



2018 ANNUAL REPORT

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VISION

Weightlifting; everywhere, every sport, every medal



AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

ACN 090 469 837

*Affiliated with International Weightlifting Federation,
Commonwealth Weightlifting Federation, Oceania Weightlifting Federation*

Member of Australian Olympic Committee, Australian Commonwealth Games Association

BOARD OF DIRECTORS

Chair/President

Mr Craig Wegert

Directors

Mr Lyn Jones

Mr Pedro Sanchez,

Ms Leanne Goldsworthy

Mr Sam Coffa

Ms Danielle Waller (resigned)

Mrs Deborah Aason

Mr Craig Wegert

Mr Phil Maunder

Chief Executive Officer

Mr Michael Keelan

Australian Weightlifting Federation Limited

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Australian Government
Australian Sports Commission

SPORTAUS

Message from Sport Australia

It has been a watershed year for the Australian Sports Commission. We've launched a new public-facing brand - Sport Australia – with a renewed vision for Australia to be the world's most active sporting nation, known for its integrity, sporting success and world-leading sports industry.

This aligns with the Australian Government's long-term vision for sport in this country, outlined in Sport 2030, released in August 2018 by Minister for Sport Bridget McKenzie. Sport Australia will be central to delivering the priorities outlined in this national sport plan.

At the fundamental level, Sport Australia's focus will be on getting Australians moving through sport and, more broadly, physical activity. We want to inspire and activating people across every age, race, gender, cultural background and physical ability. We will continue to build partnerships in the health and education sectors to ensure physical activity is a national priority.

We need to ensure sporting organisations are equipped to make the most of a renewed interest in physical activity, and so we will continue working with sports to improve the workforce capability, governance and partnerships. We want to help sports innovate, connect with existing and new participants in the digital era and provide products that meet current expectations.

The AIS is redefining its role too, leading a united and collaborative high performance system for Australian sport. Success will be measured by Australians consistently winning medals at major international events, but also in the national pride and inspiration generated by our athletes.

Working in partnerships, the AIS will be focused on doing the big system-level things on the frontiers of ethical sporting performance that no other body is naturally positioned to do.

The AIS has launched a new Athlete Wellbeing and Engagement team, focused on supporting athletes to transition through their sporting careers and connect with their communities. We want sporting champions to be positive influences.

Australia enjoyed genuine sporting success in 2017-18. In challenging times, the Gold Coast Commonwealth Games helped restore Australia's faith in our sports and athletes.

Positions on the podium are wonderful to celebrate, but the narrative is incomplete without humility, generosity of spirit, confidence in what our athletes stand for and how they carry themselves. At the Gold Coast Games, we saw the very best in our athletes, and this display of spirit and integrity is sure to give them the best start to their preparation for the Tokyo 2020 Olympic and Paralympic Games.

We also had some outstanding performances at the PyeongChang Winter Olympic and Paralympic Games. Australia equalled its most successful Winter Olympics haul of three medals in PyeongChang, two silvers and one bronze medal matching the result in Sochi 2014. It was also our best result at a Paralympic Winter Games in 16 years.

Sport integrity has justifiably gained additional focus in the past year, and is a very important priority for Sport Australia and for Australian sport more generally. We, and everyone involved in sport, owe it to the athletes, coaches, officials, volunteers, fans and the public at large to ensure that Australian sport is fair and clean, and is seen to be fair and clean.

We thank all of our partners – including athletes, coaches, board members and administrators – for your effort and contribution to Australian sport, and your enthusiasm for building a more active Australia. We look forward to continued success and progress together.



John Wylie AM
Chair
Sport Australia



AWF National COMMITTEES

High Performance Advisory Group	Mr Brendan Kennedy (Chair) Mr Lyn Jones, Mr Greg Haff, Mr Greg Hobl, Mr Leo Isaac, Dr Robert Mitchell, Mr Miles Wydall, Mrs Angela Wydall
National Selectors	Mr Lyn Jones (Chair), Mr Brendan Kennedy, Mr Michael Keelan
Finance & Audit	Ms Danielle Waller (Chair), Mr David Brady, Mr Michael Keelan
Technical Committee	Mr Pedro Sanchez (Chair), Mr Ian Moir, Mr Phil Maunder, Mr Sam Coffa
National Masters Panel	Ms Coral Quinell (Chair), Mrs Linda Eades, Mr Rohan Mason, Mr John Zelanjak, Mr Ben Sibenaler
Anti-Doping Panel	Ian Moir, Michael Keelan, Brendan Kennedy
Legal Counsel	Mr Jason Ward
Company Auditor	Mr Louie Kortesis, MW Lomax
Company Secretary	Mr Michael Keelan
CGA/AWF Rep	Mr Lyn Jones
AOC/AWF Rep	Mrs Deborah Acason, Mr Craig Wegert

STATE MEMBERS

Weightlifting ACT	Kerryn Dawson Andrew Thompson	President Secretary
New South Wales Weightlifting Association	Chris Michaelopoulos Luke Borreggine	President Hon. CEO
Northern Territory Weightlifting Association	Kelly Rau Marnie Scobie	President Secretary
Queensland Weightlifting Association	Miles Wydall Ian Moir Debra Keelan	President General Manager A/General Manager
Victorian Weightlifting Association	Tim Fry Ryan Mitchell	President Operations Manager
Weightlifting Tasmania	Leo Isaac Kelly Boon	President Secretary
Weightlifting Western Australia	Bob Pavone Jay Saxton	President Secretary



AWF WORKFORCE

Operationally in 2018, Australian Weightlifting has employed three full time staff members, the CEO, the Weightlifting & Powerlifting Manager – GOLDOC and the Weightlifting & Powerlifting Sport Operations Manager – GOLDOC. The AWF has contracted four Independent Service Suppliers.

Chief Executive Officer

Mr Michael Keelan (KMP Band 2)

Manager - Finance

Ms Danielle Waller

High Performance Coordinator

Mr Brendan Kennedy

Weightlifting & Powerlifting Manager

Ian Moir

Executive Project Officer

Mrs Deborah Acason

Manager – ICT & Merchandising

Mr Bowen Stuart

Weightlifting & Powerlifting Sport Operations Manager

Craig Wegert

In accordance with good governance, the four Independent Service Suppliers are managed by the Chief Executive Officer, who in turn reports to the Board of Directors (through the President).

Subject to clause 13.14 of the AWF's Constitution, a Director **may not** be paid for services as a Director but, with the approval of the Directors and subject to the Corporations Act, may be paid by the Company for services rendered to it. The AWF Board has never hidden the fact, and it is widely known by all State Members that three elected Directors have received remuneration for service to the company during this reporting period that goes above and beyond what is expected of a Board Director.

BOARD OF DIRECTORS

The AWF is governed by the Board, all Board Directors act in an honorary capacity. As per Article 13 of the AWF Constitution, the Board of Directors is as follows:

DIRECTORS:

- | | |
|-------------------------------------|--|
| • Mr Craig Wegert - Chair/President | Elected [Rotation concludes 2018 AGM] |
| ▪ Ms Deborah Acason | Elected [Rotation concludes 2020 AGM] |
| • Ms Leanne Goldsworthy | Appointed [Appointment concludes 2018 AGM] |
| ▪ Mr Lyn Jones | Elected [Rotation concludes 2019 AGM] |
| ▪ Mr Pedro Sanchez | Elected [Rotation concludes 2019 AGM] |
| ▪ Mr Phillip Maunder | Appointed February 2018 [Appointment concludes 2018 AGM] |
| ▪ Mr Sam Coffa | Appointed May 2018 [Appointment Concludes 2018 AGM] |
| ▪ Ms Danielle Waller | Elected [Resigned May 2018] |

BOARD MEETING ATTENDANCE:

December 2017 - September 2018

- | | |
|----------------------|-----|
| ▪ Craig Wegert | 5/5 |
| ▪ Deborah Acason | 5/5 |
| ▪ Lyn Jones | 5/5 |
| ▪ Pedro Sanchez | 5/5 |
| ▪ Leanne Goldsworthy | 4/5 |
| ▪ Phillip Maunder | 1/3 |
| ▪ Sam Coffa | 2/2 |
| ▪ Danielle Waller | 2/3 |
| ▪ CEO Ex-officio | 5/5 |

PRESIDENTS REPORT

As you all know I only took over the role of AWF President in December 2017 and I am delighted in having an opportunity and honour to present this report. I begin by acknowledging the hard work, dedication and efforts of my fellow honorary Board members, AWF sub-committees, our CEO and four Industry Service Suppliers who comprise the AWF professional workforce, the collective contributions of these groups and individuals has allowed the AWF to function at a high level and achieve what it has in 2018.

I appreciate the work undertaken by all our State Member officers in providing the leadership, promotion and administration of weightlifting within your respective boundaries. I thank the State Members for your honesty in airing concerns and entering into constructive dialogue that has brought and will continue to bring about significant AWF governance reform.

Our affiliated clubs, the lifeblood of weightlifting, continue to provide community members with access to a daily training environment overseen by accredited coaches, they contribute to health and wellness by providing increased activity levels, reducing stress and helping members to build a positive self-image and attitude making Australia the envy of the World.

On behalf of the AWF I acknowledge the financial investment and various forms of in-kind support received from Sport Australia, Australian Sport Anti-Doping Authority, Commonwealth Games Australia, Australian Olympic Committee, Oceania Weightlifting Federation (OWF) and the International Weightlifting Federation (IWF). The achievements of our athletes on various international platforms and the continuing education of our coaches and technical officials would not be possible without the understanding and close collaboration of these high-performance partners.

The AWF's relationship with the OWF continues to be strong and healthy stemming from the support and friendship received from OWF President Mr Marcus Stephen and OWF General Secretary Mr Paul Coffa. This relationship has been instrumental in the OWF having the confidence in choosing the AWF to host the 2018 Oceania Masters' Championships which attracted over 170 athletes and many Oceania athletes contesting the 2018 Australian Open.

I am pleased to make comment that the AWF in partnership with State Members continues to deliver coach and technical official education programs throughout Australia, ongoing education is vital to the success of any organisation and a lot of effort and investment has been made to ensure this remains so.

The AWF Events Calendar offers many engagement opportunities to athletes, coaches and technical officials to hone their skills and have fun. I thank all State Members for your work in promoting, organising and delivering competitions that can be easily accessed by locals, and I especially thank Weightlifting Western Australia, Victorian Weightlifting Association and Queensland Weightlifting Association for successfully hosting 2018 National and international events, the organising teams did fantastic jobs leaving all participants with only fond memories of each event.

The AWF Board will strive to improve our sport at all levels and we count on everybody's strong cooperation, support, understanding and passion during this next strategic cycle. I commend the 2018 Annual Report.



Craig Wegert – AWF Chair/President

CHIEF EXECUTIVE OFFICER REPORT

As AWF CEO I am pleased to present the 2018 Annual Report. 2018 has been a thought-provoking year that has witnessed an abundance of activities at international and national levels, some of which have presented the AWF with some serious challenges. This year in review will be remembered as a time that became the springboard for reform in our sport.

Internationally

The one-year suspensions of the nine International Weightlifting Federation (IWF) Member Federations found to have had three or more Anti-Doping Rule Violations during the retesting of samples taken at Beijing 2008 and London 2012, officially took effect late in 2017 lowering medal winning results at the 2017 World Senior Championships, 2018 World Youth Championships and 2018 World Junior Championships.

The International Olympic Committee Executive confirmed that the IWF will be expected to continue demonstrating progress in the fight against doping before weightlifting's place on the Paris 2024 Olympic Games program is confirmed. Should the IWF lose the fight against doping, weightlifting will be taken off the Olympic Games program resulting in extremely serious ramifications for the AWF. The AWF, along with all other IWF Member Federations, must continue to play its part doing its utmost to educate athletes and support personnel regarding pure-performance and our athletes must strictly adhere to the controls that have been put in place to meet ADAMS and ASADA compliance in timely fashion.

