



COACH EDUCATION PROGRAM (CEP)

Coach's Code of Ethics

1. Respect the rights, dignity and worth of every human being.
 - Within the context of the activity, treat everyone equally regardless of sex, ethnic origin or religion.
2. Ensure the athlete's time spent with you is a positive experience.
 - All athletes are deserving of equal attention and opportunities.
3. Treat each athlete as an individual
 - Respect the talent, developmental stage and goals of each individual athlete.
 - Help each athlete reach their full potential.
4. Be fair, considerate and honest with athletes.
5. Be professional in and accept responsibility for your actions.
 - Language, manner, punctuality, preparation and presentation should display high standards.
 - Display control, respect, dignity and professionalism to all involved with the sport – this includes opponents, coaches, officials, administrators, the media, parents and spectators.
 - Encourage your athletes to demonstrate the same qualities.
6. Make a commitment to providing a quality service to your athletes.
 - Maintain or improve your current NCAS accreditation.
 - Seek continual improvement through performance appraisal and ongoing coach education.
 - Provide a training program which is planned and sequential.
 - Maintain appropriate records.
7. Operate within the rules and spirit of your sport.
 - The guidelines of national and international bodies governing weightlifting should be followed.
 - The Australian Sports Anti-Doping Authority provides regulations to operate.
8. Any physical contact with athletes should be:
 - Appropriate to the situation.
 - Necessary for the athlete's skill development.
9. Refrain from any form of personal abuse towards your athletes.
 - This includes verbal, physical and emotional abuse.
 - Be alert to any forms of abuse directed towards your athletes from other sources whilst they are in your care.
10. Refrain from any form of sexual harassment towards your athletes
11. Provide a safe environment for training and competition.
 - Ensure equipment and facilities meet safety standards.
 - Equipment, rules and the environment need to be appropriate for the age and ability of the athletes.
12. Show concern and caution towards sick and injured athletes.
 - Provide a modified training program where appropriate.
 - Allow further participation in training and competition only when appropriate.
 - Seek medical advice when required.
 - Maintain the same interest and support towards sick and injured athletes.
13. Be a positive role model for your sport and athletes.

Coaches should

- Must be treated with respect and openness
- Have access to self-improvement opportunities
- Be matched with a level of coaching appropriate to their level of competence



Coach's Code of Ethics Individual Agreement Form

For accreditation or re-accreditation to the National Coach Accreditation Scheme (NCAS)

TO: Australian Weightlifting Federation

I, _____
Full Name

of _____
Street Address

Suburb

State

Post code

/ /

Date of Birth (D,M,Y)

Mobile Telephone number

Email address

Occupation

am seeking accreditation / re-accreditation (please circle) for the following Australian Sports Commission (ASC) qualification:

Level _____ (Weightlifting/Sports Power Licence)

I agree to the following terms:

1. I agree to abide by the Australian Weightlifting Federation's Code of Ethics (overleaf).
2. I acknowledge that the AWF may take disciplinary action against me if I breach the Code of Ethics. I understand that the AWF is required to implement a complaints handling procedure in accordance with principles of natural justice, in the event of an allegation against me.
3. I acknowledge that I am bound by the AWF Anti-Doping Policy as amended from time to time.
4. I acknowledge that disciplinary action against me may include de-accreditation from the National Coaching Accreditation Scheme

Please refer to the *Harassment-free Sport Guidelines* available from the Australian Sports Commission or contact the AWF, if you require more information on harassment issues.

Signature

(parent/guardian signature)

Date



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SYLVIA P