Fitzgerald</b>	Weightlifting Academy of Tasmania	76.6	126	0	0	M77	DNF
<b>Troy Hewkins</b>	---	84.09	135	161	296	M85	4

<b>Liam Larkins</b>	Phoenix Weightlifting Club	84.91	130	158	288	M85	6
<b>Oceania Junior Championships</b>							
<b>Kalah Clohesy</b>	---	56.01	53	78	131	F58	1
<b>Olivia Massi</b>	---	57.48	51	65	116	F58	2
<b>Kenyah Lawler</b>	---	60.99	71	88	159	F63	3
<b>Maddison Black</b>	Cougars Weightlifting Club	62.55	63	80	143	F63	4
<b>Isabel Lorenzi</b>	Burwood High Performance Weightlifting Club	68.48	75	90	165	F69	1
<b>Nicky Cummins</b>	Hawthorn Weightlifting Club	68.05	71	85	156	F69	3
<b>Teagan Newman</b>	Hawthorn Weightlifting Club	73.14	69	78	147	F75	2
<b>Bronwyn Dunne</b>	Gold Coast Weightlifting Club	93.17	62	84	146	F90+	4
<b>Orion Walsh</b>	Hunter Barbell	138.27	125	148	273	M105+	2
<b>Mitchell Daniels</b>	Sunshine Coast Weightlifting Club	68.04	95	110	205	M69	4
<b>Rick Saha</b>	Sydney Boys High Weightlifting Club	67.72	87	118	205	M69	5
<b>Reece Jones</b>	Melbourne Weightlifting Club	76.38	102	129	231	M77	3
<b>Keisuke Hisashi</b>	Cougars Weightlifting Club	76.12	96	120	216	M77	4
<b>Zac Millhouse</b>	Weightlifting Academy of Tasmania	84.15	119	146	265	M85	3
<b>James Naylor-Pratt</b>	Strive Weightlifting Canberra	84.02	98	120	218	M85	5
<b>Kyle Bruce</b>	Zubin Weightlifting Club	85.58	112	150	262	M94	2
<b>John Downes</b>	Cougars Weightlifting Club	93.41	110	135	245	M94	3
<b>Oceania Youth Championships</b>							
<b>Desree Barnes</b>	Cougars Weightlifting Club	50.65	46	59	105	F53	2
<b>Hannah Spinks</b>	Weightlifting Academy of Tasmania	59.68	53	65	118	F63	4
<b>Ashley Robottom</b>	Hunter Barbell	67.63	53	70	123	F69	4
<b>Maddie Joslin</b>	Brisbane Barbell Club	68.5	50	66	116	F69	5
<b>Mia Maoate-Latimer</b>	Crossfit Assassin Barbell Club	73.33	50	61	111	F75	4
<b>Makayla Dingle</b>	Ipswich Barbell Club	89.38	60	78	138	F90	3
<b>Ella Tomuli-Ah-Kuoi</b>	Grizzly's Weightlifting Club	98.47	60	75	135	F90+	4
<b>Jett Gaffney</b>	Cougars Weightlifting Club	55.55	69	80	149	M56	1
<b>Rourke Turton</b>	Guildford Grammar School Weightlifting Club	61.43	65	76	141	M62	2
<b>Jack Davis</b>	---	67.59	77	93	170	M69	2
<b>Joe Hiram</b>	Geelong Weightlifting Club	73.19	85	103	188	M77	2
<b>Joel Richards</b>	Brisbane Barbell Club	71.68	80	108	188	M77	3
<b>Jaspa Hope</b>	Whitsunday Weightlifting Club	77.37	75	107	182	M77	3
<b>Will Portlock</b>	Central Coast Weightlifting Club Inc.	91.78	86	117	203	M94	1

<b>Jordan Gotts</b>	Central Coast Weightlifting Club Inc.	96.98	90	111	201	M94	3
<b>Fifth Asian Games</b>							
<b>Jocelyne Francken</b>	---	68.79	80	100	180	F69	8
<b>Sofia Zudova</b>	Hawthorn Weightlifting Club	78.09	88	110	198	F75	5
<b>Ridge Barredo</b>	Aphesis Barbell Club	100.22	146	181	327	M105	8
<b>Matthew Lydement</b>	Brisbane Barbell Club	102.75	135	165	300	M105	11
<b>Brandon Wakeling</b>	Gold Coast Weightlifting Club	68.35	114	154	268	M69	8
<b>Jacob Marquardt</b>	---	93.08	135	160	295	M94	13

## NATIONAL RECORDS

A total of 155 Australian record claims have been registered on the AWF's result management system during the period 1<sup>st</sup> January – 22<sup>nd</sup> October, 2017.