The IWF Executive Board approved the Qualification System for the 2020 Tokyo Olympic Games, adhering to the key principle that all athletes from all Member Federations can qualify individually based on pure performance. Realistically, it will now be very difficult for any AWF athlete to qualify for the Tokyo Olympic Games. The struggle will stem from the requirement to lift at a minimum of six (6) qualifying events during the period 1 November 2018 until 30 April 2020 and earn enough ROBI points to achieve a qualification ranking based on performances at eligible World and/or Continental events to be considered by the Australian Olympic Committee when selecting its team.

At the most recent IWF Congress, major decisions were made to modify the IWF Technical, Competition, Rules and Regulations through the introduction of ten (10) new male/female bodyweight categories at all future weightlifting events beginning with the 2018 World Senior Championships and contesting seven (7) new male/female bodyweight categories at the Tokyo Olympic Games.

These decisions at international level have forced the AWF Board, with advice from the AWF High Performance Advisory Group, to formalise appropriate future Australian record bench marks and qualifying standards for all age groups contesting future international events.

2018 Gold Coast Commonwealth Games

During April 2018 weightlifting fans from around the globe fixed their eyes on Carrara Sport and Leisure Centre, the venue chosen to present the weightlifting event at the 2018 Gold Coast Commonwealth Games. It would be remiss of me not to publicly acknowledge the magnificent job performed by Weightlifting and Powerlifting Manager Ian Moir and his hard-working team comprised of Craig Wegert (Sport Operations Manager), Linda Eades (Technical Operations Manager), Bowen Stuart (Sport Services Manager), Brad Peters (Training Venue Manager) Tiarrn



Raymond (Sports Administration Coordinator) in delivering the 'best ever' weightlifting competition at a Commonwealth Games.

The stage set, the athletes did not let us down, close battles were witnessed in every session and some of the exciting finishes provided an emotional theatre with scenes that will be indelibly etched for perpetuity in the memories of the athletes, team support personnel, technical officials and the audience.

Tia-Clair Orr (nee Toomey) was rivetted in a dramatic battle in the 58k category, successful with all six lifts, Tia claimed the GOLD medal after elevating her last Clean & Jerk of 114kg to finish 1kg ahead of the Canadian runner-up – the crowd went ballistic!

Kaitlyn Fassina completed five from six attempts and went about her competition in a focused, calculated and professional manner. Kaitlyn won the SILVER medal in the 90k category.

Francois Etoundi was a big crowd pleaser at the time of the 77k category. He managed to dig deep into his personal reserves and doggedly attacked every attempt, considering he was carrying a significant injury he remarkably succeeded with five from six lifts to win the BRONZE medal.

Of the sixteen athletes in the weightlifting team, twelve placed in the top eight places. Disappointingly one female athlete failed to achieve a Snatch and was eliminated, unfortunately one male athlete was withdrawn for medical/personal safety reasons. In the unofficial team's competition, our eight women placed 3rd out of twenty-eight nations, and the seven men placed 4th out of 30 nations.



Governance

During face-to-face AWF General Meetings, State Members raised issues which have encouraged the Board: to further improve the performance of the AWF through strategy formulation and policy making; to govern more effectively by being aware of its own strengths and weaknesses and that of individual Directors; to liaise with State Members to bring about positive changes to the AWF Constitution; to establish independent panels/committees; to form a sound system of risk oversight and management; to ensure there is a balance between directors with experience and knowledge of the organisation and directors with specialist expertise or fresh perspective on the Board; to come up with a mechanism to review the performance of the AWF Workforce - CEO, Independent Service Suppliers; and to ensure that the appropriate levels of financial and human resources are allocated to the alignment of communication and operational objectives that will safeguard the distribution and receipt of clear and timely messages being exchanged amongst all stakeholders.

A lot of time has been spent within this reporting period transferring from the current strategic cycle to the next. The Australian Sports Commission, now called Sport Australia, launched its National Plan under the title *Sport 2030*. Sport 2030 has four priorities:

1. Building a more active Australia.
2. Achieving sporting excellence.
3. Safeguarding the integrity of sport
4. Strengthening Australia's sport industry.



Taxpayers money needs to be invested wisely, so it is blindingly obvious that if the AWF is to continue to be a beneficiary of Government funding, the AWF Board with the support of all State Members and affiliated clubs needs to seriously focus on growing our sport, achieving greater success on international weightlifting platforms, ensuring our policies keep up-to-date in protecting all of our members and continue to be a constructive player in the sport industry.

Finance

The Australian Weightlifting Federation Limited (AWF) is a relatively small 'not-for-profit' National Sporting Organisation that is guided by a volunteer Board. AWF operations throughout this reporting period stemmed from the flow of income generated from generous government (Federal, State and Local), Commonwealth Games Australia, Australian Olympic Committee and International Weightlifting Federation grants, sponsor donations, membership licence fees, coach re-accreditation fees, merchandising revenue and competition entry fees.

Although the AWF operates on a not-for-profit basis, best practice financial management has ensured that our resources have been sufficient to allow us to meet our operational objectives, remain solvent and continue to support the community. Although profitability is not the core purpose of the AWF, it is necessary to ensure that the AWF remains sustainable, is properly capitalised and funded. The AWF Board must remain vigilant to ensure it has adequate cash flow to support its operations now and into the future. I am delighted to report that sound financial management demonstrated during this reporting period has created a surplus financial result which should be applauded, and I personally thank our Finance Manager, Danielle Waller for her continuing advice and support.

AWF Operations

The AWF workforce, comprises a group of professionals who perform daily tasks that lead to enhanced functionality, informed decision making, risk avoidance, increased revenue flow, better communication and transparent reporting. These services that cost a relatively small amount fashion significant financial returns and positive outcomes in regard to high performance, participation and infrastructure.

Deborah Acason, within her role of P/T Executive Project Officer (EPO) has taken on the following tasks

Policies

The Sport Investment Agreement requires all policies to be reviewed and updated annually to ensure compliance with legal requirements and also good governance requirements. The policies which were reviewed and updated were: Athlete Selection Policies; Member Protection Policy; AWF Team Travel Policy; Competition Host Policy; and the Social Media Policy.

The Board also has the power to create and enact new policies. The new policies which were created by the EPO and enacted this year were: Alcohol Policy; Accompanying Person(s) Policy, Agreement for Parents, Athlete Carer Policy; and the Anti Match Fixing Policy. All of the policies have been ratified by the Board and Sport Australia.

By-Laws

The AWF By-laws require reviewing and updating to ensure they are applicable, relevant, efficient, and effective for the AWF. The By-laws which were reviewed and updated were the Athlete Eligibility By-law; the Appeals By-law; the Discipline By-law; and the Grievance By-law. One of the most extensive areas of work over the past 12 months for the EPO role was assisting the AWF Legal Counsel (and regularly updating the CEO) in completely re writing the three (3) aforementioned By-laws and combining them into one complete By-law called the Grievance, Discipline, Appeals By-Law (GDABL). This document is now easy to comprehend and follow for all Members, States Members, Directors, and importantly the CEO. The AWF Legal Counsel had numerous meetings with the EPO including one with the CEO and also spent countless hours drafting and finalising the By-law which was accepted by the Board.

Constitution

The Constitution has required updating for some time but direction from the Sport Australia and ASIC has been required in order to confirm legislative requirements. Each time the Constitution is changed there is a cost to the AWF which means the EPO and CEO wanted to ensure all required changes were put to the Member States to be moved in one action at one time. The Constitution now has eighty-eight (88) suggested changes which reflect requirements and recommendations by Sport Australia and ASIC. These Board approved changes will be put to the State Members at the

AGM and only one payment will be made to ASIC at the time of formal submission. Each of these changes have been checked and confirmed with sometimes up to several different agencies or sources.

Integrity

The new role of AWF Executive Project Officer began in mid 2017. This role directed the AWF in increasing its focus on integrity and policy review. The new Grievance, Discipline, Appeals By-Law (GDABL), the reviewed and updated Member Protection Policy (MPP) and the other updated policies all ensure that the AWF now has an efficient, effective, fair and ethical process in place for all grievances, discipline matters and appeals thus properly informing and protecting members, staff, and stakeholders of the AWF.

Through the work of the EPO supported by the Board the AWF has strengthened its integrity platform which will lead to:

- increased participation - loyalty of members and the attraction of new members
- financially viability - through membership, merchandising activities, attraction of sponsors and funding grants
- on platform success - attraction of participants who want to be associated with a healthy, ethical and successful organisation.

Liaising with Legal Counsel

The EPO has regularly met the Legal Counsel as matters have arisen. These meetings have included meetings in the Barristers chambers in Brisbane City, and several other locations as required by the Legal Counsel and EPO. The Legal Counsel has had regular phone conversation and email correspondence with the EPO on urgent matters in a very timely fashion and often immediately when contacted which has meant the AWF has been able to move along very quickly on urgent matters. Upon request the Legal Counsel also attended the AWF General Meeting in Sydney in December 2017 and then facilitated the Strategic planning meeting immediately following. The previous facilitator in 2016 charged the AWF \$10,000.

Sport Australia Compliance

The EPO has undertaken regular reviews of AWF policies and processes to ensure compliance with Sport Australia requirements. The EPO has held meetings with the National Integrity of Sport Unit in relation to the AWF Membership Protection Policy, the AWF Constitution, the AWF Anti Match Fixing Policy, and other general governance matters which arise from time to time. The EPO completed an extensive Member Protection Information Officer (MPIO) course and Complaint Handling Course to be one of the three (3) registered MPIOs and Complaint Handlers (CH) in the AWF. Having registered MPIOs and CH in the AWF is a requirement of Sport Australia.

Communication

Effective communication is a basic prerequisite for the attainment of AWF goals. To make sure that every AWF member, AWF partners, AWF sponsors and clients receive clear, timely messages the AWF Board through the AWF office has used a variety of communication mediums throughout this reporting period.

Two AWF General Meetings with tagged on workshops and an Annual General Meeting have taken place during this reporting period providing a suitable environment for face-to-face discussion between the Board and State Members about important topics. These meetings obviously come at a cost but all agree that spending the required time, effort and money provide worthwhile and valuable investment returns.

The AWF office has entered into frequent dialogue with Sport Australia, Commonwealth Games Australia, Australian Olympic Committee and IWF which has brought about generous funding being transferred into the AWF bank account that has been used to provide our athletes with opportunities to contest events on the international stage and support our coaches and technical officials to access education.

Information Technology

Bowen Stuart, within his role of Information Technology and Merchandising Manager has worked tirelessly lodging posts via AWF website and social media channels, delivering webcasts and taking thousands of photographs at AWF events. These services bring about increased exposure of weightlifting products and services to a wide community.

Bowen is also responsible for ensuring that the AWF's Information technology infrastructure remains viable. To this end Bowen has spent many hours: delivering website bug fixes and upgrades to agreed specifications and timeframes; continued maintenance and development of current State Member websites; and refining State Membership and Competition administration processes.

Merchandising

Bowen has also looked after AWF merchandising which generates revenue for the AWF. Much time has been spent managing the AWF Coach Education Program, duties included the construction of the CEP Calendar, liaising with presenters, arranging venues, promoting courses, talking to participants pre and post course, compiling assessments and taking care of coach re-accreditations. Selling goods also consumes time and effort, Bowen takes care of all orders and dispatches

In Closing

Membership figures displayed later in this report raise a red flag as we are seeing a decrease instead of an increase in our membership. Having greater numbers of athletes greatly improves our chances of achieving high performance results. Consequently, it is vital that the AWF Board, AWF workforce, and State Members work in collaborative fashion if we are to witness future growth particularly in having more young people joining local weightlifting clubs.

Early weightlifting experience is very important. Our clubs need to provide lots of opportunities for young people to learn, experience success and have lots of fun. Above all, young people need to feel they are getting a fair go in their weightlifting opportunities.

Michael Keelan

Chief Executive Officer

HIGH PERFORMANCE REPORT

2018 has been a big year in weightlifting. The AWF has and will be fielding teams in the Junior World Championships, Oceania Championships, Gold Coast Commonwealth Games, Youth Olympic Games and Senior World Championships. The AWF has also been successful in obtaining additional funding from the Olympic Solidarity Fund. The 2018-2022 High-Performance Plan has been completed and submitted to key stakeholders.

High Performance Plan 2018-2022

The Australian Weightlifting Federation's (AWF) High Performance Plan (HPP) aims for consistent and sustainable athlete performances at international events that will lead to increased podium success. It also encompasses increasing athlete performance at national level competitions.

The AWF will attain this aim by strategically and systematically identifying talented athletes and supporting these athletes to podium at key international events.

The implementation of HPP and the resourcing that athletes will require at youth, junior and senior levels to achieve the aims of the HPP will be dependent upon the investment available to the AWF from the support of its partners in the National Institute Network (NIN) and the corporate sector.

The success of this plan will be measured by the progressive improvement of performances of both the AWF's Junior and Senior teams at international benchmark events and each subsequent review milestone of this plan. Underpinning the athlete performances will be the ongoing enhancement of both coaching and support systems, along with the provision of appropriate domestic and international competitions and camps.

The High-Performance leadership structure will comprise of the 5 key pillars of Talent Development, The High-Performance Advisory Group, Athlete Development, Coach Development and Personal Coaches. Each pillar will be working in collaboration with key stakeholders to improve performance at all levels of competition.

To target specific strategies the AWF High-Performance Plan is concerned with the performance Drivers of Athletes, Coaches, and Competitions. Each Driver has objectives with targeted outcomes with measurable key performance indicators.

Thank you to all the athletes, coaches and stakeholders who contributed to the HPP.

Olympic Games Qualification.

The new qualification process for the Olympic Games has been released, with the main difference being an individual rather than team qualification.

To meet the nomination criteria for the Olympic Games an athlete will need to compete at least 6 times in 18 months in IWF events. At least once needs to be in each of the 3 periods, and at least 2 events in the same category. The amount of travel required to meet this criterion will have a significant impact on the AWF High-Performance budget

IWF events will be classified as Gold, Silver and Bronze with each one having an event factor. Absolute world rankings will be determined by individual result multiplied by the event factor (Robbi points). The best result from each period plus the next best result will be added together. At least one event must be Gold level.

Each bodyweight category will comprise of 14 athletes. This will comprise of the top 8 ranked athletes from the absolute world ranking, the top 5 athletes from the continents and 1 home country/ tripartite. The maximum sized team is 4 men and 4 women

Nov 1, 2108- 30 April 2019	1 May 2019- 31 Oct 2019	1 Nov 2019- 30 April 2020
Senior World Championships Pacific Cup Australian Open American Open	Junior World Championships Senior World Championships Arafura Games Oceania Championship Pacific Games FISU	Australia Open Pacific Cup

National Teams

In 2018 national teams were selected for five international events. These were the Commonwealth Games, Oceania Championships, Junior World Championships, Youth Olympic Games (YOG) and Senior World Championships (the YOG and Senior World Championships will take place after the publication of this report).

Gold Coast Commonwealth Games.



The 2018 Commonwealth Games Weightlifting Tournament was extremely impressive and encouraging. The event arena was beautifully laid out, the colour scheme very pleasing to the eye, and the large screen displays were spectacular. The stage management which began one hour before session start and ended with the presentation of medals was exceptional. Three Australians were successful in winning medals.

Tia-Clair Orr (nee Toomey) lifted 6/6 had a wonderful competition overcoming strong competition from the Canadian Darsigny to win the Gold Medal.

Kaitlyn Fassina arrived at the Games as a very strong contender for a silver medal and, happily, this did eventuate. The possibility of a challenge from Tracey Lambrechts (NZ) who had totalled 237kg in 2014 Commonwealth Games, fell away as she was clearly not on form.

Francois Étoundi was miraculous in his ability to rise out of the despair of injury to claim a Bronze medal. He displayed great tenacity and mental toughness in not only achieving 3 out of 3 snatches but also coming back from a failure at 168kg on his 2nd attempt clean & jerk to succeed with 169kg.



I would like to thank Head Coach Leo Isaac and the coaching staff of Greg Hobl, Miles Wydall and Anthony Dove for all their hard work and commitment to a successful and memorable team performance. This coaching team worked exceptionally well together, always demonstrating mutual respect and confidence in one another and energetically working for the best outcome for the team. At times, the coaching team needed to thrash out important matters and make difficult decisions, and this was always achieved with cooperation and accord.



Martin Leach was exemplary in the manner he performed his duties as Team Leader. In particular, his day to day experience of managing people in his own company quite obviously showed in his communications with the team, coaching staff, or individuals whether in person or remotely. He showed great dedication to the task giving a great deal of his time over many months despite the day-to-day challenges he would likely face managing his own business. On more than one occasion he drove to Melbourne to see individual team members, to conduct fitness tests and/or sort issues out. Thankyou Martin for going above and beyond for the team.



Oceania Championships- Youth/Junior/Senior

The 2018 Oceania Championship were held 25th-30th June in New Caledonia. A total Australian team of 25 comprised of 15 Youth, 1 Junior and 5 Senior lifters and 4 coaches. This competition doubled as a qualification event for the Youth Olympic Games.

The performances of the team were very satisfying. Of the 15 Youth Team members, 11 achieved personal bests of some type. Tori Gallegos and Will Saxton established new Australian Youth records.

The above results from the Australian Youth teams meant that Australia was successful in winning the Male Youth Team competition and finished second in the Female Youth Team competition. This meant that Australia achieved its goal of qualifying one male and one female lifter to the Youth Olympics.

Thank you, Greg Hobl and the coaching staff, of Danielle Waller, Mark Brown, Peter Upham and Tau Fala for their efforts and contributions to a great team performance.

Junior World Championships

The 2018 Junior World Championships were held July 6-14th in Tashkent Uzbekistan. A team of 8 lifters comprising of NextGEN athletes Stephanie Pickrell, Kenyah Lawler, Sabah Chamoun, Chris Lai, Jake Standen, Zac Millhouse, Kyle Bruce and Ben Ward contested the event. The Head Coach/ Team Manager was Michael Pileggi. Seasoned junior lifters Ben and Zac both achieved good results. Ben was successful with a Pb 135kg snatch and 290kg total, which were also QLD State Junior records. Zac achieved a Pb C&J of 152kg. International debutant Kenyah Lawler continued to impress with a Pb C&J 97K and total 137kg which were ACT Senior and Junior records. Competing in her first World Championships Stephanie Pickrell totaled 128kg which was a new TAS junior record. Thanks to Michael Pileggi for his contributions to a successful competition.

NextGEN Funding

This year, the AWF received NextGEN funding from the CGA to assist junior athletes to compete internationally. The NextGEN squad comprised of, Chris Lai, Ben Ward, Zac Millhouse, Kyle Bruce, Sabah Chamoun, Kenyah Lawler Stephanie Pickrell and Maddi Wu. The NextGEN funding was used to assist the athletes to attend the 2018 Junior World Championships in Tashkent. I would like to thank Craig Phillips and the CGA for their NextGEN support. I would also like to thank Tim Mahon from the CGA for all his support with the Commonwealth Games preparations and ongoing assistance with High- Performance.

Olympic Solidarity Funding (OSF)

The AWF was successful in being approved for Olympic Solidarity Funding. The OSF is designed to assist National Federations with training/performance courses (or similar) for administrators, officials, referees and/or athletes across Australia.

The AWF used these funds to send a full team of eight (8) boys and eight (8) girls to New Caledonia to contest the Oceania Weightlifting Championships. This competition was also a qualifying event for the Youth Olympic Games.

I would like to thank Luke Pellegrini and the AOC for its ongoing support.

High Performance Advisory Group (HPAG)

The High-Performance Advisory Group (HPAG) group comprises of Greg Hobl, Miles Wydall, Angela Wydall, Lyn Jones, Leo Isaac, Greg Haff and Dr Robert Mitchell. This group of experienced coaches is a consultation body on matters relating to high performance. I sincerely thank these dedicated coaches for their valuable contributions during the year.

In conclusion, I would like to thank all the athletes, that have represented the AWF in 2018. Thanks also to all the coaches and team managers on national teams who have worked hard to support athletes. Thank you, all the personal coaches, through the AWF who work tirelessly with their athletes. Finally, a heart-felt thanks to AWF CEO Mike Keelan and the AWF board for all their assistance and support with the High-Performance Program.

Brendan Kennedy

High Performance Coordinator

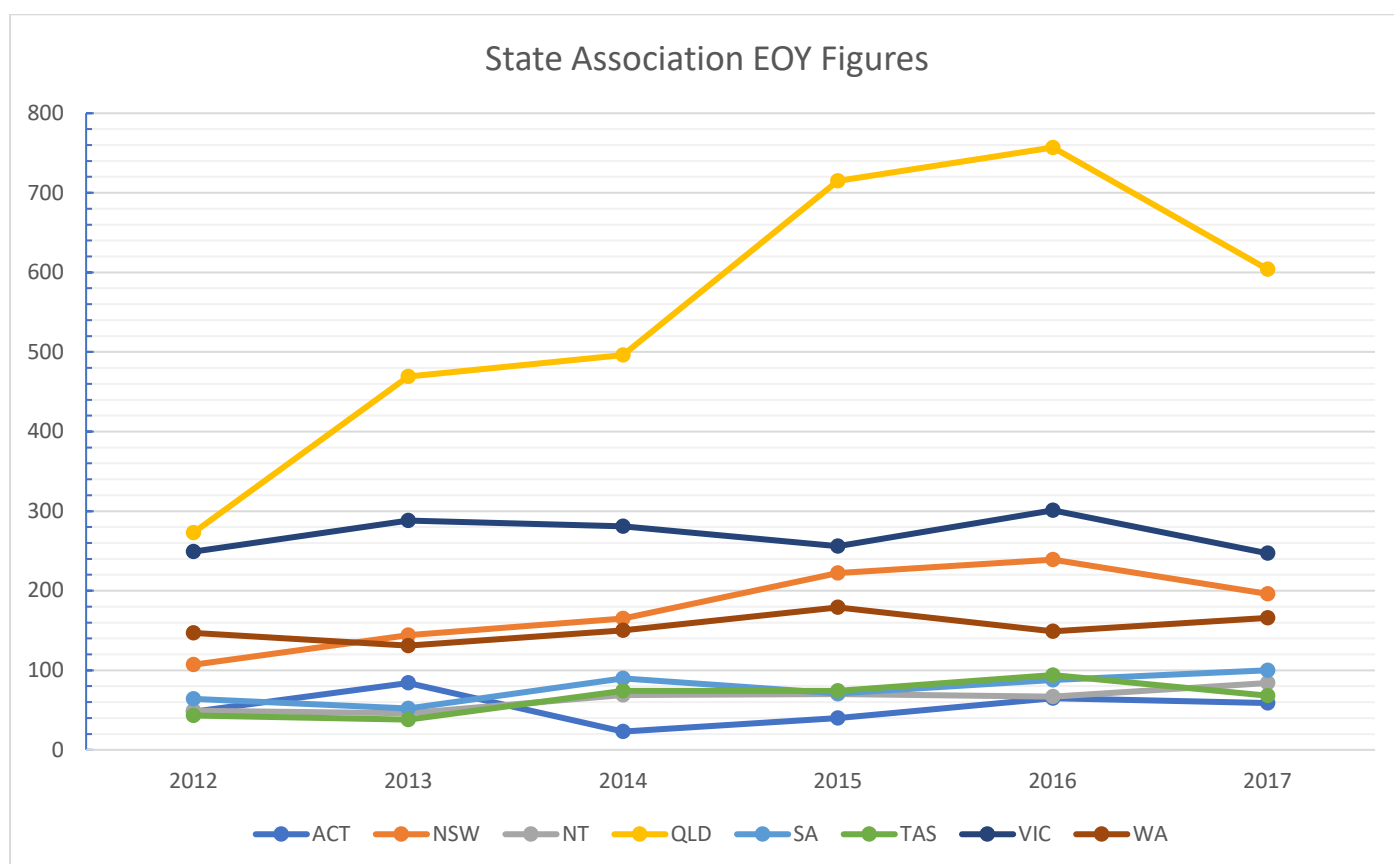
2018 MEMBERSHIP FIGURES

FIGURES ACCURATE AS OF 12:00 WEDNESDAY 29TH AUGUST 2018

FIGURES COMPARED AGAINST DATA AS OF 10:00 FRIDAY 13TH OCTOBER 2017

CAPITATION

	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total
2018	70	197	58	427	37	77	263	133	1262
	21%	10%	(28%)	(18%)	(62%)	13%	14%	(9%)	(9%)
% of AWF	6%	16%	5%	34%	3%	6%	21%	11%	100%