ATHLETE	STATE	BWT	AGE	LIFT	WEIGHT	DATE
<b>Armando Miotti</b>	VIC	M94	Mast 55-59	CJ	126	27/01/2017
<b>Armando Miotti</b>	VIC	M94	Mast 55-59	SNATCH	105	27/01/2017
<b>Armando Miotti</b>	VIC	M94	Mast 55-59	TOTAL	231	27/01/2017
<b>Armando Miotti</b>	VIC	M105	Mast 55-59	CJ	130	24/04/2017
<b>Armando Miotti</b>	VIC	M105	Mast 55-59	SNATCH	109	24/04/2017
<b>Armando Miotti</b>	VIC	M105	Mast 55-59	TOTAL	239	24/04/2017
<b>Ben Ward</b>	QLD	M85	Youth	SNATCH	128	1/04/2017
<b>Ben Ward</b>	QLD	M85	Youth	TOTAL	274	1/04/2017
<b>Ben Ward</b>	QLD	M85	Youth	CJ	157	16/06/2017
<b>Ben Ward</b>	QLD	M85	Youth	SNATCH	131	16/06/2017
<b>Ben Ward</b>	QLD	M85	Youth	TOTAL	288	16/06/2017
<b>Ben Ward</b>	QLD	M94	Youth	CJ	158	9/07/2017
<b>Ben Ward</b>	QLD	M94	Youth	SNATCH	125	9/07/2017
<b>Ben Ward</b>	QLD	M94	Youth	TOTAL	283	9/07/2017
<b>Bernadette Kinnane</b>	VIC	F53	Mast 60-64	SNATCH	33	29/04/2017
<b>Bernadette Kinnane</b>	VIC	F53	Mast 60-64	TOTAL	75	29/04/2017
<b>Bernadette Kinnane</b>	VIC	F53	Mast 60-64	CJ	43	19/08/2017
<b>Bernadette Kinnane</b>	VIC	F53	Mast 60-64	TOTAL	76	19/08/2017
<b>Bronwyn Hitchener</b>	QLD	F90	Mast 55-59	CJ	70	28/01/2017
<b>Bronwyn Hitchener</b>	QLD	F90	Mast 55-59	SNATCH	55	28/01/2017
<b>Bronwyn Hitchener</b>	QLD	F90	Mast 55-59	TOTAL	125	28/01/2017
<b>Bronwyn Hitchener</b>	QLD	F75	Mast 55-59	CJ	67	24/04/2017
<b>Bronwyn Hitchener</b>	QLD	F75	Mast 55-59	SNATCH	55	24/04/2017
<b>Bronwyn Hitchener</b>	QLD	F75	Mast 55-59	TOTAL	122	24/04/2017
<b>Dale Donaghue</b>	QLD	F90	Mast 45-49	CJ	60	28/01/2017
<b>Dale Donaghue</b>	QLD	F90	Mast 45-49	SNATCH	48	28/01/2017
<b>Dale Donaghue</b>	QLD	F90	Mast 45-49	TOTAL	108	28/01/2017
<b>Dale Donaghue</b>	QLD	F90	Mast 45-49	CJ	67	20/05/2017
<b>Dale Donaghue</b>	QLD	F90	Mast 45-49	SNATCH	50	20/05/2017
<b>Dale Donaghue</b>	QLD	F90	Mast 45-49	TOTAL	117	20/05/2017
<b>Danielle Waller</b>	WA	F90	Mast 50-54	CJ	65	25/04/2017
<b>Danielle Waller</b>	WA	F90	Mast 50-54	SNATCH	59	25/04/2017
<b>Danielle Waller</b>	WA	F90	Mast 50-54	TOTAL	124	25/04/2017
<b>David De Rose</b>	QLD	M77	Mast 35-39	CJ	142	1/04/2017
<b>David De Rose</b>	QLD	M77	Mast 35-39	TOTAL	252	1/04/2017
<b>Elizabeth Ashton</b>	NT	F90	Mast 40-44	CJ	55	29/01/2017
<b>Elizabeth Ashton</b>	NT	F90	Mast 40-44	SNATCH	50	29/01/2017
<b>Elizabeth Ashton</b>	NT	F90	Mast 40-44	TOTAL	105	29/01/2017
<b>Finn Lamond</b>	QLD	M38	Under 15	SNATCH	33	8/07/2017
<b>George Stylianou</b>	VIC	M85	Mast 55-59	SNATCH	86	11/02/2017
<b>George Stylianou</b>	VIC	M85	Mast 55-59	SNATCH	87	19/08/2017
<b>Jacob Shneidman</b>	NSW	M62	Mast 65-69	CJ	60	1/07/2017
<b>Jacob Shneidman</b>	NSW	M62	Mast 65-69	SNATCH	43	1/07/2017
<b>Jacob Shneidman</b>	NSW	M62	Mast 65-69	TOTAL	103	1/07/2017
<b>Jacob Shneidman</b>	NSW	M62	Mast 65-69	SNATCH	47	19/08/2017
<b>Jacob Shneidman</b>	NSW	M62	Mast 65-69	TOTAL	107	19/08/2017