CLUBS

	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total
Clubs	6	24	5	32	NA	10	20	16	113
	20%	20%	66%	(6%)		42%	5%	6%	8%

TOP 10 BIGGEST CLUBS

Rank	State	Club	Membership
1	QLD	Cougars Weightlifting Club	73
2	VIC	Hawthorn Weightlifting Club	44
3	VIC	Phoenix Weightlifting Club	44
3	QLD	Milton Weightlifting Club	29
5	VIC	TG Strength	25
6	WA	Grizzly's Weightlifting Club	25
6	QLD	Toowoomba Weightlifting Association Inc	23
6	VIC	Geelong Weightlifting Club	23
9	ACT	Nomad	23
10	WA	Oly 4 Kids	22

BIGGEST CLUBS PER STATE MEMBER

State	Biggest Club
ACT	Nomad
NSW	Burwood High Performance Weightlifting Club Zubin Weightlifting Club
NT	CrossFit Darwin
QLD	Cougars Weightlifting Club
SA	N/A
TAS	Weightlifting Academy of Tasmania
VIC	Phoenix Weightlifting Club Hawthorn Weightlifting Club
WA	Grizzly's Weightlifting Club

AGE DISTRIBUTION

	Under 15	Youth	Junior	Senior	Masters	Total
ACT		1	4	39	26	70
NSW	5	10	13	101	68	197
NT	12		1	24	21	58
QLD	54	23	25	170	155	427
SA	2		1	24	10	37
TAS	11	2	9	29	26	77
VIC	15	18	21	116	93	263
WA	28	8	3	43	51	133
Total	127 (32%)	62 (3%)	77 9%	546 (13%)	450 (3%)	1262 (9%)

TECHNICAL OFFICIALS

	Club	State	National	IWF CAT II	IWF CAT I	Grand Total
ACT		19	2		1	22
NSW	3	43	2	5	2	55
NT	11		1	2		14
QLD	112	15	16	5	5	153
SA		6	1	1	1	9
TAS	11	11	6	1		29
VIC	5	8	3	3	3	22
WA		34	11	1	1	47
Grand Total	142	136	42	18	13	351

COACHES

	Club	State	National	National Sports Power	National Intern	Grand Total
ACT	4	1	1			6
NSW	17	10	4			31
NT	3				1	4
QLD	8	8	4		2	22
SA	1	1				2
TAS		1	1			2
VIC	5	5	1			11
WA	4	5	1	1	2	13
Grand Total	42	31	12	1	5	91

HONOURS BOARD

2018 Commonwealth Games

Tia-Clair Orr	F58	GOLD MEDALLIST
Kaitlyn Fassina	F90	SILVER MEDALLIST
Francois Etoundi	M77	BRONZE MEDALLIST

2018 Oceania Senior Championships

Natalia Chorobczyk	F53	BRONZE MEDALLIST
Kylie Lindbeck	F75	SILVER MEDALLIST
Joshua Wu	M77	SILVER MEDALLIST
Jackson Roberts-Young	M105	SILVER MEDALLIST

2018 Oceania Junior Championships

Madeline Wu	F69	SILVER MEDALLIST
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2018 Oceania Youth Championships

Maddison Power	F53	SILVER MEDALLIST
Desree Barnes	F53	BRONZE MEDALLIST
Lucy Manion	F58	SILVER MEDALLIST
Tori Gallegos	F63	BRONZE MEDALLIST
Jarian Hogan	F69	SILVER MEDALLIST
Bronwyn Dunne	F75+	SILVER MEDALLIST
Jett Gaffney	M62	SILVER MEDALLIST
Kolby Green	M62	BRONZE MEDALLIST
Nelson Harris	M69	GOLD MEDALLIST
William Saxton	M77	GOLD MEDALLIST
Joe Hiram	M77	SILVER MEDALLIST
Jaspa Hope	M85	SILVER MEDALLIST
Rourke Turton	M85	BRONZE MEDALLIST
Rosson Cacencu	M94+	GOLD MEDALLIST



AUSTRALIAN CHAMPIONS

Australian Senior Women's Championships

National Champion	Personal Coach	Cat	State	Snatch	C&J	Total
Alyce Stephenson	Angela Wydall	49	QLD	58	80	138
Natalia Chorobczyk		55	VIC	69	86	155
Jacinta Carroll	Damon Kelly	59	QLD	79	98	177
Kiana Elliott	Martin Harlowe	64	SA	95	115	210
Tessa Milton	Miles Wydall	71	QLD	78	98	176
Stephanie Davies		76	SA	87	115	202
Sofia Zudova	Simon Francazio	81	VIC	85	110	195
Dimitra Tsiliaskopoulos	Luke Borreggine	87	NSw	77	99	176
Kaitlyn Fassina	Leo Isaac	87+	TAS	102	122	224
Best Lifter: Kiana Elliott Team Champions: Queensland						

Australian Senior Men's Championships

National Champion	Personal Coach	Cat	State	Snatch	C&J	Total
Lynton Hargrave	Regan Hams	55	QLD	78	100	178
Jett Gaffney	Miles Wydall	61	QLD	81	106	187
Phillip Liao	Robert Mitchell	67	NSW	94	115	209
Haiyang Zhang	Luke Borreggine	73	NSW	127	161	288
Frank Elliott		81	SA	128	160	288
Beau Garrett	Angela Wydall	89	QLD	127	165	292
Thomas Smith	Andrew Saxton	96	WA	128	163	291
Cody Wilks	Jason Ager	102	WA	155	156	311
Matthew Lydement	Damon Kelly	109	QLD	153	180	333
Jackson Solofa	Miles Wydall	109+	QLD	135	176	311
Best Lifter: Haiyang Zhang Team Champions: Queensland						

Australian Junior Women's Championships

National Champion	Personal Coach	Cat	State	Snatch	C&J	Total
Stephanie Pickrell	Leo Isaac	49	TAS	60	74	134
Michaela Warwick	Simon Francazio	55	VIC	67	79	146
Madison O'Boyle	Antony Usmar	59	WA	61	85	146
Kenyah Lawler	Lyn Jones	64	ACT	78	97	175
Teagan Newman	Anthony Dove	71	VIC	77	88	165
Madeleine Whatman	Callum Hannay	76	QLD	64	80	144
Emily Robinson	Angela Wydall	81	QLD	70	80	150
Tanesha Hosking-Mani	Daniel Katz	87	VIC	58	74	132
Bronwyn Dunne	Callum Hannay	87+	QDL	74	93	167
Best Lifter: Kenyah Lawler Team Champions: Queensland						

Australian Junior Men's Championships

National Champion	Personal Coach	Cat	State	Snatch	C&J	Total
Tony Sok		61	VIC	86	106	192
Rick Saha	Kurt Rich	67	NSW	85	122	207
Matthew Damches		73	VIC	105	125	230
Kyle Bruce	Matthew Tabar	81	NSW	115	150	265
Ben Ward	Regan Hams	89	QLD	130	161	291
James Naylor-Pratt	Lyn Jones	96	ACT	100	135	235
Braydan Fender	Jackson Solofa	102	QLD	120	150	270
Artemio Pocio	Miles Wydall	109	QLD	108	145	253
Orion Walsh	Troy Smith	109+	NSW	140	165	305

Best Lifter: Ben Ward

Team Champions: Queensland

Australian Youth Women's Championships

National Champion	Personal Coach	Cat	State	Snatch	C&J	Total
Lauren Hastings	Leanne Thomas	48	QLD	39	46	85
Maddison Power	Callum Hannay	53	QLD	61	76	137
Nina Kowalewski	Jay Saxton	63	WA	51	70	121
Ruby Carwardine	Adrian Frankling	69	WA	65	82	147
Alicia Jokic	Bob Pavone	75	WA	60	72	132
Bronwyn Dunne	Callum Hannay	75+	QLD	75	95	170

Best Lifter: Maddison Power

Team Champions: Western Australia

Australian Youth Men's Championships

National Champion	Personal Coach	Cat	State	Snatch	C&J	Total
Mason Catlow-Elliott	Miles Wydall	56	QLD	51	65	103
Jett Gaffney	Miles Wydall	62	QLD	91	114	205
Steven Liu	Charles Dudley	69	VIC	65	92	157
Ricky Huang	Robert Mitchell	77	VIC	88	115	203
Jaspa Hope	Leanne Knox	85	QLD	90	120	210
Charlton Utz	Jackson Solofa	94	QLD	85	99	184
Jack Goodwin	Coral Quinell	94+	WA	79	102	181

Best Lifter: Jett Gaffney

Team Champions: Queensland

Australian Under 15 Women's Championships

National Champion	Personal Coach	Cat	State	Snatch	C&J	Total
Kiara Power	Callum Hannay	44	QLD	23	32	55
Lauren Hastings	Leanne Thomas	48	QLD	39	46	85
Maddison Power	Callum Hannay	53	QLD	61	76	137
Amber Fielder	Goran Vukojevic	58	VIC	40	50	90
Keira Rangi	Miles Wydall	63	QLD	44	61	105
Adelaide Utz	Jackson Solofa	69	QLD	50	60	110
Mia Maoate-Latimer	Jacqueline Lawson	75	WA	53	72	125
Bronwyn Dunne	Callum Hannay	75+	QLD	75	95	170
Best Lifter: Maddison Power Team Champions: Queensland						

Australian Under 15 Men's Championships

National Champion	Personal Coach	Cat	State	Snatch	C&J	Total
Logan Weaver	Blake Repine	50	QLD	46	58	104
Harper Manz	Callum Hannay	56	QLD	50	65	115
Kaia Davis	Leanne Thomas	62	QLD	65	85	150
Oliver Saxton	Jay Saxton	69	WA	70	86	156
Nathan Milham	Blake Repine	77	QLD	56	60	116
Luke Gray		85	SA	63	80	143
Angus Ward	Deborah Acason	94	QLD	71	83	154
Tyrese Cruz	Michael Torriero	94+	VIC	68	85	153
Best Lifter: Kaia Davis Team Champions: Queensland						



NATIONAL RECORDS

A total of 118 Australian record claims have been registered on the AWF's result management system during the period 1st January – 29th August 2018.