Jarian Hogan	NSW	F69	Under 15	CJ	81	18/03/2017
Jarian Hogan	NSW	F69	Under 15	SNATCH	63	18/03/2017
Jarian Hogan	NSW	F69	Under 15	TOTAL	144	18/03/2017
Jarian Hogan	NSW	F69	Under 15	CJ	83	7/09/2017
Jett Gaffney	QLD	M56	Under 15	SNATCH	68	8/07/2017
Jett Gaffney	QLD	M56	Under 15	SNATCH	69	5/09/2017
Jett Gaffney	QLD	M56	Under 15	CJ	90	7/10/2017
Jett Gaffney	QLD	M56	Under 15	SNATCH	70	7/10/2017
Jett Gaffney	QLD	M56	Under 15	TOTAL	160	7/10/2017
John Clow	VIC	M85	Mast 65-69	CJ	95	29/04/2017
John Clow	VIC	M85	Mast 65-69	TOTAL	165	29/04/2017
Jonathon Valentine	NSW	M69	Mast 35-39	CJ	124	8/04/2017
Jonathon Valentine	NSW	M69	Mast 35-39	TOTAL	224	8/04/2017
Julie Davis	QLD	F53	Mast 65-69	CJ	38	25/02/2017
Julie Davis	QLD	F53	Mast 65-69	TOTAL	65	25/02/2017
Kelly Cameron	VIC	F90	Mast 35-39	CJ	92	8/04/2017
Kelly Cameron	VIC	F90	Mast 35-39	SNATCH	71	8/04/2017
Kelly Cameron	VIC	F90	Mast 35-39	TOTAL	163	8/04/2017
Kelly Cameron	VIC	F75	Mast 35-39	CJ	91	28/04/2017
Kelly Cameron	VIC	F75	Mast 35-39	TOTAL	163	28/04/2017
Kiana Elliott	SA	F69	Junior	TOTAL	199	18/03/2017
Kiana Elliott	SA	F63	Junior	CJ	110	3/06/2017
Leanne Knox	QLD	F69	Mast 45-49	CJ	92	26/04/2017
Leanne Knox	QLD	F69	Mast 45-49	SNATCH	69	26/04/2017
Leanne Knox	QLD	F69	Mast 45-49	TOTAL	161	26/04/2017
Leora Yates	VIC	F90	Mast 40-44	CJ	90	24/06/2017
Leora Yates	VIC	F90	Mast 40-44	SNATCH	68	24/06/2017
Leora Yates	VIC	F90	Mast 40-44	TOTAL	158	24/06/2017
Lina Vukojevic	VIC	F63	Mast 55-59	CJ	60	19/08/2017
Lina Vukojevic	VIC	F63	Mast 55-59	SNATCH	45	19/08/2017
Lina Vukojevic	VIC	F63	Mast 55-59	TOTAL	105	19/08/2017
Louise Richards	VIC	F90	Mast 40-44	CJ	68	24/06/2017
Louise Richards	VIC	F90	Mast 40-44	SNATCH	57	24/06/2017
Louise Richards	VIC	F90	Mast 40-44	TOTAL	125	24/06/2017
Mary Bowie	NSW	F90+	Mast 45-49	CJ	63	26/04/2017
Mary Bowie	NSW	F90+	Mast 45-49	SNATCH	49	26/04/2017
Mary Bowie	NSW	F90+	Mast 45-49	TOTAL	112	26/04/2017
Mary Bowie	NSW	F90+	Mast 45-49	SNATCH	50	19/08/2017
Mary Macken	NSW	F48	Mast 55-59	CJ	52	24/04/2017
Mary Macken	NSW	F48	Mast 55-59	SNATCH	41	24/04/2017
Mary Macken	NSW	F48	Mast 55-59	TOTAL	93	24/04/2017
Meg Emerton	QLD	F63	Mast 60-64	CJ	51	23/04/2017
Meg Emerton	QLD	F63	Mast 60-64	SNATCH	40	23/04/2017
Meg Emerton	QLD	F63	Mast 60-64	TOTAL	91	23/04/2017
Meg Emerton	QLD	F69	Mast 60-64	SNATCH	40	26/08/2017
Meg Emerton	QLD	F69	Mast 60-64	TOTAL	92	26/08/2017
Merryn Hillhouse	QLD	F58	Mast 60-64	TOTAL	73	23/04/2017
Nyree Slatter	NT	F90+	Mast 35-39	CJ	60	2/07/2017
Nyree Slatter	NT	F90+	Mast 35-39	SNATCH	40	2/07/2017
Nyree Slatter	NT	F90+	Mast 35-39	TOTAL	100	2/07/2017
Nyree Slatter	NT	F90+	Mast 35-39	CJ	65	24/09/2017
Nyree Slatter	NT	F90+	Mast 35-39	TOTAL	105	24/09/2017