NAME	STATE	BWT	AGE GROUP	LIFT	WEIGHT	DATE
Amy Francis	WA	F90	Mast 35-39	SNATCH	73	6/05/2018
Amy Francis	WA	F90	Mast 35-39	CJ	100	6/05/2018
Amy Francis	WA	F90	Mast 35-39	TOTAL	173	6/05/2018
Bernadette Kinnane	VIC	F53	Mast 60-64	CJ	44	25/05/2018
Bronwyn Hitchener	QLD	F75	Mast 55-59	CJ	70	24/03/2018
Bronwyn Hitchener	QLD	F75	Mast 55-59	TOTAL	125	24/03/2018
Bronwyn Hitchener	QLD	F90	Mast 55-59	CJ	71	23/06/2018
Charlee Adams	TAS	F36	Under 15	SNATCH	21	16/06/2018
Charlee Adams	TAS	F36	Under 15	CJ	24	16/06/2018
Charlee Adams	TAS	F36	Under 15	TOTAL	45	16/06/2018
Damon Kelly	QLD	M105+	Mast 35-39	SNATCH	158	4/04/2018
Damon Kelly	QLD	M105+	Mast 35-39	CJ	205	4/04/2018
Damon Kelly	QLD	M105+	Mast 35-39	TOTAL	363	4/04/2018
Deborah Acaon	QLD	F90+	Mast 35-39	SNATCH	101	4/04/2018
Deborah Acaon	QLD	F90+	Mast 35-39	CJ	125	4/04/2018
Deborah Acaon	QLD	F90+	Mast 35-39	TOTAL	226	4/04/2018
Denese Billings	VIC	F48	Mast 60-64	SNATCH	34	17/02/2018
Denese Billings	VIC	F48	Mast 60-64	CJ	43	17/02/2018
Denese Billings	VIC	F48	Mast 60-64	TOTAL	77	17/02/2018
Denese Billings	VIC	F48	Mast 60-64	CJ	44	18/08/2018
Derek D'Mellow	WA	M105	Mast 70-74	SNATCH	72	18/03/2018
Derek D'Mellow	WA	M105	Mast 70-74	CJ	103	18/03/2018
Derek D'Mellow	WA	M105	Mast 70-74	TOTAL	175	18/03/2018
Derek D'Mellow	WA	M94	Mast 70-74	SNATCH	65	25/05/2018
Derek D'Mellow	WA	M94	Mast 70-74	CJ	100	25/05/2018
Derek D'Mellow	WA	M94	Mast 70-74	TOTAL	165	25/05/2018
Derek D'Mellow	WA	M94	Mast 70-74	TOTAL	165	25/05/2018
George Stylianou	VIC	M85	Mast 55-59	SNATCH	89	26/05/2018
Graham Walker	QLD	M62	Mast 45-49	CJ	96	25/03/2018
Graham Walker	QLD	M62	Mast 45-49	TOTAL	174	25/03/2018
Haiyang (Kenn) Zhang	NSW	M77	Mast 35-39	SNATCH	120	19/05/2018
Haiyang (Kenn) Zhang	NSW	M77	Mast 35-39	CJ	155	19/05/2018
Haiyang (Kenn) Zhang	NSW	M77	Mast 35-39	TOTAL	275	19/05/2018
Haiyang (Kenn) Zhang	NSW	M77	Mast 35-39	SNATCH	125	21/07/2018
Haiyang (Kenn) Zhang	NSW	M77	Mast 35-39	CJ	156	21/07/2018
Haiyang (Kenn) Zhang	NSW	M77	Mast 35-39	TOTAL	281	21/07/2018
Jacob Shneidman	NSW	M62	Mast 70-74	CJ	64	25/05/2018
Jett Gaffney	QLD	M62	Youth	SNATCH	91	7/07/2018
Jett Gaffney	QLD	M62	Youth	TOTAL	205	7/07/2018
Jett Gaffney	QLD	M62	Youth	TOTAL	205	7/07/2018
Jett Gaffney	QLD	M62	Youth	CJ	118	21/07/2018
Jett Gaffney	QLD	M62	Youth	CJ	118	21/07/2018
Junko Matsuzaki	WA	F53	Mast 65-69	CJ	41	25/05/2018
Lena Mozayani	NSW	F90+	Mast 40-44	CJ	65	14/04/2018

NAME	STATE	BWT	AGE GROUP	LIFT	WEIGHT	DATE
Leora Yates	VIC	F90	Mast 40-44	SNATCH	75	17/02/2018
Leora Yates	VIC	F90	Mast 40-44	SNATCH	77	26/05/2018
Leora Yates	VIC	F90	Mast 40-44	CJ	98	26/05/2018
Leora Yates	VIC	F90	Mast 40-44	TOTAL	175	26/05/2018
Leora Yates	VIC	F90	Mast 40-44	TOTAL	175	26/05/2018
Lesley Moyle	QLD	F69	Mast 70-74	SNATCH	27	24/03/2018
Lesley Moyle	QLD	F69	Mast 70-74	CJ	39	24/03/2018
Lesley Moyle	QLD	F69	Mast 70-74	TOTAL	66	24/03/2018
Lynda Edwards	VIC	F69	Mast 35-39	SNATCH	75	24/02/2018
Lynda Edwards	VIC	F69	Mast 35-39	TOTAL	160	25/05/2018
Lynda Edwards	VIC	F69	Mast 35-39	TOTAL	160	25/05/2018
Lynda Edwards	VIC	F69	Mast 35-39	CJ	91	18/08/2018
Lynda Edwards	VIC	F69	Mast 35-39	TOTAL	161	18/08/2018
Maddison Power	QLD	F53	Under 15	CJ	76	7/07/2018
Maddison Power	QLD	F53	Youth	CJ	76	7/07/2018
Maddison Power	QLD	F53	Under 15	CJ	79	21/07/2018
Maddison Power	QLD	F53	Youth	CJ	79	21/07/2018
Maddison Power	QLD	F53	Under 15	CJ	79	21/07/2018
Maddison Power	QLD	F53	Youth	CJ	79	21/07/2018
Maddison Power	QLD	F53	Under 15	TOTAL	142	21/07/2018
Maddison Power	QLD	F53	Youth	TOTAL	142	21/07/2018
Maddison Power	QLD	F53	Under 15	TOTAL	142	21/07/2018
Maddison Power	QLD	F53	Youth	TOTAL	142	21/07/2018
Mary Bowie	NSW	F90+	Mast 45-49	SNATCH	52	14/04/2018
Mary Bowie	NSW	F90+	Mast 45-49	CJ	67	14/04/2018
Mary Bowie	NSW	F90+	Mast 45-49	TOTAL	119	14/04/2018
Mary Bowie	NSW	F90+	Mast 45-49	SNATCH	53	21/07/2018
Mary Bowie	NSW	F90+	Mast 45-49	CJ	70	21/07/2018
Mary Bowie	NSW	F90+	Mast 45-49	TOTAL	123	21/07/2018
Meg Emerton	QLD	F69	Mast 65-69	SNATCH	41	18/08/2018
Meg Emerton	QLD	F69	Mast 65-69	CJ	51	18/08/2018
Meg Emerton	QLD	F69	Mast 65-69	TOTAL	92	18/08/2018
Merryn Hillhouse	QLD	F58	Mast 60-64	SNATCH	34	24/03/2018
Merryn Hillhouse	QLD	F58	Mast 60-64	TOTAL	79	24/03/2018
Monika Endres	VIC	F53	Mast 40-44	SNATCH	56	25/05/2018
Rachael Robinson	QLD	F75	Mast 40-44	CJ	89	26/05/2018
Rachael Robinson	QLD	F75	Mast 40-44	TOTAL	156	26/05/2018
Rachael Robinson	QLD	F75	Mast 40-44	TOTAL	156	26/05/2018
Rachel Nicola	QLD	F53	Mast 40-44	CJ	75	25/05/2018
Robert Gotts	TAS	M105+	Mast 65-69	CJ	90	10/02/2018
Robert Gotts	TAS	M105+	Mast 65-69	TOTAL	156	10/02/2018
Robyn Morgan	QLD	F90	Mast 45-49	SNATCH	56	24/03/2018
Robyn Morgan	QLD	F90	Mast 45-49	CJ	78	24/03/2018
Robyn Morgan	QLD	F90	Mast 45-49	TOTAL	134	24/03/2018
Robyn Morgan	QLD	F90	Mast 45-49	SNATCH	57	22/07/2018
Robyn Morgan	QLD	F90	Mast 45-49	CJ	79	22/07/2018
Robyn Morgan	QLD	F90	Mast 45-49	CJ	79	22/07/2018

NAME	STATE	BWT	AGE GROUP	LIFT	WEIGHT	DATE
Robyn Morgan	QLD	F90	Mast 45-49	TOTAL	136	22/07/2018
Robyn Morgan	QLD	F90	Mast 45-49	TOTAL	136	22/07/2018
Robyn Morgan	QLD	F90	Mast 45-49	CJ	81	18/08/2018
Robyn Morgan	QLD	F90	Mast 45-49	TOTAL	138	18/08/2018
Rohan Mason	VIC	M85	Mast 70-74	CJ	78	17/02/2018
Rohan Mason	VIC	M85	Mast 70-74	TOTAL	139	17/02/2018
Sadow Weldemar Nasution	QLD	M85	Mast 35-39	CJ	156	23/06/2018
Sadow Weldemar Nasution	QLD	M85	Mast 35-39	CJ	160	22/07/2018
Sadow Weldemar Nasution	QLD	M85	Mast 35-39	CJ	160	22/07/2018
Sarah Lester	WA	F90	Mast 60-64	SNATCH	29	18/03/2018
Sarah Lester	WA	F90	Mast 60-64	CJ	39	18/03/2018
Sarah Lester	WA	F90	Mast 60-64	TOTAL	68	18/03/2018
Sharon Mccauley	SA	F63	Mast 45-49	SNATCH	61	24/02/2018
Sharon Mccauley	SA	F63	Mast 45-49	SNATCH	64	25/05/2018
Sharon Mccauley	SA	F63	Mast 45-49	TOTAL	144	25/05/2018
Sharon Mccauley	SA	F63	Mast 45-49	TOTAL	144	25/05/2018
Tia-Clair Orr	QLD	F58	Senior	CJ	114	4/04/2018
Tori Gallegos	QLD	F63	Under 15	CJ	87	25/06/2018
Tori Gallegos	QLD	F63	Under 15	TOTAL	154	25/06/2018
Tori Gallegos	QLD	F63	Under 15	SNATCH	69	14/07/2018
Tori Gallegos	QLD	F63	Under 15	CJ	90	14/07/2018
Tori Gallegos	QLD	F63	Under 15	TOTAL	159	14/07/2018
William Saxton	WA	M77	Youth	SNATCH	107	18/03/2018
William Saxton	WA	M77	Youth	SNATCH	108	25/06/2018
William Saxton	WA	M77	Youth	TOTAL	236	25/06/2018
Zoe Christie	VIC	F32	Under 15	SNATCH	19	15/06/2018

INTERNATIONAL COMPETITIONS - AUSTRALIAN REPRESENTATIVES

XXI GOLD COAST COMMONWEALTH GAMES					
NAME	BWT	SN	CJ	TOTAL	STATE
Alyce Stephenson	F48	61	83	144	QLD
Tegan Napper	F53	75	91	166	SA
Tia-Clair Orr	F58	87	114	201	QLD
Seen Lee	F63	0	0	0	VIC
Philippa Malone	F69	95	114	209	NSW
Stephanie Davies	F75	87	110	197	SA
Kaitlyn Fassina	F90	104	128	232	TAS
Deborah Acaon	F90+	101	125	226	QLD
Ling Wei Phillip Liao	M56	91	114	205	NSW
Vannara Be	M62	110	132	242	VIC
Brandon Wakeling	M69	120	155	275	QLD
Francois Etoundi	M77	136	169	305	VIC
Boris Elesin	M85	140	161	301	VIC
Ridge Barredo	M105	138	175	313	NSW
Damon Kelly	M105+	158	205	363	QLD

AUSTRALIAN & OCEANIA MASTERS CHAMPIONSHIPS					
NAME	BWT	SN	CJ	TOTAL	STATE
Denese Billings	F48	33	43	76	VIC
Monika Endres	F53	56	71	127	VIC
Rachel Nicola	F53	50	75	125	QLD
Diana Loy	F63	52	68	120	QLD
Fiona Redhead	F63	49	66	115	QLD
Kate Mcrae Stewart	F63	64	88	152	VIC
Sharon Mccauley	F63	64	80	144	SA
Toni Lane	F63	60	74	134	VIC
Lynda Edwards	F69	72	88	160	VIC
Marianna Toller	F69	63	76	139	QLD
Vanessa Kerr	F69	58	84	142	NSW
Andrea Arnold	F75	56	75	131	QLD
Meagan Wellby	F75	63	84	147	QLD
Rachael Robinson	F75	67	89	156	QLD
Leora Yates	F90	77	98	175	VIC
Simon Mccoy	M105	125	155	280	VIC
Tim Redhead	M105	85	111	196	QLD
Graham Walker	M62	75	95	170	QLD
Chris Holt	M77	45	60	105	VIC
John Clow	M85	65	90	155	VIC
Derek D'Mellow	M94	65	100	165	WA
Warren Hellisen	M94	100	120	220	VIC

OCEANIA CHAMPIONSHIPS					
NAME	BWT	SN	CJ	TOTAL	STATE
Natalia Chorobczyk	F53	68	82	150	VIC
Madeline Wu	F69	75	90	165	NSW
Kylie Lindbeck	F75	90	100	190	ACT
Joshua Wu	M77	110	150	260	NSW
Thomas Smith	M94	126	160	286	WA
Jackson Roberts-Young	M105	145	187	332	NSW
Maddison Power	F53	56	72	128	QLD
Desree Barnes	F53	50	67	117	QLD
Lucy Manion	F58	55	73	128	QLD
Tori Gallegos	F63	67	87	154	QLD
Jarian Hogan	F69	61	84	145	NSW
Bronwyn Dunne	F75+	74	89	163	QLD
Makayla Dingle	F75+	67	90	157	QLD
Jett Gaffney	M62	85	115	200	QLD
Kolby Green	M62	81	102	183	QLD
Nelson Harris	M69	86	110	196	NSW
William Saxton	M77	108	128	236	WA
Joe Hiram	M77	96	128	224	VIC
Jaspa Hope	M85	87	118	205	QLD
Rourke Turton	M85	82	93	175	WA
Rosson Cacencu	M94+	97	136	233	VIC