<b>Rachel Nicola</b>	QLD	F53	Mast 40-44	CJ	74	7/10/2017
<b>Rawena Tairi</b>	QLD	F90	Mast 50-54	CJ	48	25/02/2017
<b>Rawena Tairi</b>	QLD	F90	Mast 50-54	SNATCH	37	25/02/2017
<b>Rawena Tairi</b>	QLD	F90	Mast 50-54	TOTAL	85	25/02/2017
<b>Rawena Tairi</b>	QLD	F90+	Mast 50-54	CJ	49	25/04/2017
<b>Rawena Tairi</b>	QLD	F90+	Mast 50-54	SNATCH	39	25/04/2017
<b>Rawena Tairi</b>	QLD	F90+	Mast 50-54	TOTAL	88	25/04/2017
<b>Rawena Tairi</b>	QLD	F90+	Mast 50-54	CJ	50	5/08/2017
<b>Robert Davison</b>	QLD	M77	Mast 40-44	CJ	125	26/08/2017
<b>Rohan Mason</b>	VIC	M85	Mast 70-74	SNATCH	61	19/08/2017
<b>Rykah Ross</b>	QLD	F40	Under 15	CJ	39	13/05/2017
<b>Rykah Ross</b>	QLD	F40	Under 15	SNATCH	31	13/05/2017
<b>Rykah Ross</b>	QLD	F40	Under 15	TOTAL	70	13/05/2017
<b>Sabah Chamoun</b>	NSW	F58	Youth	CJ	95	1/04/2017
<b>Sabah Chamoun</b>	NSW	F58	Junior	CJ	95	1/04/2017
<b>Sabah Chamoun</b>	NSW	F58	Youth	SNATCH	78	1/04/2017
<b>Sabah Chamoun</b>	NSW	F58	Youth	TOTAL	173	1/04/2017
<b>Sabah Chamoun</b>	NSW	F58	Junior	TOTAL	173	1/04/2017
<b>Sabah Chamoun</b>	NSW	F63	Youth	CJ	101	16/06/2017
<b>Sabah Chamoun</b>	NSW	F63	Youth	TOTAL	181	16/06/2017
<b>Sarah Lester</b>	WA	F90	Mast 60-64	CJ	17	7/05/2017
<b>Sarah Lester</b>	WA	F90	Mast 60-64	SNATCH	15	7/05/2017
<b>Sarah Lester</b>	WA	F90	Mast 60-64	TOTAL	32	7/05/2017
<b>Seen Lee</b>	VIC	F63	Mast 35-39	CJ	103	27/01/2017
<b>Seen Lee</b>	VIC	F63	Mast 35-39	SNATCH	82	27/01/2017
<b>Seen Lee</b>	VIC	F63	Mast 35-39	TOTAL	185	27/01/2017
<b>Seen Lee</b>	VIC	F63	Mast 35-39	CJ	108	17/03/2017
<b>Seen Lee</b>	VIC	F63	Mast 35-39	SNATCH	90	17/03/2017
<b>Seen Lee</b>	VIC	F63	Mast 35-39	TOTAL	198	17/03/2017
<b>Seen Lee</b>	VIC	F63	Mast 35-39	CJ	111	6/09/2017
<b>Seen Lee</b>	VIC	F63	Senior	CJ	111	6/09/2017
<b>Seen Lee</b>	VIC	F63	Mast 35-39	TOTAL	199	6/09/2017
<b>Sharon Mccauley</b>	SA	F58	Mast 45-49	TOTAL	130	4/02/2017
<b>Sharon Mccauley</b>	SA	F58	Mast 45-49	SNATCH	58	6/05/2017
<b>Sharon Mccauley</b>	SA	F58	Mast 45-49	TOTAL	134	6/05/2017
<b>Simplice Ribouem</b>	VIC	M94	Mast 35-39	SNATCH	146	19/03/2017
<b>Simplice Ribouem</b>	VIC	M94	Mast 35-39	TOTAL	321	19/03/2017
<b>Simplice Ribouem</b>	VIC	M94	Mast 35-39	CJ	182	8/09/2017
<b>Simplice Ribouem</b>	VIC	M94	Mast 35-39	TOTAL	327	8/09/2017
<b>Susan Hornick</b>	QLD	F90	Mast 35-39	CJ	67	28/01/2017
<b>Susan Hornick</b>	QLD	F90	Mast 35-39	SNATCH	54	28/01/2017
<b>Susan Hornick</b>	QLD	F90	Mast 35-39	TOTAL	121	28/01/2017
<b>Telia Dennis</b>	QLD	F90+	Mast 40-44	CJ	50	25/02/2017
<b>Telia Dennis</b>	QLD	F90+	Mast 40-44	SNATCH	42	25/02/2017
<b>Telia Dennis</b>	QLD	F90+	Mast 40-44	TOTAL	92	25/02/2017
<b>Tina Eilola</b>	QLD	F90+	Mast 40-44	CJ	61	27/08/2017
<b>Tina Eilola</b>	QLD	F90+	Mast 40-44	SNATCH	45	27/08/2017
<b>Tina Eilola</b>	QLD	F90+	Mast 40-44	TOTAL	106	27/08/2017
<b>Vicki McGrady</b>	WA	F90+	Mast 45-49	CJ	62	26/04/2017
<b>Vicki McGrady</b>	WA	F90+	Mast 45-49	SNATCH	47	26/04/2017
<b>Vicki McGrady</b>	WA	F90+	Mast 45-49	TOTAL	109	26/04/2017
<b>Warren Hellisen</b>	VIC	M105	Mast 50-54	CJ	151	11/02/2017



<b>Warren Hellisen</b>	VIC	M105	Mast 50-54	TOTAL	263	11/02/2017
<b>Warren Hellisen</b>	VIC	M105	Mast 50-54	CJ	152	19/08/2017
<b>Warren Hellisen</b>	VIC	M105	Mast 50-54	TOTAL	265	19/08/2017

## AWF HALL OF FAME MEMBERS

### INDUCTED 2010

- Mr Dean Lukin OAM
- Mr Leslie Martyn MBE, KCSJ
- Mr Nick Ciano
- Mr Joe Hensel
- Mr Harold MacBain
- Mr Vern Barberis

### INDUCTED 2013

- Mrs Deborah Acason (nee Lovely)
- Mr Salvatore (Sam) Coffa AM
- Mr George Vasiliades

### INDUCTEES 2015

- Ms Debra Keelan
- Mr Robert (Bob) Taylor



## **2017 AWF TEAM SUPPORT PERSONNEL APPOINTMENTS**

### **WORLD YOUTH CHAMPIONSHIPS – Bangkok**

Team Managers/Coaches – Deborah Acason (QLD) Regan Hams (QLD)

### **WORLD JUNIOR CHAMPIONSHIPS – Japan**

Team Manager – Robert Mitchell (NSW) Head Coach – Erin Haff (WA)

### **WORLD UNIVERSITY CHAMPIONSHIPS - Taipei**

Team Manager/Coach - Harvey Goodman

### **FIFTH ASIAN GAMES - Ashgabat**

Team Manager Danielle Waller (WA) Head Coach Leo Isaac (TAS)

### **COMMONWEALTH SENIOR CHAMPIONSHIPS - Gold Coast**

Team Manager – Martin Leach (VIC)

Head Coach Leo Isaac (TAS), Coaches - Miles Wydall (QLD) Greg Hobl (QLD)

Anthony Dove (VIC)

### **COMMONWEALTH JUNIOR CHAMPIONSHIPS - Gold Coast**

Team Manager – Sonia Stenhouse (QLD)

Head Coach Harvey Goodman (VIC), Michael Pileggi (WA), Simon Francasio (VIC)

### **COMMONWEALTH YOUTH CHAMPIONSHIPS – Gold Coast**

Team Manager – Linda Eades (NSW)

Head Coach Regan Hams (Qld), Coaches - George Chamoun (NSW), Tauvalu Fala (WA)