IWF World Junior Championships					
Name	BWT	SN	CJ	TOTAL	STATE
Christopher Lai	M77	109	144	253	QLD
Zac Millhouse	M85	117	153	270	TAS
Jake Standen	M85	112	154	266	QLD
Ben Ward	M94	135	155	290	QLD
Kyle Bruce	M94	107	0	0	NSW
Stephanie Pickrell	F48	56	72	128	TAS
Kenyah Lawler	F63	76	97	173	ACT
Sabah Chamoun	F63	75	97	172	NSW

IWF MASTERS WORLD CHAMPIONSHIPS					
NAME	BWT	SN	CJ	TOTAL	STATE
Zoe Stolton	F48	33	45	78	WA
Milos Trnka	M94	44	53	97	VIC
Julie Davis	F53	28	37	65	QLD
Junko Matsuzaki	F53	25	40	65	WA
Meg Emerton	F69	41	51	92	QLD
Denese Billings	F48	33	44	77	VIC
Colleen Duplock	F53	26	32	58	QLD
Grace Morrison	F75	42	47	89	WA
Leandra Miscamble	F75	34	47	81	QLD
Mary Macken	F48	40	50	90	NSW

Michelle Butler	F53	35	45	80	QLD
Louise Webb	F90	54	59	113	VIC
Bouachanh Thongvilu	M69	66	76	142	NSW
Diana Loy	F58	45	65	110	QLD
Brooke Morrison	F69	45	61	106	VIC
Robyn Morgan	F90	57	81	138	QLD
Ella Coppelia Mason	F48	42	54	96	VIC
Toni Lane	F63	60	75	135	VIC
Susan Hornick	F75	57	82	139	QLD
Leora Yates	F90	77	90	167	VIC
Luis Gamez	M85	94	113	207	NSW
Jonathon Valentine	M69	90	110	200	NSW
Bonnie Grylls	F58	67	78	145	VIC
Claire Coate	F63	64	80	144	VIC
Lynda Edwards	F69	70	91	161	VIC
Nikora Tuulau	F90+	64	91	155	NSW

STATE REPORTS

Australian Capital Territory

The 2017-18 year has been one of continuing growth and success for Weightlifting ACT (WACT).

While numbers alone may give the impression WACT remains a small fish within Australian weightlifting, WACT continues to punch above its weight and has enjoyed a year of success across many major indices.

As part of WACT's commitment to good governance and after a lengthy review, a new Constitution was adopted in April 2018. The new Constitution makes a number of important improvements, taking into account membership structure including the introduction of new Life Member category, Committee composition and subcommittee features, and modernised many of WACT's administrative arrangements, ensuring they remain fit for purpose and place the Association in a strong position moving forward.

One of the main goals for the WACT Committee in 2018 is to add at least one additional new club to the local weightlifting community. Generous subsidies have been offered to those who undertake the AWF Level 1 course and go on to establish a club. It is hoped that this, combined with our continued engagement with several local CrossFit gyms, will help add one or two new clubs to the growing Canberra weightlifting family this year.

WACT has also enjoyed consistent growth in its membership base. By offering at least two events for non-member Novice lifters in 2018, providing more opportunities for new and existing members to take part in well organised and professional events throughout the year, hosting a further AWF Referee course to help build our volunteer workforce, and continuing to enhance our social media presence and reach, WACT has enjoyed steady growth in its membership. Ensuring there is a strong and growing base is critical to the sport's sustainability and success, both in terms of participation as well as high performance outcomes.

The availability of suitable, economical venues to hold competitions continues to be a challenge in the ACT. Thanks to the continuing and generous support of Scott Williams, Crossfit SFS has become the defacto home of weightlifting in Canberra and home to the ACT's biggest lifting club - Strive Weightlifting. WACT would particularly like to acknowledge the contribution Scott has made to the sport locally through his sponsorship and support of WACT events and activities.

May 2018 saw WACT host the inaugural Lyn Jones Shield, weightlifting's equivalent to the State of Origin. Held at the home of elite sport in Australia, the Australian Institute of Sport, the event was the biggest weightlifting competition held in the ACT in recent memory and thanks to the support of our local volunteers as well as the generous support of many of our visiting NSW friends (particular thanks to Linda Eades and John Zelenjak from NSWWA) a great success. With over 74 lifters across two days, the culmination of the event was a battle royale between the NSW and ACT teams, with NSW very narrowly winning the shield this year.



Generous support from the event sponsors Gerald Slaven, ASN, GymQuip, Gym Meals Direct and Weights and Mates enabled WACT to hold the event at a world-class facility which also has the auspicious honour of being the same venue that Leonid Taranenko set a world record in 1988 with a clean and jerk of 266kg. With a brand new WACT-branded platform, WACT promotional banners, and prizes for all lifters involved, the Lyn Jones shield was a great success and a great example of how state associations can innovate and work together to put on such fantastic events.

The WACT Committee are looking forward to building on its record of success over the last 12-18 months and will continue to focus on steady, incremental growth and improvements across our main areas of focus including

participation, athlete and coach development, governance and sustainability across all aspects of its operations with a particular focus on the volunteer workforce in 2019.

Queensland

Over the past 9 months the QWA's focus has been to continue to develop the association's club base, while for much of the first half of the period, the most significant weightlifting event to hit this state in 36 years – the Gold Coast 2018 Commonwealth Games – loomed in the background.

The Gold Coast 2018 Commonwealth Games was front of mind for many QWA members who were either part of the competition management team – Ian Moir, Craig Wegert, Bowen Stuart – or Technical Officials – Coral Quinell, Kylie Booth, Melissa Robinson, Debra Keelan, Lawrie Townsend, Mike Keelan, Luke Gardner; or one of over 70 sport specific volunteers; or indeed, members of the Australian Team – Miles Wydall (coach, Cougars club), Greg Hobl (coach, Toowoomba club), Alyce Stephenson (48kg, Cougars club), Tia-Clair Orr (53kg Gold medallist, Gladstone club), Deborah Acland (+90kg, Ipswich club), Brandon Wakeling (69kg, Gold Coast club), Damon Kelly (+105kg, Brisbane Barbell club).



By all accounts, the staging of the GC2018 Weightlifting competition was a resounding success. Linda Eades, Secretary of the NSWWA, also deserves a special mention here. As the GC2018 Technical Operations Manager, Linda was an integral part of the competition management team and an important contributor to the event's success.



The legacy of the GC2018 for Queensland weightlifting was not as good as it was hoped to be. The QWA was effectively sidelined in the process and only clubs were permitted to apply for GC2018 weightlifting equipment. Ten Qld Weightlifting clubs were successful in their applications, however the majority of GC2018 weightlifting equipment was not allocated to the sport of weightlifting; and the QWA, as the State body for weightlifting, received nothing. On the positive side, the QWA was successful in obtaining funding from the Queensland Government's Embracing 2018 program to assist in the development and support of Coaches and Technical Officials.

In other international events, Queensland's Athletes and Coaches had their share of success. Nine Qld lifters from five different clubs (Burleigh, Cougars, Ipswich, Toowoomba, Whitsunday) were included in the Australian Youth Team at the 2018 Oceania Championships and Youth Olympic Games qualification event, and they contributed five Silver and three Bronze medals to Australia's tally. Qld Coach Greg Hobl (Toowoomba Club) was the Australian Head Coach/Manager at this event and Greg was also later selected as the Weightlifting Coach/Manager for the Youth Olympic Games along with the two Qld lifters who will represent Australia at the YOG – Maddison Power and Jett Gaffney.

As always, the QWA collated the competition results provided by our affiliated clubs and submitted them to the Oceania Weightlifting Federation for the annual Eleiko Email International Club Tournament. This year, seven Queensland lifters won medals and the Cougars Weightlifting Club topped both the men's and women's overall rankings, winning two training barbell sets provided by the competition sponsor, Eleiko. On behalf of all Queensland

clubs, the QWA would like to thank the OWF for running this competition every year; and also the sponsor Eleiko, for their generous support of the program.

Queensland's athletes, coaches and technical officials continued to be active on the National scene in 2018. Thirty-five Qld lifters competed in the National Masters Championships in Melbourne and 13 Qld Referees officiated. At the National Youth & U15 Championships in Perth, there were 39 Qld athletes assisted by four Coaches and a Manager; and seven Qld Referees travelled to WA to officiate at this event. Queensland won the Team Trophies for U15 Men, U15 Women and Youth Men. Qld athletes won all four of the Best Lifter awards: Kaia Davis (Best U15 Male), Maddison Power (Best U15 Female and Best Youth Female) and Jett Gaffney (Best Youth Male).

Queensland will have a team of 60 athletes, seven Coaches and a Manager at the National Senior & Junior Championships in Brisbane this month and sixteen Qld Referees will officiate at this year's "Nationals".

Closer to home, the QWA continued to refine its competition program, as the organisation sought to cater for the increasing number of people who wish to participate in weightlifting for many and varied reasons, while at the same time, being mindful not to overburden the precious and largely volunteer workforce upon which we rely to deliver the sport across the state. To improve access to meaningful competition experiences, the QWA has actively encouraged and supported clubs to deliver a coordinated program of regular events of a high standard within their local areas and regions. The QWA wishes to thank the AWF IT and Communications Manager, Bowen Stuart, for assisting the QWA in this mission by developing specific online results management facilities for the Uesaka Barbell Australia QWA League and Club Challenge competition programs.

Weightlifting development continued beyond the populous South East corner of Queensland with the delivery of the Central Queensland Championships in Rockhampton; and the North Queensland Championships, held in conjunction with the 2018 North Queensland Games in Mackay. And in the west, the Saints Weightlifting Club created and delivered a successful "Oly in the Outback" event in the town of Miles, on the Western Downs.

While the QWA is currently showing a fall in the number of capitated members compared to the whole of 2017, the statistics below indicate a current level of participation that is not too far below that of the same period last year. The final round of the Uesaka Barbell Australia QWA League and Club Challenge is scheduled to take place in 20 clubs in October; and November will bring the Qld All Schools Championships (110 competitors last year) and the Queensland Cup Tournament. These events are expected to boost capitations before the year is over.

Qld Competitors

Age Group	2017	2018 YTD	01 Jan – 01 Sep 2017	Difference in YTD
Under 15	129	76	82	-6
Youth (16 – 17)	41	36	24	+12
Junior (18 – 20)	32	24	24	0
Senior (21 – 34)	254	186	215	-29
Masters (35 and over)	161	134	150	-16
Totals	617	456	495	-39

Looking ahead, the QWA is implementing a new Youth/Junior Development Plan and expanding our online education for Technical Officials. 143 members have undertaken and passed the online Club Referee course since its launch last year and a similarly high uptake of the State Referee course is expected when it goes live before the end of 2018.

Coach Education has been delivered in various locations around the state and the QWA is appreciative of the AWF's willingness to deliver the CEP in regional centres such as Gold Coast, Toowoomba, Rockhampton and Emerald; as well as in the capital city, Brisbane.

The QWA's current strategic plan runs to 2019 and so next year will be a year of critical review and forward planning for the next three year period, to 2022.

Victoria

Growth & Development update

- **Member Survey – Feb 2018;**

Key findings included:

- ~60% members felt their membership was value for money
- Suggestions to improve communication and bring community together through squads, use social media and website more efficiently
- Increase participation through regional competition, embrace Crossfit, set up development pathways
- Run more seminars, workshops and novice events

Full report available.

- **New sponsors: PrimCo and Rehydr8**

Both companies were present at Oceania & Australian Masters, provided samples and prizes.

- **Club focus, new set-up and inter-club events;**

- Connecting with Victorian clubs and organising visits during peak training hours.
- Visits so far include, Phoenix, Hawthorn, YMCA Macleod, TG Strength.
- Key objective to establish positive relationships and provide support where possible.
- New club created 'YMCA Macleod' (May 2018) – ran three coaching workshops for the trainers and provided 2x 8 week training programs.
- The first inter-club training event has been organised for 22nd September at VWA Stadium, targeting all Victorian clubs for a fun and social community event.

- **Schools Program – June 2018**

- Created new VWA Schools program, offering an initial free 60-minute Weightlifting taster session for schools. Email sent out to 25 schools.
- Re-connected with SSV, who passed on details to regional coordinators and revised plan for school competitions in 2019.
- 20 schools have contacted VWA regarding taster sessions.
- As of August, 6 successful school taster sessions run and 150 students taken part. 7 more schools booked in over the next eight weeks.
- Maribyrnong Secondary College WL program to restart in September.
- Partnership with Eleiko to work with schools to determine most appropriate equipment package for those interested in taking their program further.

- **Masters development**

- VWA will run a competition for clubs to encourage participation of Masters athletes.
- Baseline figures ascertained, the club with the greatest increase in new masters lifters will win a prize, i.e. Eleiko barbell. Due to run end of 2018/start of 2019

- **VWA Workshops**

- Weightlifting workshops/seminars to be rolled out.
- First one planned is in association with CrossFit-U and will include a 2-hour workshop at the CrossFit U box, after which participants will follow an online 8 week program, and will reconnect for a 'throwdown' event at the VWA stadium.
- Focused on novice lifters and Crossfit community.
- Scheduled for end of Sept through to Oct 2018.

Membership Update

	YTD 2018	YTD 2017
Senior Male	114	117
(Masters)	(56)	(55)
Jnr/Yth/U15 Male	28	21
Total Male	142	138
Senior Female	77	70
(Masters)	(25)	(22)
Jnr/Yth/U15 Female	20	18
Total Female	97	88
Total	239	226

AWF HALL OF FAME MEMBERS

INDUCTED 2010

- | | |
|------------------------------------|-----|
| • Verdi (Vern) BARBERIS † | VIC |
| • Mr Nick CIANCIO | VIC |
| • Joseph (Joe) HENSEL † | NSW |
| • Dinko (Dean) LUKIN | SA |
| • Harold MacBAIN † | VIC |
| • Mr Leslie (Les) MARTYN MBE, KCSJ | VIC |

INDUCTED 2013

- | | |
|-----------------------------------|-----|
| • Mrs Deborah ACASON (nee Lovely) | QLD |
| • Mr Salvatore (Sam) COFFA AM | VIC |
| • Mr George VASILIADES | NSW |

INDUCTEES 2015

- | | |
|--------------------------|-----|
| • Ms Debra KEELAN | QLD |
| • Mr Robert (Bob) TAYLOR | NSW |



AWF LIFE MEMBERS

- | | |
|---------------------------------|-----|
| • Verdi (Vern) BARBERIS † | VIC |
| • Luke BORREGGIE | NSW |
| • Ralph CASHMAN | NSW |
| • Paolo (Paul) COFFA MBE | VIC |
| • Salvatore (Sam) COFFA AM | VIC |
| • Darryl COHEN † | VIC |
| • Alby DUTTON † | VIC |
| • Larry GARTENSTEIN | NSW |
| • Edward (Ted) HANLON † | VIC |
| • Joseph (Joe) HENSEL † | NSW |
| • Lynden (Lyn) JONES | NSW |
| • Walter Francis (Frank) LAMP † | WA |
| • Dinko (Dean) LUKIN | SA |
| • Harold MacBAIN † | VIC |
| • Bryan MARSDEN † | NSW |
| • Leslie (Les) MARTYN MBE, KCSJ | VIC |
| • Max RYAN | VIC |
| • Ernest (Ern) SANDGREN † | NSW |
| • Thomas (Tom) WIGLEY † | SA |

2018 AWF TEAM SUPPORT PERSONNEL APPOINTMENTS

2018 Gold Coast Commonwealth Games

Team Leader:	Martin Leach	VIC
Head Coach:	Leo Isaac	TAS
Coach:	Anthony Dove	VIC
Coach:	Greg Hobl	QLD
Coach:	Miles Wydall	QLD

2018 World Junior Championships

Head Coach/Manager: Michael Pileggi

2018 Oceania Championships

Head Coach/Manager	Greg Hobl	QLD
Assistant Coach	Danielle Waller	WA
Assistant Coach	Tauvale Fala	WA
Assistant Coach	Mark Brown	TAS
Assistant Coach	Peter Upham	NSW

2018 World University Championships

Head Coach/Manager: Michael Pileggi WA

2018 Youth Olympic Games

Head Coach/Manager: Greg Hobl QLD

2018 World Senior Championships

Head Coach/Manager: Miles Wydall QLD



2018 INTERNATIONAL TECHNICAL OFFICIAL APPOINTMENTS

2018 Australian Open

Deborah Acason, Lilly Coffa, Jemma Cowper, Julie Davis, Coleen Duplock, Linda Eades, Jessica Edge, Meg Emerton, Leanne Goldsworthy, Deb Keelan, Althea Mackie, Lesley Moyle, Tara Noonan, Kelly Rau, Leanne Springer, Kara Stuart, Rawena Tairi, Coral Quinell, Erika Yamasaki, Cameron Arthur, Sam Coffa, Alex Croot, Keith Forbes, John Hanlon, Lyn Jones, Michael Keelan, Ian Moir, Dr David Pakchung, Pedro Sanchez, Lawrie Townsend, Craig Wegert, John Zelanjak

2018 Gold Coast Commonwealth Games

Dr Danielle Barwood, Kylie Booth, Lilly Coffa, Leanne Goldsworthy, Deb Keelan, Mary Macken, Melissa Robinson, Jennifer Sanchez, Coral Quinell, Lyn Jones, Michael Keelan, Phil Maunder, Pedro Sanchez, Lawrie Townsend

2018 Oceania Championships

Lilly Coffa, Linda Eades, Deb Keelan, Mary Macken, Coral Quinell, Sam Coffa, Phil Maunder

2018 World Junior Championships

Pedro Sanchez

2018 Youth Olympic Games

Mary Macken

2018 World University Championships

Phil Maunder

2018 World Senior Championships

Pedro Sanchez



INTERNATIONAL POSITIONS

INTERNATIONAL WEIGHTLIFTING FEDERATION (2017-2021)

Lyn Jones

Member, IWF Coaching & Research Committee

COMMONWEALTH WEIGHTLIFTING FEDERATION (2018 – 2022)

Paul Coffa MBE

CWF General Secretary

Phil Maunder

Executive Member, CWF Board

Michael Noonan

Statistician & Record Keeper

Coral Quinell

Masters Committee Chair

OCEANIA WEIGHTLIFTING FEDERATION (2016 – 2020)

Paul Coffa MBE

OWF General Secretary

Phil Maunder

Executive Member, OWF Board

Michael Noonan

Statistician & Record Keeper

Coral Quinell

Masters Committee Chair



ACKNOWLEDEMENTS AND THANKS

The AWF Board recognises and thanks the members, supporters, partners and sponsors who have made significant contribution to the growth and development of the AWF in 2018:

- **Sport Australia & Australian Institute of Sport** – Principal Partner funding AWF programs and high performance athletes through dAIS
- **Commonwealth Games Australia** – supporting our high performance Senior athletes and team support personnel in the lead up and during the 2018 Commonwealth Games and our Junior Athletes through the NextGen Junior Funding Program.
- **Australian Olympic Committee** – giving opportunities for our youth athletes to contest the 2018 Oceania Championships and Youth Olympic Games.
- **International Weightlifting Federation** - giving opportunities for our athletes, team support personnel and technical officials to participate in the 2018 Junior, University and Senior World Championships held in Uzbekistan, Poland and Turkmenistan.
- **Commonwealth Weightlifting Federation** - giving opportunities for our athletes, team support personnel and technical officials to participate in the 2018 Gold Coast Commonwealth Games.
- **Oceania Weightlifting Federation** – giving opportunities for our athletes, team support personnel and technical officials to participate in the 2018 Oceania Youth, Junior & Senior Championships and Youth TID Camp held in Mont Dore, New Caledonia
- **JME** – providing backdrop for 2018 Australian Open and 2018 Jnr – Snr Australian Championships
- **Tonic** (John Eptaminitakis) – sponsor of the AWF's commercial initiatives
- **Where2Travel** – meeting all the AWF representative team travel requirements
- **Eleiko** – suppliers of Eleiko equipment
- **Sylvia P** – suppliers of representative team lifting suits
- **Telstra** – keeping the AWF connected through its 4GX Network
- **Australian Sports Anti-Doping Authority** – partners in the fight for pure-performance sport
- **State Associations & Clubs** – for our genuine appreciation of all your contributions and passion in supporting member's needs throughout Australia
- **Coaches, Officials and Administrators** - for your sacrifices, dedication and commitment you give so selflessly to others
- **Athletes** – for your love of weightlifting, striving to reach your athletic potential and becoming role models for others to follow
- **Mr Jason Ward** - for legal counsel and timely response
- **Mr Louie Kortesis of MW Lomax** - for reliable financial advice and services





AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

ACN 090 469 837

AFFILIATED WITH INTERNATIONAL WEIGHTLIFTING FEDERATION,
COMMONWEALTH WEIGHTLIFTING FEDERATION, OCEANIA WEIGHTLIFTING FEDERATION

MEMBER OF AUSTRALIAN OLYMPIC COMMITTEE, AUSTRALIAN COMMONWEALTH GAMES ASSOCIATION

**AUSTRALIAN WEIGHTLIFTING FEDERATION
LIMITED**

ABN 65 090 469 837

FINANCIAL REPORT
FOR THE YEAR ENDED 30 JUNE 2018

Prepared by



AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED
ABN 65 090 469 837

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AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

DIRECTORS' REPORT

The directors present the report on the Australian Weightlifting Federation for the financial year ended 30 June 2018.

The names of the Directors and Alternate Directors in office at anytime during or since the end of the year are:

Directors

Danielle Waller	resigned 23/05/2018
Deborah Acason	
Leanne Goldsworthy	
Lyn Jones	
Pedro Sanchez	
Sam Coffa	
Phil Maunder	

Chairman

Craig Wegert

Chief Executive Officer

Michael Keelan

The directors have been in office since the start of the financial year to the date of this report unless otherwise stated.

Review of Operations

The surplus of the company for the financial year amounted to \$33,538.

A review of the operations of the company during the financial year and the results of those operations are as follows:

Significant Changes in the State of Affairs

No significant changes in the company's state of affairs occurred during the financial year.

Principal Activities

Principal activities include the conduct, encouragement, promotion, control and management of all levels of weightlifting in Australia interdependently with members and others. There are no significant changes in the nature of these activities occurring during the financial year.

Events Subsequent to the End of the Reporting Period

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the company, the results of those operations, or the state of affairs of the company in future financial years.

Likely Developments and Expected Results of Operations

Likely developments in the operations of the company and the expected results of those operations in future financial years have not been included in this report as the inclusion of such information is likely to result in unreasonable prejudice to the company.

DIRECTOR'S REPORT

Environmental Regulation

The company's operations are not regulated by any significant environmental regulation under a law of the Commonwealth or of a state or territory.

Going Concern

Notwithstanding the deficiency of net assets, the financial report has been prepared on a going concern basis as the director has received a guarantee of continued financial support and the directors believe that such financial support will continue to be made available.

Dividends

No dividends have been paid or declared since the start of the financial year.

Options

No options over issued shares or interests in the company were granted during or since the end of the financial year and there were no options outstanding at the date of this report.

Indemnification of Officers

No indemnities have been given or insurance premiums paid, during or since the end of the financial year, for any person who is or has been an officer or auditor of the company.

Proceedings on Behalf of Company

No person has applied for leave of court to bring proceedings on behalf of the company or intervene in any proceedings to which the company is a party for the purpose of taking responsibility on behalf of the company for all or part of those proceedings.

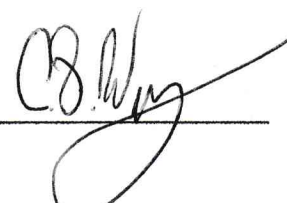
The company was not a party to any such proceedings during the year.