### **OCEANIA SENIOR CHAMPIONSHIPS – Gold Coast**

Team Manager – Rob Mitchell (NSW)

Head Coach: Angela Wydall (QLD), Coaches - Erin Haff (WA), Linzey Beister (QLD)

### **OCEANIA JUNIOR CHAMPIONSHIPS – Gold Coast**

Team Manager – Danielle Waller (WA)

Head Coach Greg Haff (WA) Coaches - Michael Pang (NSW), Aghvan Grigoryan (VIC)

### **OCEANIA YOUTH CHAMPIONSHIPS – Gold Coast**

Team Manager – Sara Niglia (VIC)

Head Coach Mark Brown (TAS), Coaches Sam Castiglione (WA), Michael Torriero (VIC)

## **2017 INTERNATIONAL TECHNICAL OFFICIAL APPOINTMENTS**

### **WORLD SENIOR CHAMPIONSHIPS, Anaheim, USA**

Jennifer Sanchez

### **WORLD JUNIOR CHAMPIONSHIPS, Tokyo, Japan**

Pedro Sanchez

### **WORLD YOUTH CHAMPIONSHIPS, Bangkok, Thailand**

Sam Coffa, Mary Macken

### **WORLD UNIVERSITY CHAMPIONSHIPS, Taipei, Taipei**

Deb Keelan



## **AUSTRALIAN INTERNATIONAL, Melbourne, Australia**

Lyn Jones	Coral Quinell	Danielle Waller
Deb Keelan	Lilly Coffa	Sam Coffa
Leanne Springer	Leo Ryan	Pedro Sanchez
Kylie Booth	Kara Stuart	Alex Croot
Debbie Smith	Tony Villanti	Phil Maunder
Craig Wegert	Rohan Mason	Ange Kenos
Alex Croot	Milos Trnka	Lina Vukojevic
Goran Vokojevic	Ian Moir	Leanne Goldsworthy
Peter Ticehurst	Lawrie Townsend	Kelly-Ann Brady
Mark Brown	Deborah Acason	Boris Kayser
Simon Grace	Graham Harper	Kevin White
Debbie Smith	Mark Monsour	Mary Macken
Kelly Rau	Michael Keelan	

## **WORLD MASTERS CHAMPIONSHIPS/GAMES, Auckland, New Zealand**

Mary Macken	Coral Quinell	Linda Eades
Danielle Waller	Lesley Moyle	Rohan Mason
Leo Ryan	Bowen Stuart	

## **PACIFIC CUP, Noumea, New Caledonia**

Sam Coffa, Phil Maunder, Lilly Coffa, Bowen Stuart

## **COMMONWEALTH & OCEANIA YOUTH, JUNIOR AND SENIOR CHAMPIONSHIPS, Gold Coast, Australia**

Lyn Jones	Coral Quinell	Linda Eades
Jennifer Sanchez	Lesley Moyle	Sam Coffa
Deb Keelan	John Hanlon	Pedro Sanchez
Leanne Springer	Lilly Coffa	Alex Croot
Kylie Booth	Barry Harden	Phil Maunder
Debbie Smith	Bowen Stuart	

## **Vth ASIAN GAMES, Ashgabat, Turkmenistan**

Mr Phil Maunder

## **OCEANIA MASTERS CHAMPIONSHIPS, PACIFIC RIM, WORLD CUP, Gold Coast, Australia**

Mary Macken	Coral Quinell	Linda Eades
Danielle Waller	Lesley Moyle	Rohan Mason
John Hanlon	Bowen Stuart	Robert Kennedy
Ian Moir	Deb Keelan	Lilly Coffa
Steve Tikkanen	Goran Vukojevic	Julie Davis
Michael Keelan	Deb Oliver	Kara Stuart
Jessica Edge	Robert Gotts	Alex Croot
Lina Vukojevic	Milos Trnka	Leanne Springer
Peter Ticehurst	Trevor Walz	Rawena Tairi
Amanda Miller	Althea Mackie	John Preston
Lyn Gotts	Lynda Kennedy	Leandra Miscamble
Ray Loudon	Meg Emerton	Wendy Pakchung
David Pakchung	Jemma Cowper	Deborah Acason
John Zelanjak	Amie Cox	Colleen Duplock

Robyn Morgan

Tim Redhead

Katie Redhead

**MINI PACIFIC GAMES, Port Villa, Vanuatu**

Sam Coffa, Phil Maunder, Lilly Coffa, Pedro Sanchez, Deb Keelan, Kylie Booth, Mary Macken, John Hanlon, Ian Moir, Michael Keelan

# INTERNATIONAL POSITIONS

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## INTERNATIONAL WEIGHTLIFTING FEDERATION (2017-2021)

### **Lyn Jones**

Member, IWF Coaching & Research Committee

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## COMMONWEALTH WEIGHTLIFTING FEDERATION (2014 – 2018)

### **Paul Coffa MBE**

CWF General Secretary

### **Phil Maunder**

Executive Member, CWF Board

### **Michael Noonan**

Statistician & Record Keeper

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## OCEANIA WEIGHTLIFTING FEDERATION (2016 – 2020)

### **Paul Coffa MBE**

OWF General Secretary

### **Lawrence Townsend**

Chairman, OWF Masters Committee

### **Phil Maunder**

Executive Member, OWF Board

### **Michael Noonan**

Statistician & Record Keeper



# ACKNOWLEDEMENTS AND THANKS

The AWF Board recognises and thanks the members, supporters, partners and sponsors who have made significant contribution to the growth and development of the AWF in 2017:

- **Australian Sports Commission & Australian Institute of Sport** – Principal Partners
- **Australian Commonwealth Games Association** – supporting our high performance Senior athletes in the lead up to the 2018 Commonwealth Games and our Junior Athletes through the NextGen Junior Funding Program.
- **Australian Olympic Committee** – giving opportunities for our senior athletes to contest the 2017 Asian Games and Mini-Pacific Games held in Ashgabat and Port Villa respectively.
- **International Weightlifting Federation** - giving opportunities for our athletes, coaches and technical officials to participate in the 2017 Youth, Junior, Senior & University World Championships held in Bangkok, Tokyo, Anaheim & Taipei respectively.
- **Commonwealth Weightlifting Federation** - giving opportunities for our athletes, coaches and technical officials to participate in the 2017 Commonwealth Youth, Junior & Senior Championships held on the Gold Coast.
- **Oceania Weightlifting Federation** – giving opportunities for our athletes, coaches and technical officials to participate in the 2017 Oceania Youth, Junior & Senior Championships held on the Gold Coast.
- **JME** – providing materials, haulage transport and labour in setting up the 2017 CWF/OWF Championships.
- **City of Gold Coast** – supporting access into a world class venue - Carrara Sport and Leisure Centre.
- **Tonic** (John Eptaminakis) – sponsor of the AWF's commercial initiatives
- **Where2Travel** – meeting all the AWF representative team travel requirements
- **Leisure Concepts Australia** – suppliers of Eleiko equipment
- **SylviaP** – suppliers of representative team lifting suits
- **Telstra** – keeping the AWF connected through its 4GX Network
- **Australian Sports Anti-Doping Authority** – partners in the fight for pure-performance sport
- **State Associations & Clubs** – for our genuine appreciation of all your contributions and passion in caring for member's needs throughout Australia
- **Coaches , Officials and Administrators** - for your sacrifices, dedication and commitment you give so selflessly to others
- **Athletes** – for your love of weightlifting, striving to reach your athletic potential and becoming role models for others to follow
- **Mr Jason Ward** - for legal counsel and timely response
- **Mr Greg Lomax, MW Lomax** – for reliable financial advice and services



Australian Government

Australian Sports Commission



# **AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED**

**ABN 65 090 469 837**

## **FINANCIAL REPORT**

**FOR THE YEAR ENDED 30 JUNE 2017**

**Prepared by**



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# AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

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## DIRECTORS' REPORT

The directors present the report on the Australian Weightlifting Federation for the financial year ended 30 June 2017.

The names of the Directors and Alternate Directors in office at anytime during or since the end of the year are:

### **Directors**

Damon Kelly	resigned 5/06/2017
Deborah Acason	
Leanne Goldsworthy	
Lyn Jones	
Pedro Sanchez	
Craig Wegert	

### **Chairman**

Danielle Waller

### **Chief Executive Officer**

Michael Keelan

The directors have been in office since the start of the financial year to the date of this report unless otherwise stated.

### **Review of Operations**

The surplus of the company for the financial year amounted to \$193,307.

A review of the operations of the company during the financial year and the results of those operations are as follows:

### **Significant Changes in the State of Affairs**

No significant changes in the company's state of affairs occurred during the financial year.

### **Principal Activities**

No significant change in the nature of these activities occurred during the financial year.

### **Events Subsequent to the End of the Reporting Period**

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the company, the results of those operations, or the state of affairs of the company in future financial years.

### **Likely Developments and Expected Results of Operations**

Likely developments in the operations of the company and the expected results of those operations in future financial years have not been included in this report as the inclusion of such information is likely to result in unreasonable prejudice to the company.

# AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

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## DIRECTOR'S REPORT

### Environmental Regulation

The company's operations are not regulated by any significant environmental regulation under a law of the Commonwealth or of a state or territory.

### Going Concern

Notwithstanding the deficiency of net assets, the financial report has been prepared on a going concern basis as the director has received a guarantee of continued financial support and the directors believe that such financial support will continue to be made available.

### Dividends

No dividends have been paid or declared since the start of the financial year.

### Options

No options over issued shares or interests in the company were granted during or since the end of the financial year and there were no options outstanding at the date of this report.

### Indemnification of Officers

No indemnities have been given or insurance premiums paid, during or since the end of the financial year, for any person who is or has been an officer or auditor of the company.

### Proceedings on Behalf of Company

No person has applied for leave of court to bring proceedings on behalf of the company or intervene in any proceedings to which the company is a party for the purpose of taking responsibility on behalf of the company for all or part of those proceedings.

The company was not a party to any such proceedings during the year.

### Reviewer's Independence Declaration

A copy of the reviewer's independence declaration as required under the ACNC act is attached.

Signed in accordance with a resolution of the directors:



**Chairman**

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**Danielle Waller**

**Dated:**

22/09/2017



**AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED**

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**REVIEWER'S INDEPENDENCE DECLARATION UNDER  
THE ACNC ACT**

**TO THE DIRECTORS OF  
AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED**

I declare that, to the best of my knowledge and belief, during the year ended 30 June 2017 there have been no contraventions of:

- i. the reviewer independence requirements as set out in the ACNC act in relation to the review;  
and
- ii. any applicable code of professional conduct in relation to the review.

**Louie Kortesis  
Institute of Public Accountants  
574 St Kilda Road  
MELBOURNE, VIC, 3004**



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**Reviewer: Louie Kortesis**

**Dated: 22/09/2017**

# AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

## STATEMENT OF INCOME FOR THE YEAR ENDED 30 JUNE 2017

	Note	2017 \$	2016 \$
Revenue		1,013,748	972,105
Other income		447	-
Consumables used		(11,181)	(6,061)
Employee benefits expense		(212,561)	(228,056)
Depreciation and amortisation expenses		(3,255)	(6,447)
Other expenses		<u>(593,891)</u>	<u>(772,824)</u>
<b>Surplus (Deficit) before income tax</b>		193,307	(41,283)
Income tax expense		<u>-</u>	<u>-</u>
<b>Surplus (Deficit) for the year</b>		<u><u>193,307</u></u>	<u><u>(41,283)</u></u>
Surplus (Deficit) attributable to the entity		<u><u>193,307</u></u>	<u><u>(41,283)</u></u>

The accompanying notes form part of these financial statements.

# AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

## STATEMENT OF COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2017

	Note	2017 \$	2016 \$
Surplus (Deficit) for the year		193,307	(41,283)
Other comprehensive income:			
Total other comprehensive income for the year		-	-
Total comprehensive income (expense) for the year		<u>193,307</u>	<u>(41,283)</u>
Total comprehensive income (expense) attributable to the entity		<u>193,307</u>	<u>(41,283)</u>

The accompanying notes form part of these financial statements.

# AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

## STATEMENT OF FINANCIAL POSITION

AS AT 30 JUNE 2017

	Note	2017 \$	2016 \$
<b>ASSETS</b>			
<b>CURRENT ASSETS</b>			
Cash and cash equivalents	2	339,330	119,279
Trade and other receivables	3	12,918	84,419
Other assets	4	26,298	27,392
<b>TOTAL CURRENT ASSETS</b>		378,546	231,090
<b>NON-CURRENT ASSETS</b>			
Property, plant and equipment	5	4,715	8,614
<b>TOTAL NON-CURRENT ASSETS</b>		4,715	8,614
<b>TOTAL ASSETS</b>		383,261	239,704
<b>LIABILITIES</b>			
<b>CURRENT LIABILITIES</b>			
Trade and other payables	6	36,877	39,742
Borrowings	7	30,826	89,811
Provisions	8	89,795	77,695
<b>TOTAL CURRENT LIABILITIES</b>		157,498	207,248
<b>TOTAL LIABILITIES</b>		157,498	207,248
<b>NET ASSETS</b>		225,763	32,456
<b>EQUITY</b>			
Surplus attributable to the entity		225,763	32,456
<b>TOTAL EQUITY</b>		225,763	32,456

The accompanying notes form part of these financial statements.

# AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

## STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2017

	Surplus/(Deficit) attributable to the company \$	Total \$
<b>Balance at 1 July 2015</b>	73,738	73,738
<b>Comprehensive income</b>		
Surplus/(Deficit) for the year	(41,282)	(41,282)
<b>Total comprehensive income for the year attributable to the entity</b>	(41,282)	(41,282)
<b>Balance at 30 June 2016</b>	32,456	32,456
<b>Balance at 1 July 2016</b>	32,456	32,456
<b>Comprehensive income</b>		
Surplus/(Deficit) for the year	193,308	193,308
<b>Total comprehensive income for the year attributable of the entity</b>	193,308	193,308
<b>Balance at 30 June 2017</b>	225,763	225,763

The accompanying notes form part of these financial statements.

# AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

## STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2017

	Note	2017 \$	2016 \$
<b>Cash flows from operating activities</b>			
Income from Operating Activities		1,052,841	994,515
Expenses from Operating Activities		<u>(860,610)</u>	<u>(1,039,079)</u>
<b>Net cash provided by (used in) operating activities</b>		<u>192,232</u>	<u>(44,564)</u>
<b>Cash flows from investing activities</b>			
Interest received		<u>1,076</u>	<u>3,281</u>
<b>Net cash provided by investing activities</b>		<u>1,076</u>	<u>3,281</u>
<b>Cash flows from financing activities</b>			
(Increase)/Decrease in debtors		71,762	(35,717)
(Increase)/Decrease in financing assets		1,094	20,935
(Increase)/Decrease in fixed assets		3,899	2,229
Increase/(Decrease) in creditors		(62,111)	110,243
Increase/(Decrease) in provisions		<u>12,100</u>	<u>14,867</u>
<b>Net cash provided by (used in) financing activities</b>		<u>26,743</u>	<u>112,557</u>
Net increase (decrease) in cash held		220,051	71,274
Cash and cash equivalents at beginning of financial year		<u>119,279</u>	<u>48,005</u>
Cash and cash equivalents at end of financial year	<b>9</b>	<u><u>339,330</u></u>	<u><u>119,279</u></u>

The accompanying notes form part of these financial statements.

# AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

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## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

### 1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The director has prepared the financial statements on the basis that the company is a reporting entity because there are users dependent on general purpose financial statements. The financial statements are therefore general purpose financial statements that have been prepared in order to meet the needs of the member.

The financial statements have been prepared in accordance with the significant accounting policies disclosed below, which the director has determined are appropriate to meet the needs of the member. Such accounting policies are consistent with the previous period unless stated otherwise.

The financial statements have been prepared on a cash basis and are based on historical costs unless stated otherwise in the notes. The accounting policies that have been adopted in the preparation of the financial statements are as follows:

#### (a) Income Tax

The entity is not liable for income tax.

#### (b) Property, Plant and Equipment

All property, plant and equipment except for freehold land and buildings are initially measured at cost and are depreciated over their useful lives to the company.

The carrying amount of plant and equipment is reviewed annually by the directors to ensure it is not in excess of the recoverable amount. The recoverable amount is assessed on the basis of expected net cash flows that will be received from the asset's employment and subsequent disposal. The expected net cash flows have been discounted to present values in determining recoverable amounts.

Freehold land and buildings are carried at their recoverable amounts, based on periodic, but at least triennial, valuations by the directors.