Auditor's Independence Declaration

A copy of the auditor's independence declaration as required under the ACNC Act is attached.

Signed in accordance with a resolution of the directors:

Chairman



Craig Wegert

Dated:

08-09-2018

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

AUDITOR'S INDEPENDENCE DECLARATION UNDER
THE ACNC ACT

TO THE DIRECTORS OF
AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

Auditors declaration under the Australian Charities and Not for Profit Commission Act 2012 that, to the best of my knowledge and belief, during the year ended 30 June 2018 there have been no contraventions of:

- i. The auditor independence requirements as set out in the ACNC act in relation to the review;
and
- ii. any applicable code of professional conduct in relation to the review.

Andrew Crawford
Chartered Accountant
574 St Kilda Road
MELBOURNE, VIC, 3004



Auditor: Andrew Crawford

Dated: 30 August 2018

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED
ABN 65 090 469 837

STATEMENT OF PROFIT OR LOSS
FOR THE YEAR ENDED 30 JUNE 2018

	Note	2018 \$	2017 \$
Revenue		1,071,187	1,013,748
Other income		-	447
Consumables used		(61,274)	(11,181)
Employee benefits expense		(207,367)	(212,561)
Depreciation and amortisation expenses		(2,374)	(3,255)
Other expenses		<u>(766,634)</u>	<u>(583,766)</u>
Profit before income tax		33,538	203,432
Income tax expense		<u>-</u>	<u>-</u>
Profit for the year		<u><u>33,538</u></u>	<u><u>203,432</u></u>
Profit attributable to member of the company		<u><u>33,538</u></u>	<u><u>203,432</u></u>

The accompanying notes form part of these financial statements.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED
ABN 65 090 469 837

STATEMENT OF COMPREHENSIVE INCOME
FOR THE YEAR ENDED 30 JUNE 2018

	Note	2018 \$	2017 \$
Profit for the year		33,538	203,432
Other comprehensive income:		<hr/>	<hr/>
Total other comprehensive income for the year		<hr/> -	<hr/> -
Total comprehensive income for the year		<hr/> 33,538	<hr/> 203,432
Total comprehensive income attributable to member of the company		<hr/> 33,538	<hr/> 203,432

The accompanying notes form part of these financial statements.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED
ABN 65 090 469 837

STATEMENT OF FINANCIAL POSITION

AS AT 30 JUNE 2018

	Note	2018 \$	2017 \$
ASSETS			
CURRENT ASSETS			
Cash and cash equivalents	2	382,392	340,683
Trade and other receivables	3	26,279	12,918
Other assets	4	46,514	26,298
TOTAL CURRENT ASSETS		<u>455,185</u>	<u>379,899</u>
NON-CURRENT ASSETS			
Property, plant and equipment	5	5,163	4,715
TOTAL NON-CURRENT ASSETS		<u>5,163</u>	<u>4,715</u>
TOTAL ASSETS		<u><u>460,348</u></u>	<u><u>384,614</u></u>
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables	6	50,005	38,739
Borrowings	7	32,781	32,179
Provisions	8	108,136	77,808
TOTAL CURRENT LIABILITIES		<u>190,922</u>	<u>148,726</u>
TOTAL LIABILITIES		<u><u>190,922</u></u>	<u><u>148,726</u></u>
NET ASSETS		<u><u>269,426</u></u>	<u><u>235,888</u></u>
EQUITY			
Retained earnings		<u>269,426</u>	<u>235,888</u>
TOTAL EQUITY		<u><u>269,426</u></u>	<u><u>235,888</u></u>

The accompanying notes form part of these financial statements.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED
ABN 65 090 469 837

STATEMENT OF CHANGES IN EQUITY
FOR THE YEAR ENDED 30 JUNE 2018

	Retained Earnings \$	Total \$
Balance at 1 July 2016		
Comprehensive income		
Profit for the year	(8,826)	(8,826)
Total comprehensive income for the year attributable to the member of the company	203,433	203,433
Balance at 30 June 2017	203,433	203,433
Balance at 1 July 2017	194,609	194,608
Comprehensive income		
Profit for the year	235,888	235,888
Total comprehensive income for the year attributable to the member of the company	33,538	33,538
Balance at 30 June 2018	33,538	33,538
	269,426	269,426

The accompanying notes form part of these financial statements.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED
ABN 65 090 469 837

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 30 JUNE 2018

	Note	2018 \$	2017 \$
Cash flows from operating activities			
Income from Operating Activities		1,070,027	1,052,841
Expenses from Operating Activities		(1,037,047)	(860,858)
Net cash provided by (used in) operating activities	9	<u>32,980</u>	<u>191,983</u>
Cash flows from investing activities			
Interest received		1,160	1,076
Net cash provided by investing activities		<u>1,160</u>	<u>1,076</u>
Cash flows from financing activities			
(Increase)/Decrease in debtors		(13,361)	71,501
(Increase)/Decrease in financing assets		(20,216)	1,094
(Increase)/Decrease in fixed assets		(448)	3,899
Increase/(Decrease) in creditors		11,266	(60,249)
Increase/(Decrease) in provisions		30,328	12,100
Net cash provided by (used in) financing activities		<u>7,569</u>	<u>28,345</u>
Net increase (decrease) in cash held		41,709	221,404
Cash and cash equivalents at beginning of financial year		340,683	119,279
Cash and cash equivalents at end of financial year	9	<u><u>382,392</u></u>	<u><u>340,683</u></u>

The accompanying notes form part of these financial statements.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED
ABN 65 090 469 837

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2018

1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The director has prepared the financial statements on the basis that the company is a reporting entity because there are users dependent on general purpose financial statements. The financial statements are therefore general purpose financial statements that have been prepared in order to meet the needs of the member.

The financial statements have been prepared in accordance with the significant accounting policies disclosed below, which the director has determined are appropriate to meet the needs of the member. Such accounting policies are consistent with the previous period unless stated otherwise.

The financial statements have been prepared on a cash basis and are based on historical costs unless stated otherwise in the notes. The accounting policies that have been adopted in the preparation of the financial statements are as follows:

(a) Income Tax

The entity is sporting organisation and it meets self assessment requirement for income tax exemption, therefore not liable for income tax.

(b) Property, Plant and Equipment

All property, plant and equipment except for freehold land and buildings are initially measured at cost and are depreciated over their useful lives to the company.

The carrying amount of plant and equipment is reviewed annually by the directors to ensure it is not in excess of the recoverable amount. The recoverable amount is assessed on the basis of expected net cash flows that will be received from the asset's employment and subsequent disposal. The expected net cash flows have been discounted to present values in determining recoverable amounts.

Freehold land and buildings are carried at their recoverable amounts, based on periodic, but at least triennial, valuations by the directors.

Depreciation

The depreciable amount of all fixed assets, including buildings and capitalised lease assets but excluding freehold land, is depreciated on a straight-line basis over the asset's useful life to the company commencing from the time the asset is held ready for use.

(c) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).

Receivables and payables are stated inclusive of the amount of GST receivable or payable. The net amount of GST recoverable from, or payable to, the ATO is included with other receivables or payables in the statement of financial position.

(d) Committee Reporting

The committee recognises that it is a tier 3 reporting organisation.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED
ABN 65 090 469 837

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2018

	2018 \$	2017 \$
2. CASH AND CASH EQUIVALENTS		
Cheque account	15,962	18,677
Investment account	360,000	293,000
Qantas cash - DW	566	3,169
Qantas cash - MK	3,300	22,109
Qantas cash - BS	2,564	2,375
Financial Services Bursary	-	1,353
	<u>382,392</u>	<u>340,683</u>
3. TRADE AND OTHER RECEIVABLES		
CURRENT		
Trade debtors	26,279	12,633
Sundry debtors	-	25
	<u>26,279</u>	<u>12,658</u>
SAWLA funds in holding	-	260
	<u>26,279</u>	<u>12,918</u>
4. OTHER ASSETS		
CURRENT		
Prepayments	27,352	-
Merchandising stock	19,162	26,298
	<u>46,514</u>	<u>26,298</u>
5. PROPERTY, PLANT AND EQUIPMENT		
Plant and equipment	33,219	30,397
Less accumulated depreciation	(28,057)	(25,682)
Total property, plant and equipment	<u>5,162</u>	<u>4,715</u>
6. TRADE AND OTHER PAYABLES		
CURRENT		
Good and services tax	40,873	27,978
Other creditors	4,951	-
Withholding taxes payable	1,264	10,761
Superannuation payable	1,038	-
SAWLA funds in holding	1,879	-
	<u>50,005</u>	<u>38,739</u>

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED
ABN 65 090 469 837

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2018

	2018 \$	2017 \$
7. BORROWINGS		
CURRENT		
Prepaid Revenue	32,780	32,179
8. PROVISIONS		
CURRENT		
Provision for employee entitlements	85,037	77,808
Provision for employee entitlements:		
Opening balance at 1 July 2017	77,808	77,695
Long Service Leave and Annual Leave	30,328	113
Balance at 30 June 2018	108,136	77,808
9. CASH FLOW INFORMATION		
(a) Reconciliation of Cash		
Cash at the end of financial year as included in the statement of cash flows is reconciled to the related items in the statement of financial position as follows:		
Cheque account	15,962	18,677
Investment account	360,000	293,000
Qantas cash - DW	566	3,169
Qantas cash - MK	3,300	22,109
Qantas cash - BS	2,564	2,375
Financial Services Bursary	-	1,353
	382,392	340,683

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED
ABN 65 090 469 837

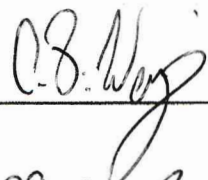
DIRECTOR'S DECLARATION

The director has determined that the company is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In accordance with a resolution of the director of Australian Weightlifting Federation Limited, the director of the company declares that:

1. The financial statements and notes as set out on pages 5 to 13 presents fairly the company's financial position as at 30 June 2018 and its performance for the year ended on that date in accordance with the accounting policies described in Note 1 to the financial statements;
2. In the director's opinion there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.

Director



Craig Wegert

Dated:

08-09-2018

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

INDEPENDENT AUDITOR'S REPORT TO THE MEMBER OF AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

I have audited the accompanying financial report of the Australian Weightlifting Federation which comprises the statement of financial position as at 30 June 2018, the statement of profit or loss and statement of changes in equity for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information and the directors' declaration.

Management's Responsibility for the Financial Report

Management is responsible for the preparation and fair presentation of the financial report, in accordance with accounting policies described in Note 1 to the financial statements and for such internal control as management determines is necessary to enable the preparation and fair presentation of a financial report that is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

My responsibility is to report a conclusion on the financial report based on our review. I conducted my audit in accordance with Australian Auditing Standards. Those standards require that I comply with relevant ethical requirements relating to review engagements and plan and perform the review to obtain limited assurance about whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of the risks or material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the company's preparation and fair presentation of the financial report that gives a true and fair view, in order to design review procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the directors, as well as evaluating the overall presentation of the financial report.

Audit Qualification

Because I did not perform the audit of the organisation for the prior year I was not able to confirm opening balances at the start of the financial year.

I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my reported conclusion.

Independence

In conducting my audit with the independence requirements of Australian professional ethical pronouncements.

Auditor's Conclusion

Based on my audit, nothing has come to my attention that causes me to believe that these financial statements do not present fairly, in all material aspects, the financial position of the Australian Weightlifting Federation as at 30 June 2018, and its financial performance and cash flows for the year then ended, in accordance with the International Financial Reporting Standards.

AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

INDEPENDENT AUDITOR'S REPORT
TO THE MEMBER OF
AUSTRALIAN WEIGHTLIFTING FEDERATION LIMITED

Basis of Accounting

I draw attention to Note 1 of the financial report which describes the basis of accounting. The financial report has been prepared by management to satisfy the requirements of the company's constitution and to meet the needs of member. As a result, the financial report may not be suitable for another purpose.

Andrew Crawford
Chartered Accountant
574 St Kilda Road
MELBOURNE, VIC, 3004



Auditor: Andrew Crawford

Melbourne VIC

Dated: 30 August 2018