#### Depreciation

The depreciable amount of all fixed assets, including buildings and capitalised lease assets but excluding freehold land, is depreciated on a straight-line basis over the asset's useful life to the company commencing from the time the asset is held ready for use.

#### (c) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).

Receivables and payables are stated inclusive of the amount of GST receivable or payable. The net amount of GST recoverable from, or payable to, the ATO is included with other receivables or payables in the statement of financial position.

#### (d) Committee Reporting

The committee recognises that it is a tier 2 reporting organisation.

These notes should be read in conjunction with the attached compilation report.

# AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

	2017 \$	2016 \$
<b>2. CASH AND CASH EQUIVALENTS</b>		
Cheque account	18,677	2,705
Investment account	293,000	104,011
Qantas cash - DW	3,169	2,119
Qantas cash - MK	22,109	6,776
Qantas cash - BS	2,375	1,123
Qantas cash - DK	-	722
Qantas cash - JW	-	1,823
	<u>339,330</u>	<u>119,279</u>
<b>3. TRADE AND OTHER RECEIVABLES</b>		
<b>CURRENT</b>		
Trade debtors	12,633	84,419
Sundry debtors	25	-
	<u>12,658</u>	<u>84,419</u>
SAWLA funds in holding	260	-
	<u>12,918</u>	<u>84,419</u>
<b>4. OTHER ASSETS</b>		
<b>CURRENT</b>		
Merchandising stock	<u>26,298</u>	<u>27,392</u>
<b>5. PROPERTY, PLANT AND EQUIPMENT</b>		
Plant and equipment	83,952	86,443
Less accumulated depreciation	<u>(79,237)</u>	<u>(77,829)</u>
<b>Total property, plant and equipment</b>	<u>4,715</u>	<u>8,614</u>
<b>6. TRADE AND OTHER PAYABLES</b>		
<b>CURRENT</b>		
Good and services tax	26,116	20,093
Trade creditors	-	14,491
Withholding taxes payable	<u>10,761</u>	<u>5,158</u>
	<u>36,877</u>	<u>39,742</u>

These notes should be read in conjunction with the attached compilation report.



# AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

	2017 \$	2016 \$
<b>7. BORROWINGS</b>		
<b>CURRENT</b>		
Electronic clearing account	-	4,816
Financial Services Bursary	(1,353)	1,694
Prepaid Revenue	32,179	83,301
	<u>30,826</u>	<u>89,811</u>
<b>8. PROVISIONS</b>		
<b>CURRENT</b>		
Provision for employee entitlements	<u>89,795</u>	<u>77,695</u>
		2017 \$
<b>Provision for employee entitlements:</b>		
Opening balance at 1 July 2016		76,462
Long Service Leave		13,333
Balance at 30 June 2017		<u>89,795</u>
<b>9. CASH FLOW INFORMATION</b>		
<b>(a) Reconciliation of Cash</b>		
Cash at the end of financial year as included in the statement of cash flows is reconciled to the related items in the statement of financial position as follows:		
Cheque account	18,677	2,705
Investment account	293,000	104,011
Qantas cash - DW	3,169	2,119
Qantas cash - MK	22,109	6,776
Qantas cash - BS	2,375	1,123
Qantas cash - DK	-	722
Qantas cash - JW	-	1,823
	<u>339,330</u>	<u>119,279</u>

# AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

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## DIRECTOR'S DECLARATION

The director has determined that the company is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In accordance with a resolution of the director of Australian Weightlifting Federation, the director of the company declares that:

1. The financial statements and notes as set out on pages 5 to 12 presents fairly the company's financial position as at 30 June 2017 and its performance for the year ended on that date in accordance with the accounting policies described in Note 1 to the financial statements;
2. In the director's opinion there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.

**Director**



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**Danielle Waller**

**Dated:**

22/09/2017

# AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

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## INDEPENDENT REVIEWER'S REPORT TO THE MEMBER OF AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

We have reviewed the accompanying financial report of the Australian Weightlifting Federation which comprises the statement of financial position as at 30 June 2017, the statement of profit or loss and statement of changes in equity for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information and the directors' declaration.

### *Management's Responsibility for the Financial Report*

Management is responsible for the preparation and fair presentation of the financial report, in accordance with accounting policies described in Note 1 to the financial statements and for such internal control as management determines is necessary to enable the preparation and fair presentation of a financial report that is free from material misstatement, whether due to fraud or error.

### *Reviewer's Responsibility*

Our responsibility is to report a conclusion on the financial report based on our review. We conducted our review in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to review engagements and plan and perform the review to obtain limited assurance about whether the financial report is free from material misstatement.

A review involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of the risks or material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the company's preparation and fair presentation of the financial report that gives a true and fair view, in order to design review procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the directors, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our reported conclusion.

### *Independence*

In conducting our review, we complied with the independence requirements of Australian professional ethical pronouncements.

### *Reviewer's Conclusion*

Based on our review, nothing has come to our attention that causes us to believe that these financial statements do not present fairly, in all material aspects, the financial position of the Australian Weightlifting Federation as at 30 June 2017, and its financial performance and cash flows for the year then ended, in accordance with the International Financial Reporting Standards.

# AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

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## INDEPENDENT REVIEWER'S REPORT TO THE MEMBER OF AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

### *Basis of Accounting*

We draw attention to Note 1 of the financial report which describes the basis of accounting. The financial report has been prepared by management to satisfy the requirements of the company's constitution and to meet the needs of member. As a result, the financial report may not be suitable for another purpose.

**Louie Kortesis**  
**Institute of Public Accountants**  
**574 St Kilda Road**  
**MLEBOURNE, VIC, 3004**



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**Reviewer: Louie Kortesis**

**Melbourne VIC**

**Dated: 22/09/2017**